



**NanoInnovation**  
**2020**  
**Rome**

# **Bioprinting. From technical set- up to biological applications**

MICHELE CONTI - UNIPV

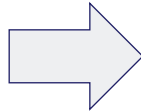
Additive manufacturing?  
3D printing?  
Bioprinting?  
Different words for the same technology?



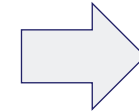
# Additive manufacturing process



Virtual Model



Slicing

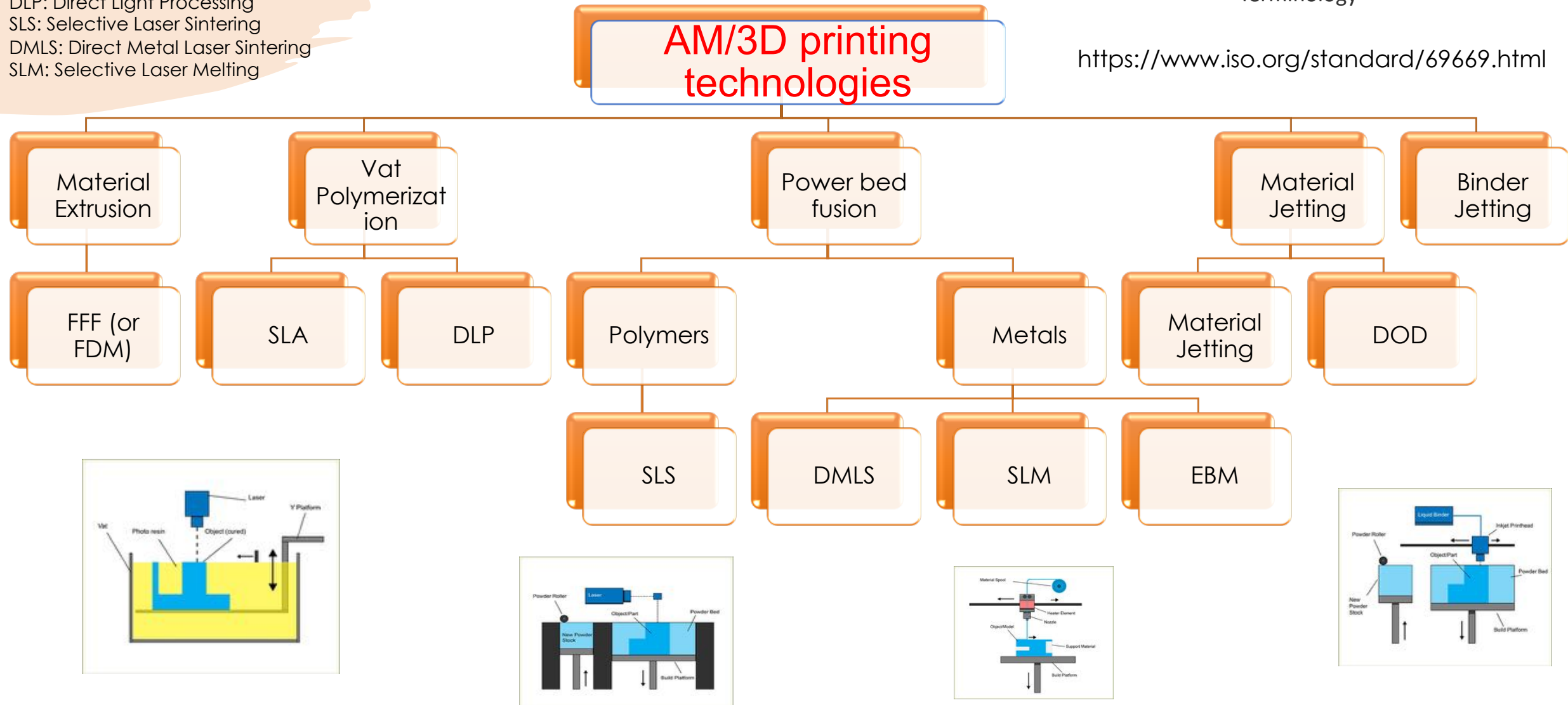


Printed Model

FFF: Fused Filament Fabrication  
 SLA: Stereolithography  
 DLP: Direct Light Processing  
 SLS: Selective Laser Sintering  
 DMLS: Direct Metal Laser Sintering  
 SLM: Selective Laser Melting

