

# Electron paramagnetic resonance (EPR) spectroscopy

## A versatile and little-known tool

### in life sciences and related applications

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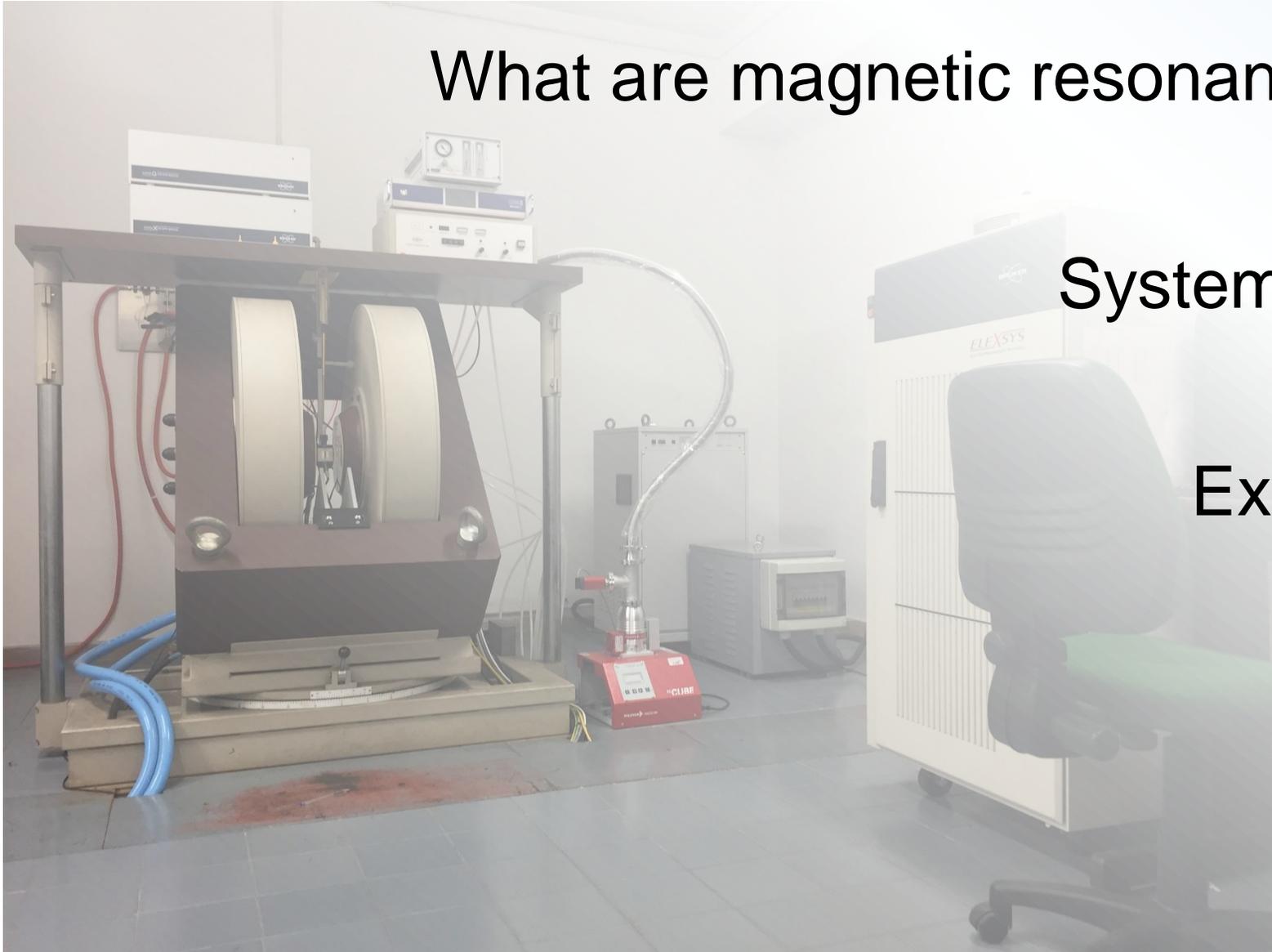
# Contents

What are magnetic resonances and what is EPR?

Systems measurable by EPR

Examples of applications

Practical weak points



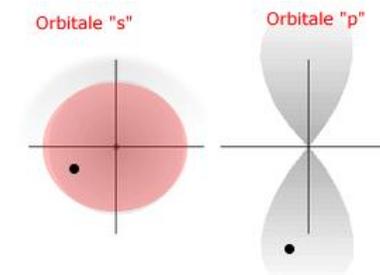
# What are magnetic resonances and what is EPR?

EPR and NMR share the same physical principle.

The rotating spin of electrons or nuclei interact with external magnetic (static and alternate) fields.



Only unzero electron spins are detectable by EPR. These are present only in atoms or molecules with one unpaired electron (instead of two) in one or more orbitals (paramagnetic species).



# EPR – the twin sister of NMR

## Electron Paramagnetic Resonance & Nuclear Magnetic Resonance

### A parallel story

- 1938 1st description and measurements of NMR by Isidor Rabi (Nobel Prize in Physics in 1944).
- 1944 1st observation of electron spin resonance by Yevgeny Zavoisky
- 1946 Felix Bloch and Edward Mills Purcell expanded NMR (shared Nobel Prize in Physics in 1952).
- 1952 Varian Associates developed the first NMR unit.
- 1957 First commercialized EPR by JEOL Ltd.

# Why is EPR less known and less spread than NMR?

1. Because most stable molecules have all their electrons paired.

This weakness is also its strength because it makes EPR specific for unpaired electrons: if a signal is detected, it certainly comes from an unpaired electron.

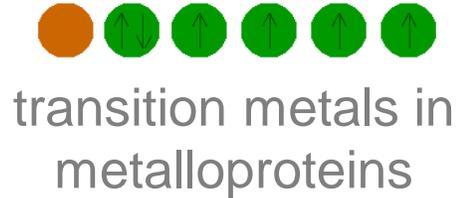
2. Because a single species is not described by a single line, but by a complex profile



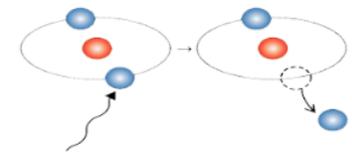
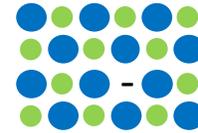
# Which systems contain unpaired spins?

A surprisingly large number of compounds have unpaired electrons, such as:

## biological systems



## inert materials



## non-paramagnetic systems



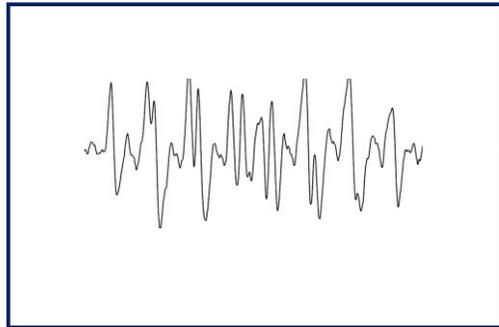
Many more applications possible in various branches of science, from pharmacology to cultural heritage, from material science to geology, from clinical diagnostic to dating.

# Free radicals in biological systems (cells, tissues) $\cdot\ddot{\text{O}}:\ddot{\text{O}}\cdot$

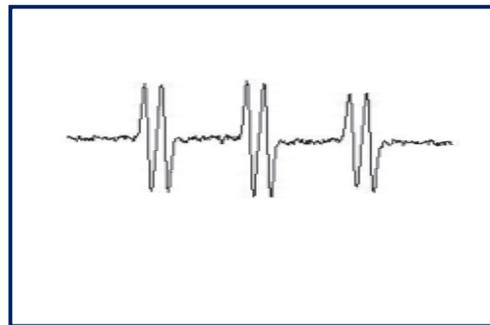
A free radical is a paramagnetic molecule which is extremely reactive, capable of engaging in rapid chain reactions that destabilize other molecules and generate many more free radicals.