**ISO/ASTM 52900:2015 (ASTM F2792)**  
 Additive manufacturing -- General principles --  
 Terminology

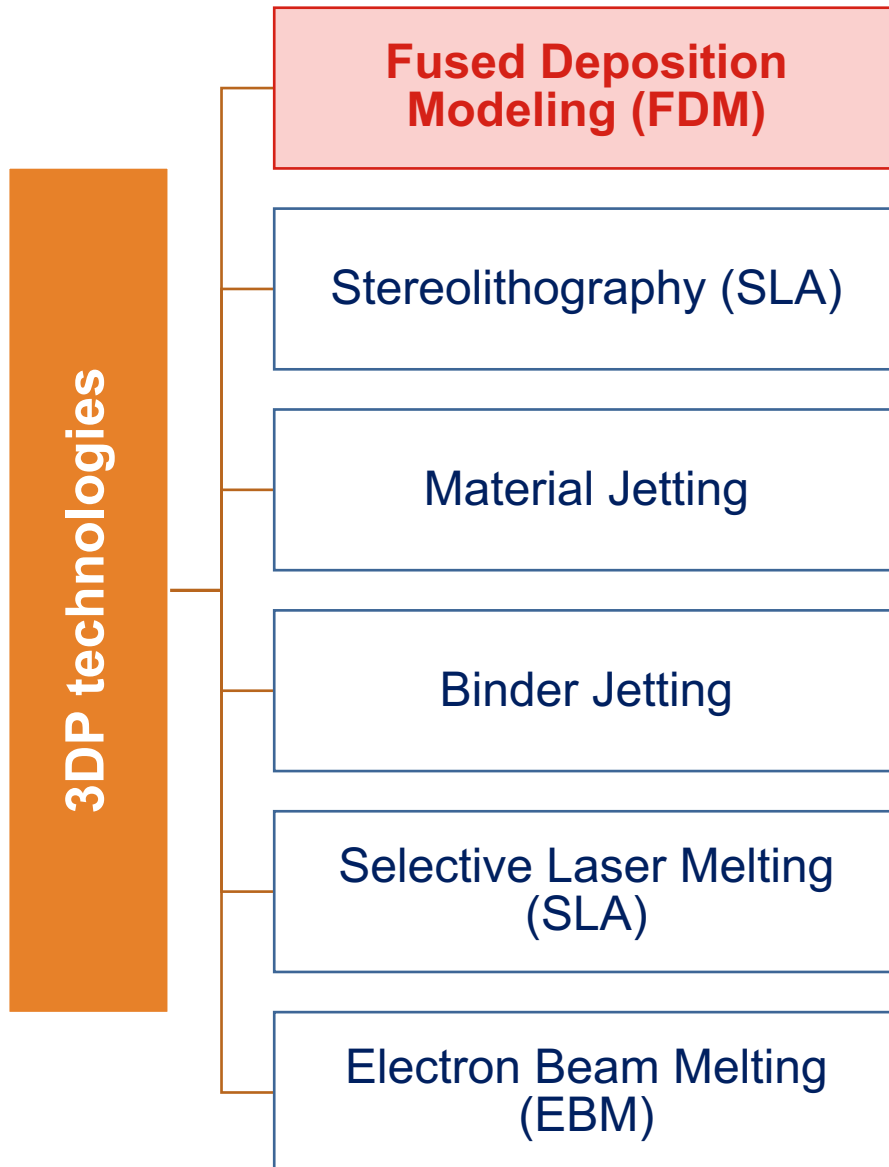
<https://www.iso.org/standard/69669.html>



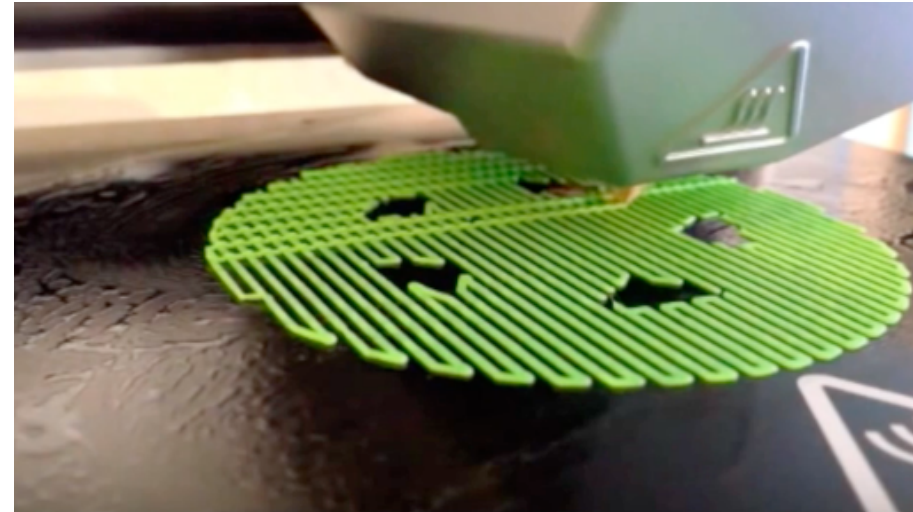
EBM: Electron Beam Melting  
 DOD: drop on demand



# 3DP technologies

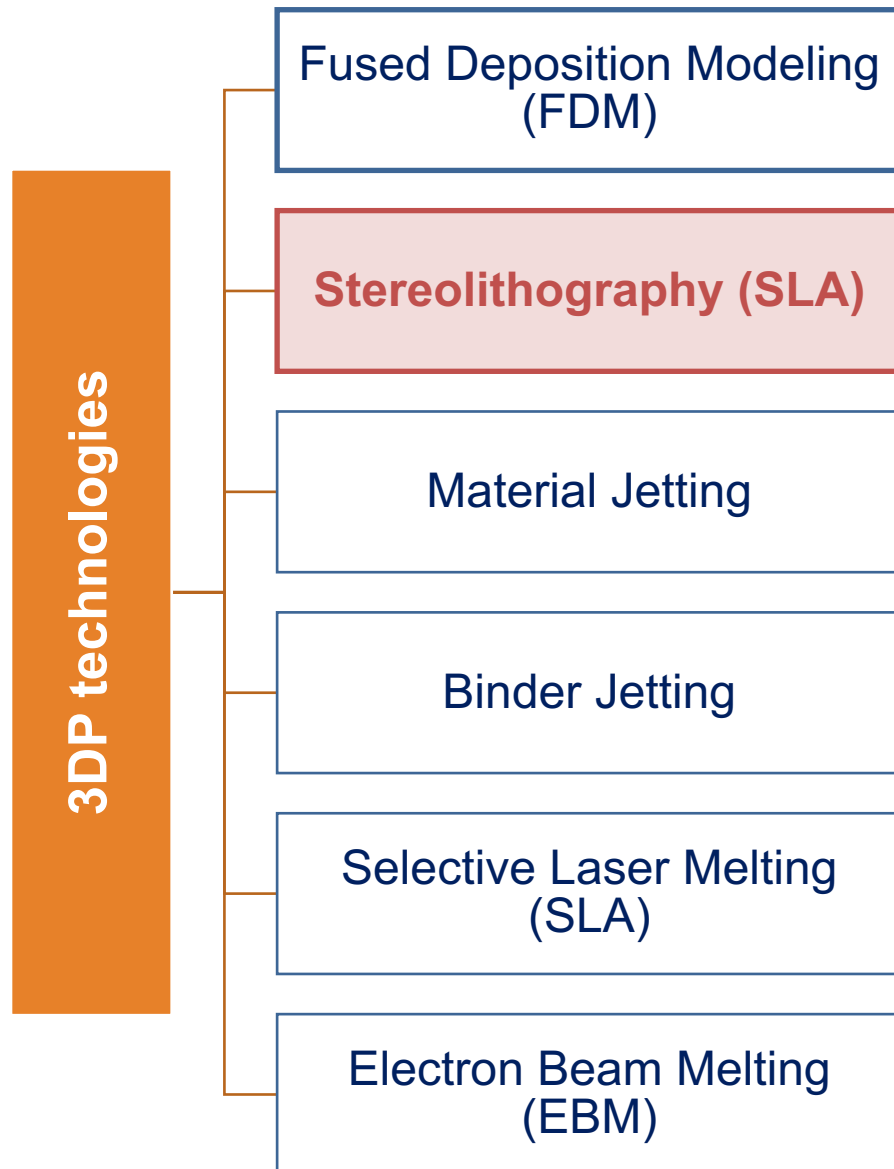


A **thermo-plastic filament**, pushed through a **heating chamber** and extruded through a **small nozzle**

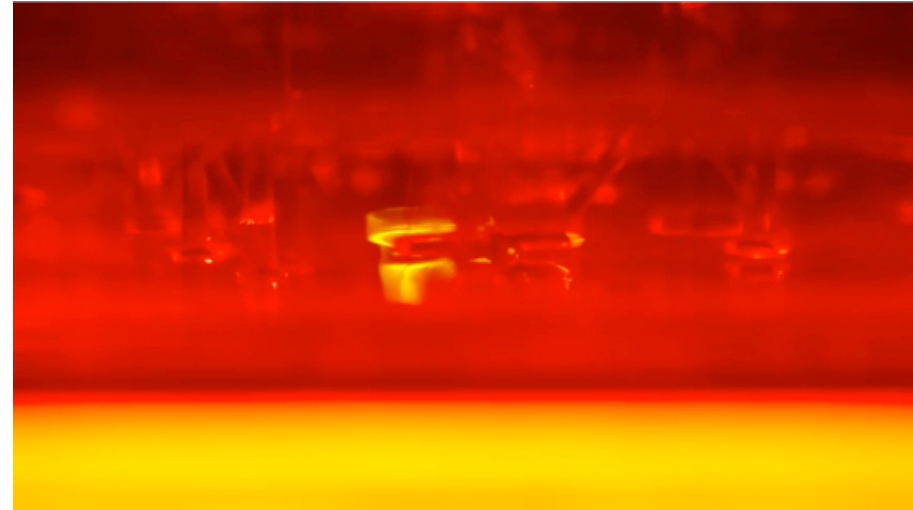


- Material: **thermoplastic filaments** (PLA, ABS, HIPS, TPU, TPE, PETG, Nylon, reinforced/charged materials)
- Curing: **temperature gradient**
- **Inexpensive** process
- Accuracy and speed are low when compared to other process