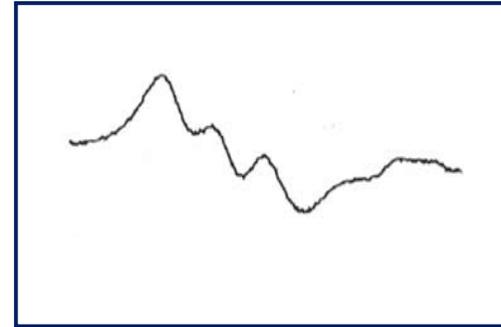
Superoxide anion



Hydroxyl radical

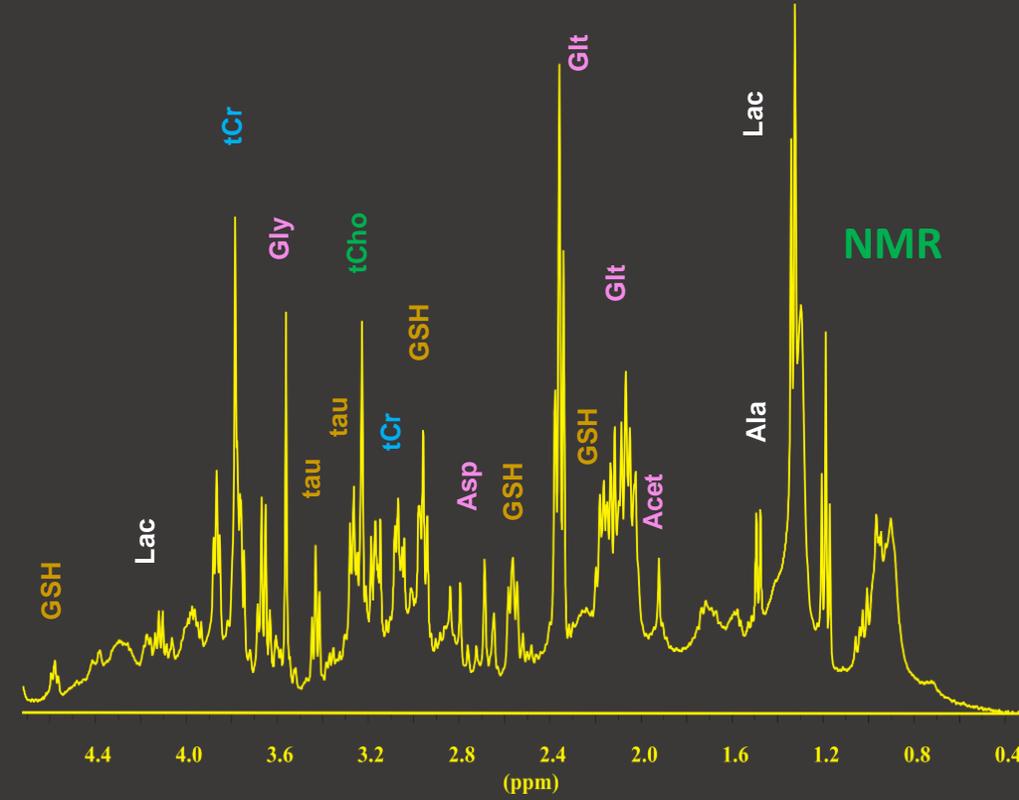
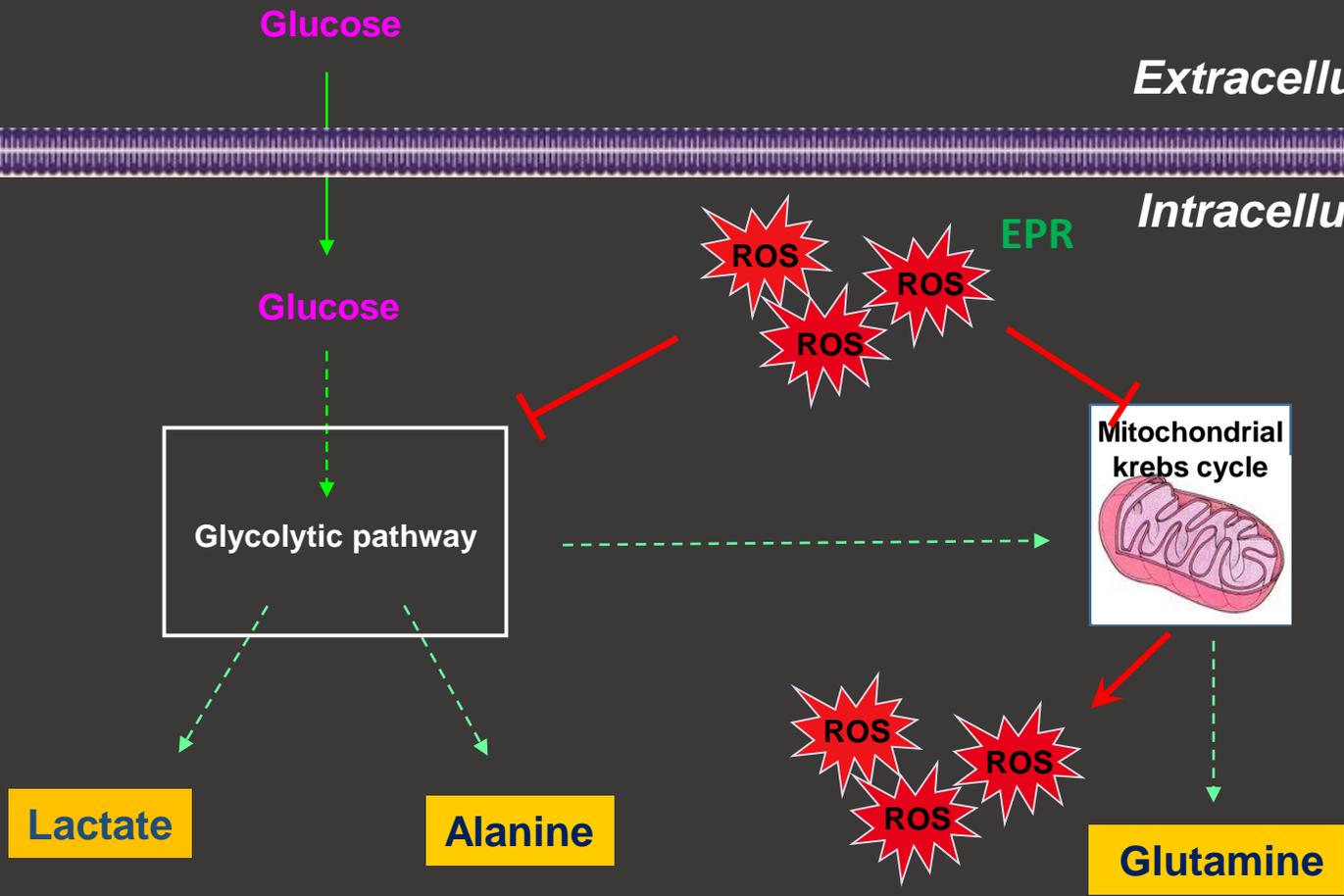