# 3DP technologies

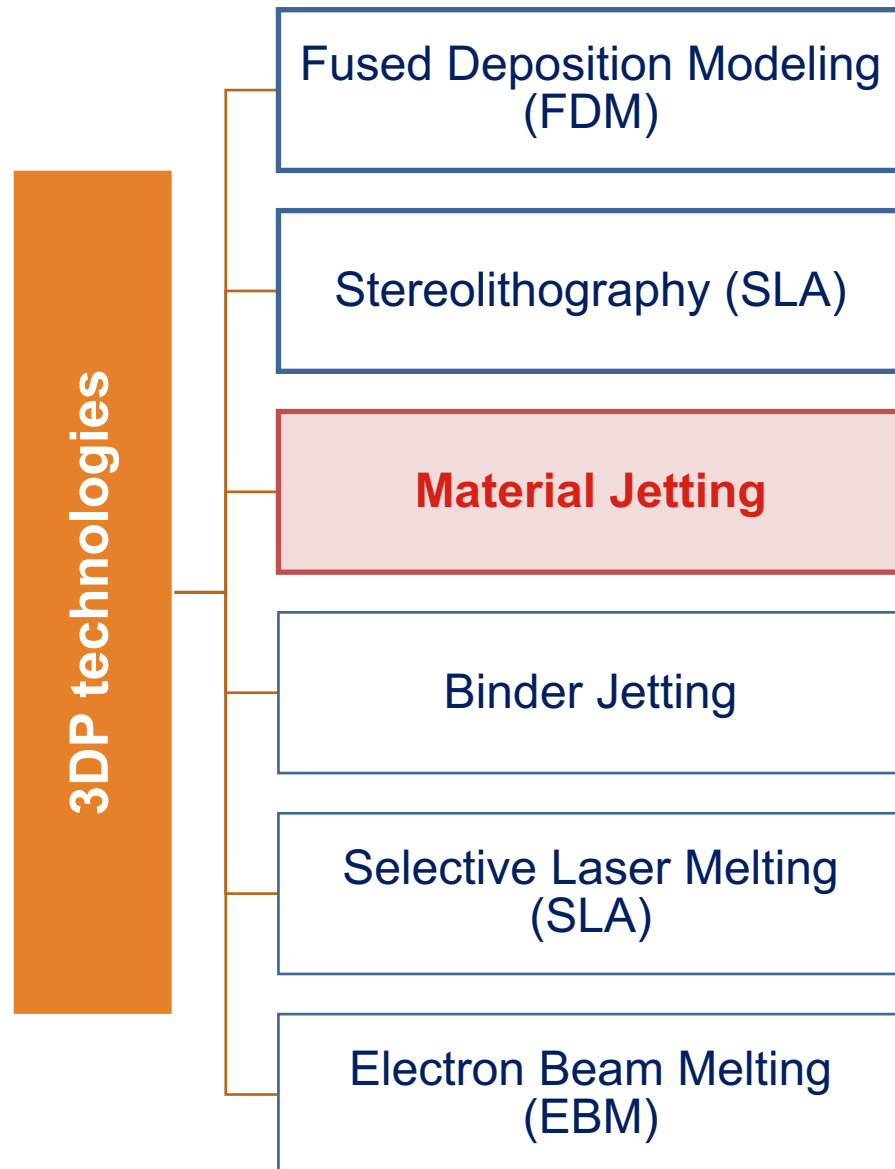


Uses a container of liquid **photopolymer resin**, from which the model is obtained using an **UV light** employed to harden the resin

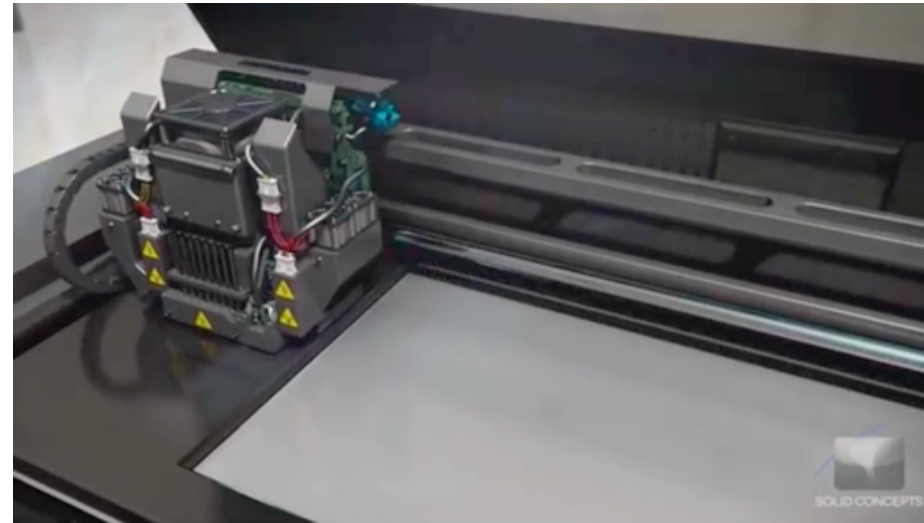


- Material: **photo-polymeric resins** hardened by UV light
- Curing: **UV laser**
- **Expensive** process, **high accuracy**

# 3DP technologies

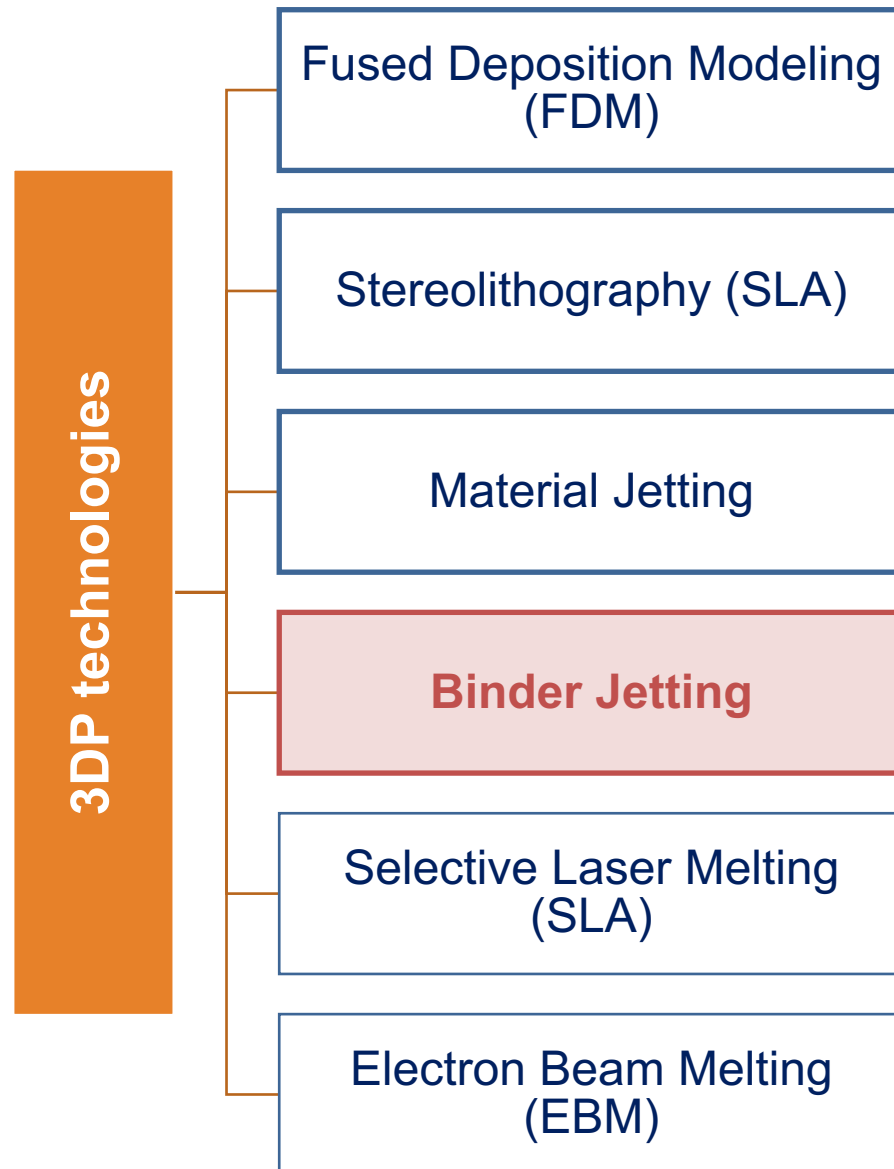


Printing material is dropped through **small diameter nozzles** (similar to inkjet paper print)



- Material: **photo-polymeric resins** hardened by UV light
- Curing: **UV light**
- **Multiple material**, parts & colors and **high accuracy**

# 3DP technologies



**Powder** is spread in equal layers & **binder** applied **through jet nozzles** that “**glue**” the powder particles

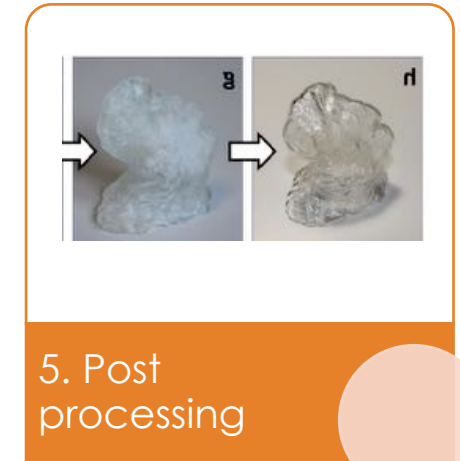
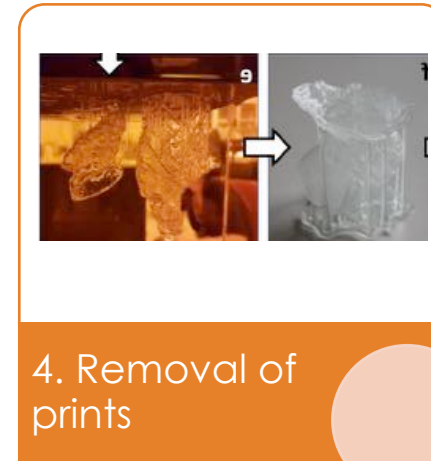
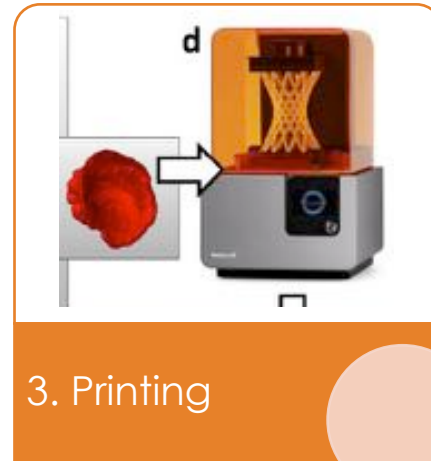
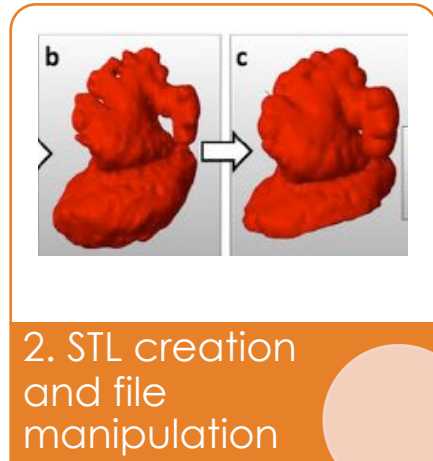
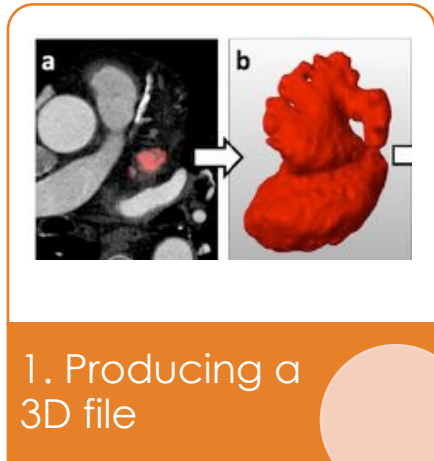