Nitric oxide



The signal line shape clearly indicates the free radical present in the system.

# Example: free radicals and metabolomics



Processes for energy supply to cells

**1H NMR spectrum on cell extract of A549 cells**

# Example: free radicals and nanoparticles



nanoparticles

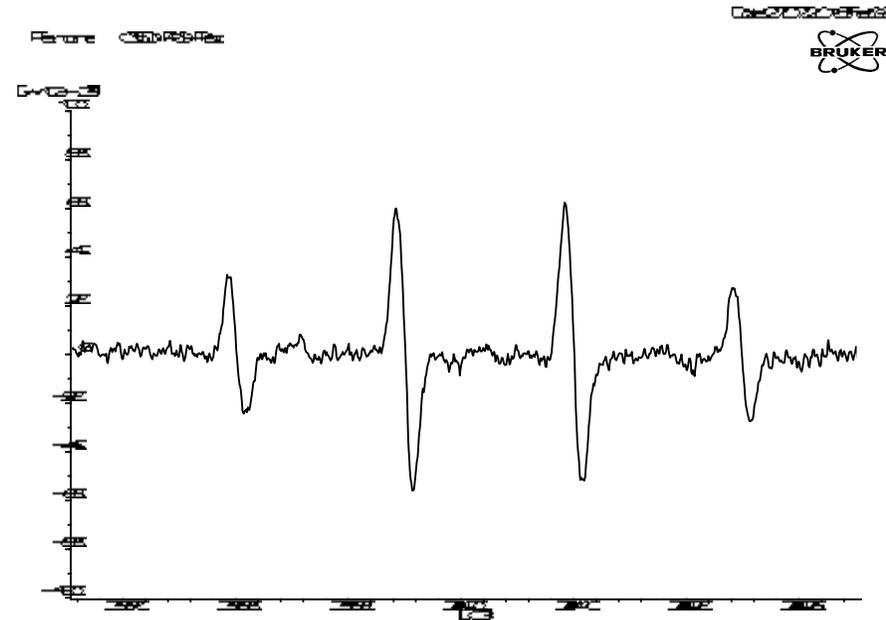
EPR detects

release free radicals/induce oxidative stress

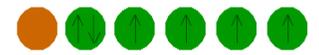
increase of free radicals

act as free radical scavenger

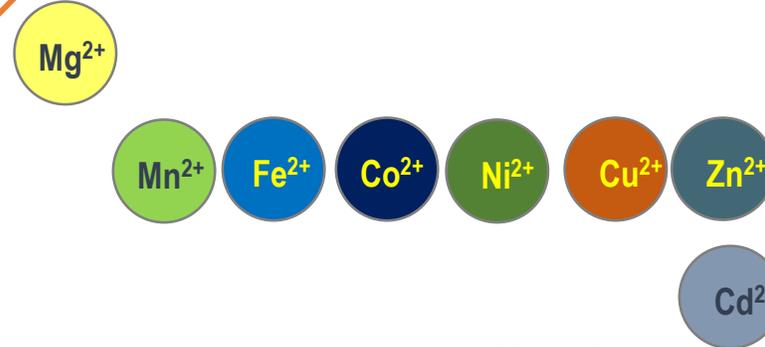
decrease of free radicals



# Metals: what does EPR measure?



Transition metals with incomplete *d* orbitals



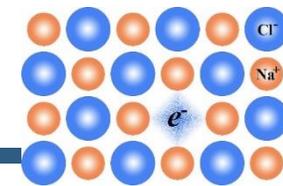
Presence of metal  
Metal concentration  
Redox state



Depending on valence state, the spin is zero (EPR silent) or unzero (EPR active). Redox reaction switches between active and silent states.

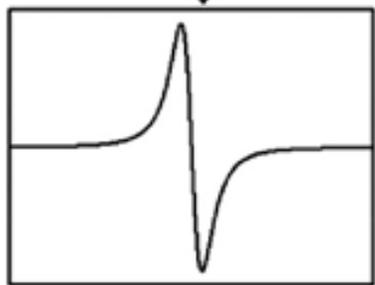
Metal Ion	Spin State
$\text{Fe}^{2+}$	$S = 0$ (ls) or $S = 2$ (hs)
$\text{Fe}^{3+}$	$S = 5/2$ (hs)
$\text{Ni}^{1+}$	$S = 1/2$
$\text{Ni}^{2+}$	$S = 0$ or $S = 1$
$\text{Ni}^{3+}$	$S = 1/2$
$\text{Cu}^{1+}$	$S = 0$
$\text{Cu}^{2+}$	$S = 1/2$

# Conduction electron spin resonance

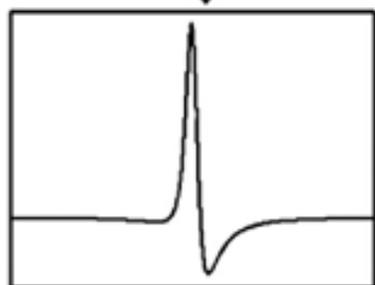
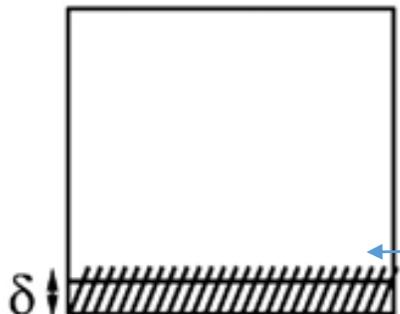


EPR of conduction electrons in metal, semiconductors and carbon samples.

Insulator sample

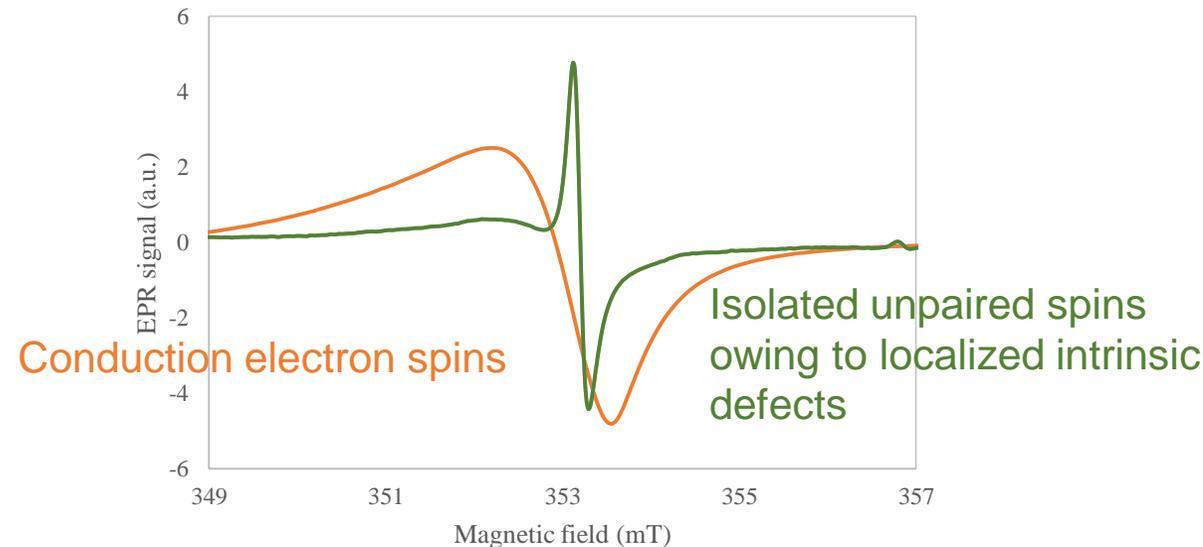


Conductive sample

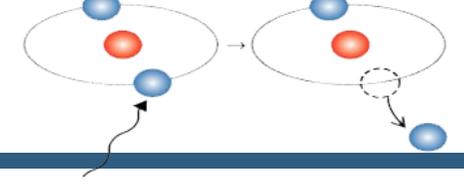


Because the alternate magnetic field does not penetrate in the conductive material, EPR takes place only at the skin depth.