- Material: **binder powder**
- Curing: **binder (glue)**
- Parts can be made with a wide range of **different colours**

Additive manufacturing?  
3D printing?  
Bioprinting?  
Different words for the same technology?

We have to deal with a class of  
technologies with their peculiar  
features, aims, and issues  
***With a common key idea ...***





# Workflow



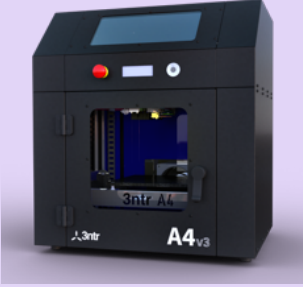
## Left atrial appendage closure guided by 3D computed tomography printing technology: A case control study

Michele Conti<sup>a</sup>, Stefania Marconi<sup>a</sup>, Giuseppe Muscogiuri<sup>b,c</sup>, Marco Guglielmo<sup>b</sup>, Andrea Baggiano<sup>b</sup>, Gianpiero Italiano<sup>b</sup>, Maria Elisabetta Mancini<sup>b</sup>, Ferdinando Auricchio<sup>a</sup>, Daniele Andreini<sup>b,d</sup>, Mark G. Rabbat<sup>e,f</sup>, Andrea Igoren Guaricci<sup>g</sup>, Gaetano Fassini<sup>b</sup>, Alessio Gasparetti<sup>b</sup>, Fabrizio Costa<sup>b</sup>, Claudio Tondo<sup>b,d</sup>, Anna Maltagliati<sup>b</sup>, Mauro Pepi<sup>b</sup>, Gianluca Pontone<sup>b,\*</sup>

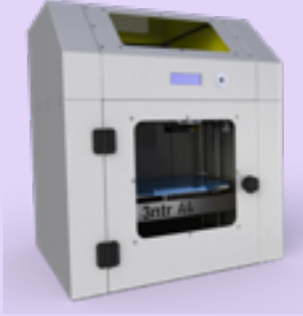


## FDM

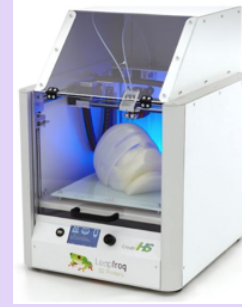
3NTR A4v3



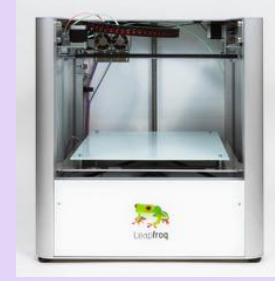
LeapFrog  
Creatr HS



3NTR A4v2



LeapFrog Creatr  
Dual Extruder



## SLA

FORM 2  
Desktop SLA



## Material jet

Objet 260  
Connex 3



## Binder jetting

3DSystems  
ProJet 460 Plus



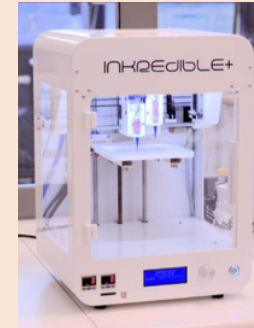
## SLA

Renishaw  
AM 400



## Bioprinting

Cellink  
Inkredible+



<http://www-4.unipv.it/3d/>

**3D4MED - <https://www.3d4med.eu>**



HOME

CLINICAL 3D LAB

CLINICAL CASES

3D4MED BLOG

NETWORK

PRESS

DOWNLOAD AREA

CONTACTS

UniPV and IRCCS San Matteo  
Stefania Marconi

[stefania.marconi@unipv.it](mailto:stefania.marconi@unipv.it)