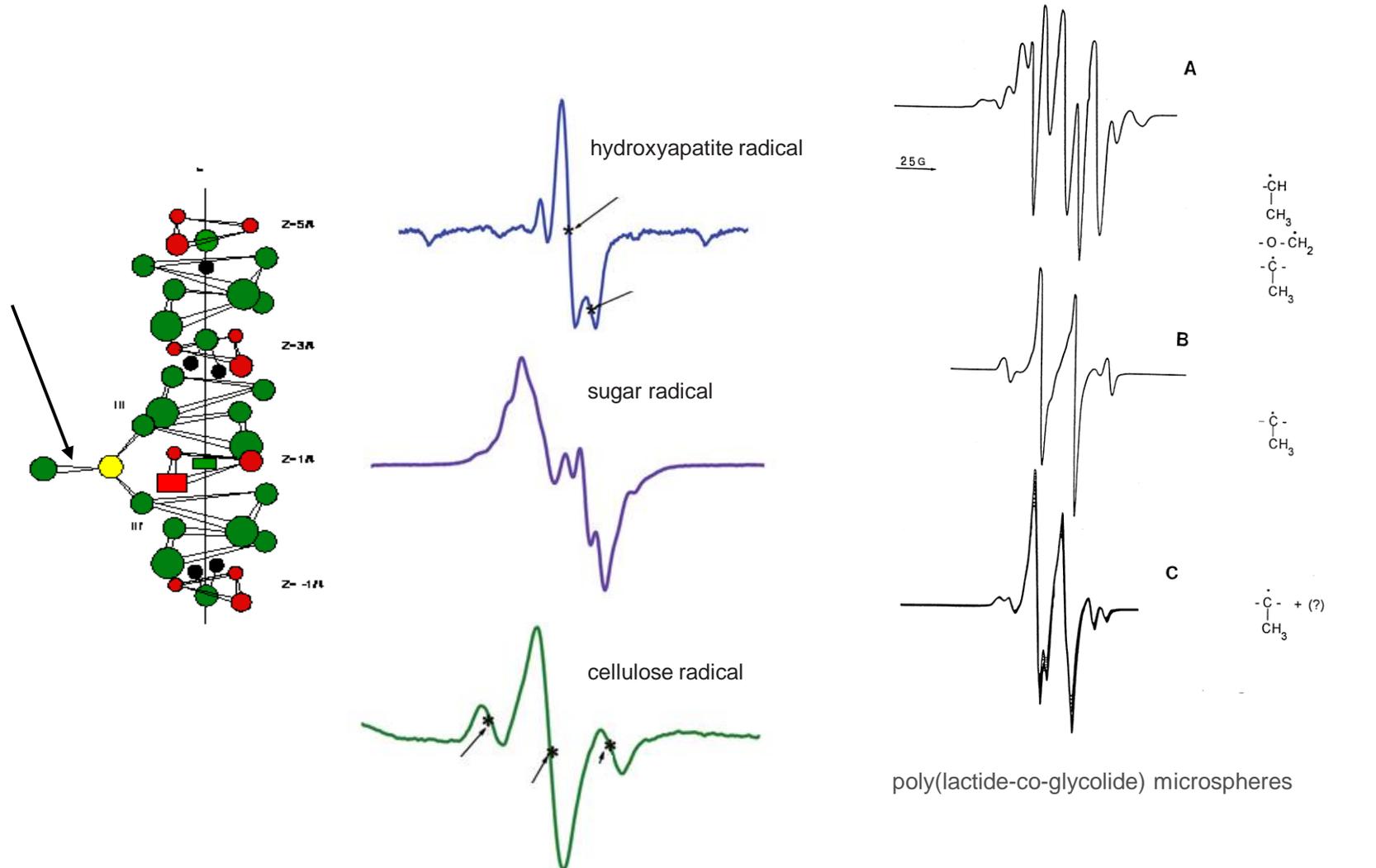
(skin depth: depends on material conductivity and field frequency)



# Ionizing radiation induced defects



EPR detects and identifies radiation induced defects in solid matter.



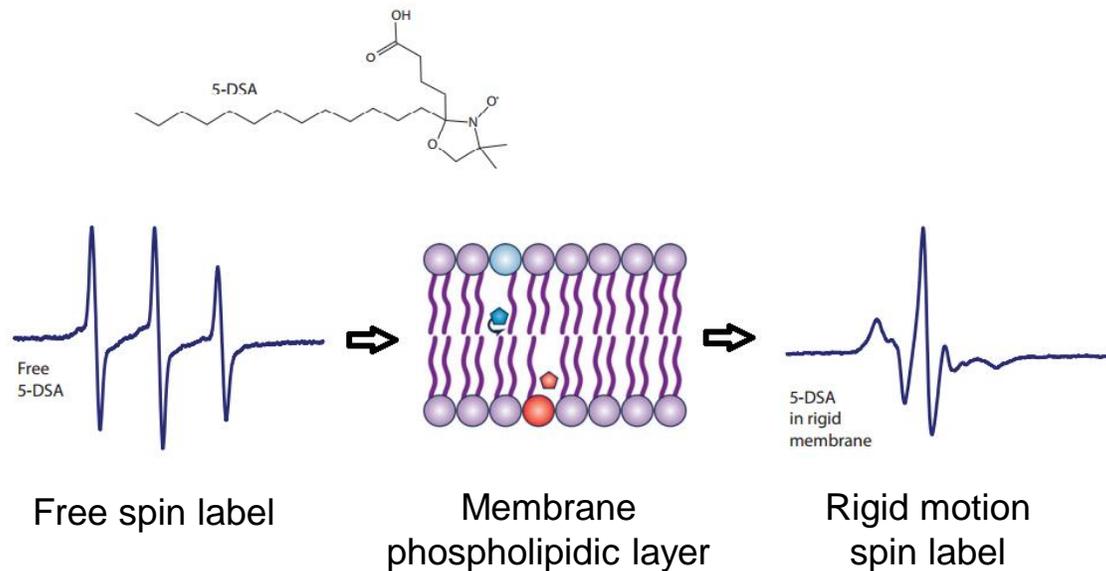
- radiation induced changes in the properties of “old” and “new” plastics and other materials
- radiation sterilization for foods, medical, pharmaceutical and cosmetics products, human tissues (bone, skin, cartilage) for grafts, preservation of cultural heritage
- dosimetry for radiation therapy and industrial beams

Ionizing radiation may play a role in nanotechnologies.