WELCOME TO 3D4MED

**3D PRINTING**  
FOR MEDICINE



# From 3D printing to 3D BIOprinting



**Functionalize 3D  
printed objects**

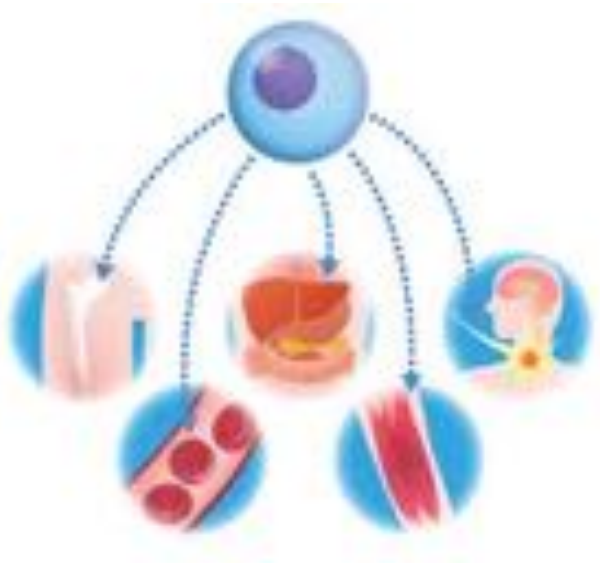
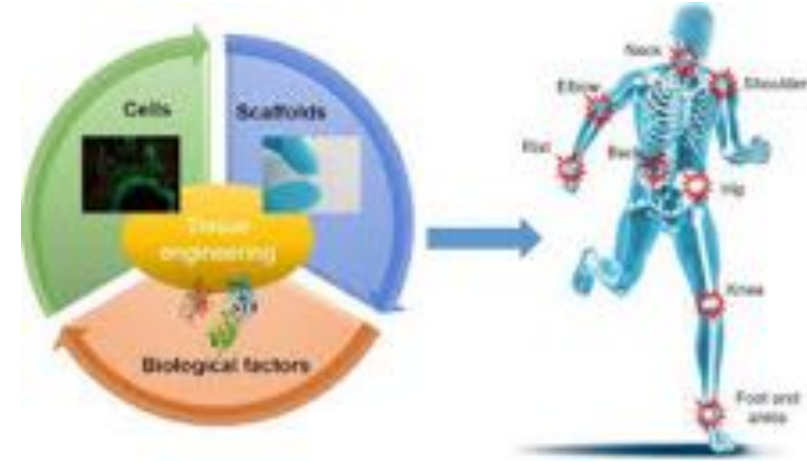


**BIOprinting**

## Tissue engineering

An interdisciplinary field that applies the principles of engineering and life sciences towards the development of biological substitutes that restore, maintain, or improve biological tissue function or a whole organ.