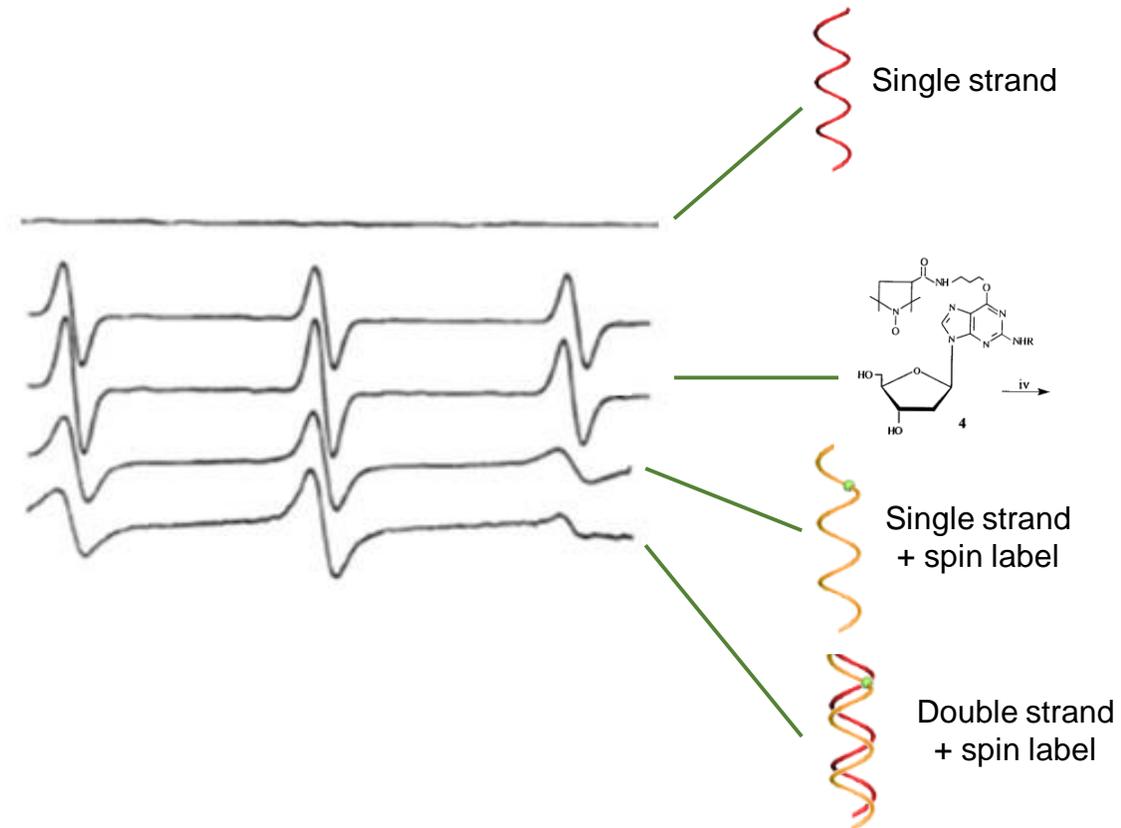
# Not only paramagnetic systems

Diamagnetic atoms or molecules may be marked by paramagnetic labels («spin labels») and be measured by EPR. Applications are mainly in the study of dynamics and structure of membranes, proteins and nucleic acids.

## Example: membrane fluidity



## Example: nucleic acid dynamics



# Practical limits

- Paramagnetic properties of the system
- Available amount of sample
- System resistant to cryogenic temperatures
- Available budget (cryogenic measurements)



# Contacts

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<https://www.iss.it/servizio-grandi-strumentazioni-e-core-facilities>