*Langer R, Vacanti JP. Tissue engineering. Science 1993, 260(5110), 920–926*



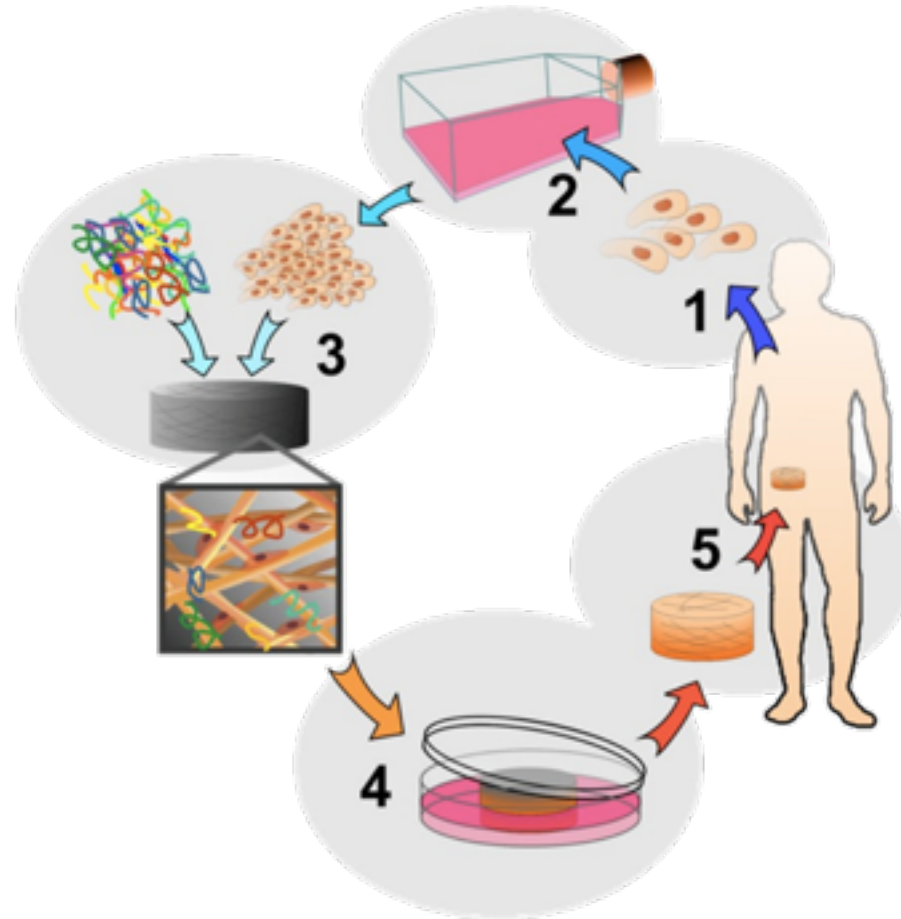
## Regenerative medicine

Application of tissue science, tissue engineering, and related biological and engineering principles that restore the structure and function of damaged tissues and organs

*U.S. department of health and human services, 2006:*

*A New Vision - A Future for Regenerative Medicine,*

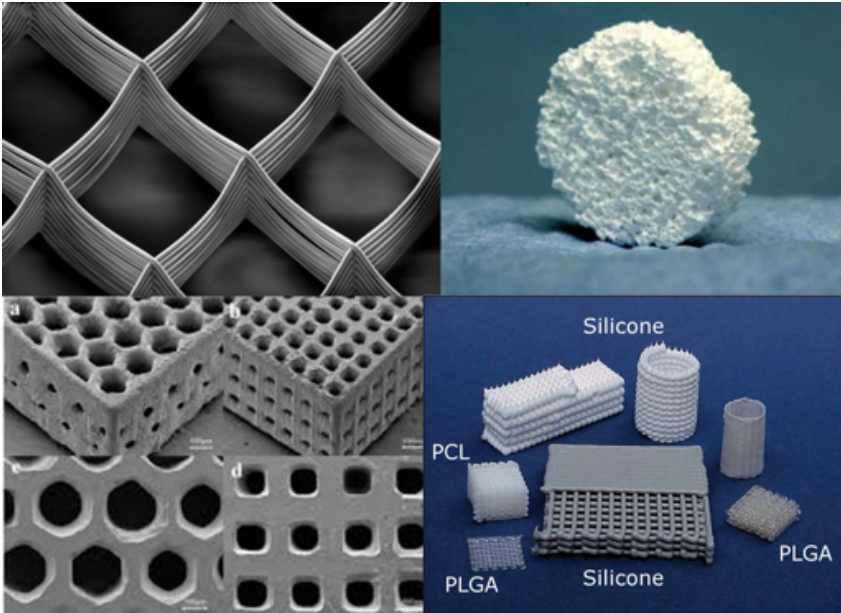
# Classic paradigm in TE



- Scaffolds
- Cells
- Growth Factors

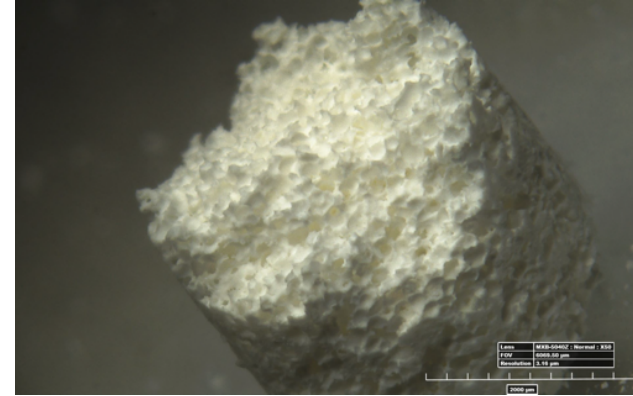


# Scaffold



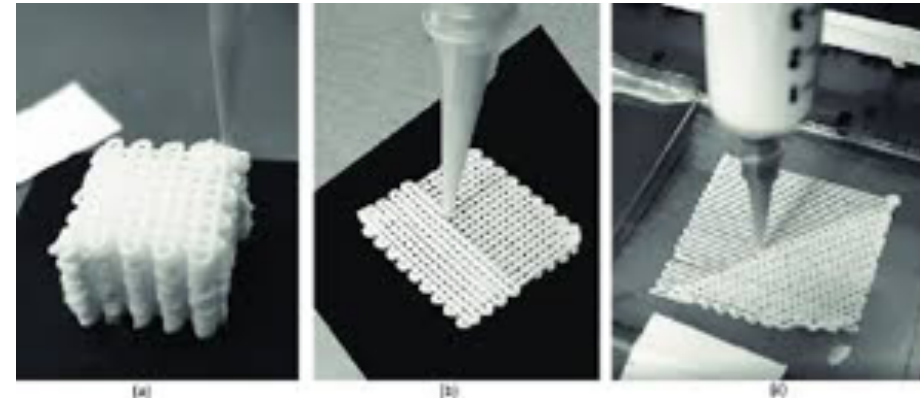
- 3D and porous
- to mimic host tissue with its mechanical properties
- to promote cell activities
- to give cells suitable and ECM-like cues
- ...

## Conventional fabrication technique



- Solvent casting and particulate leaching
- Gas foaming
- Phase separation
- Freeze drying
- .....

## ADDITIVE MANUFACTURING

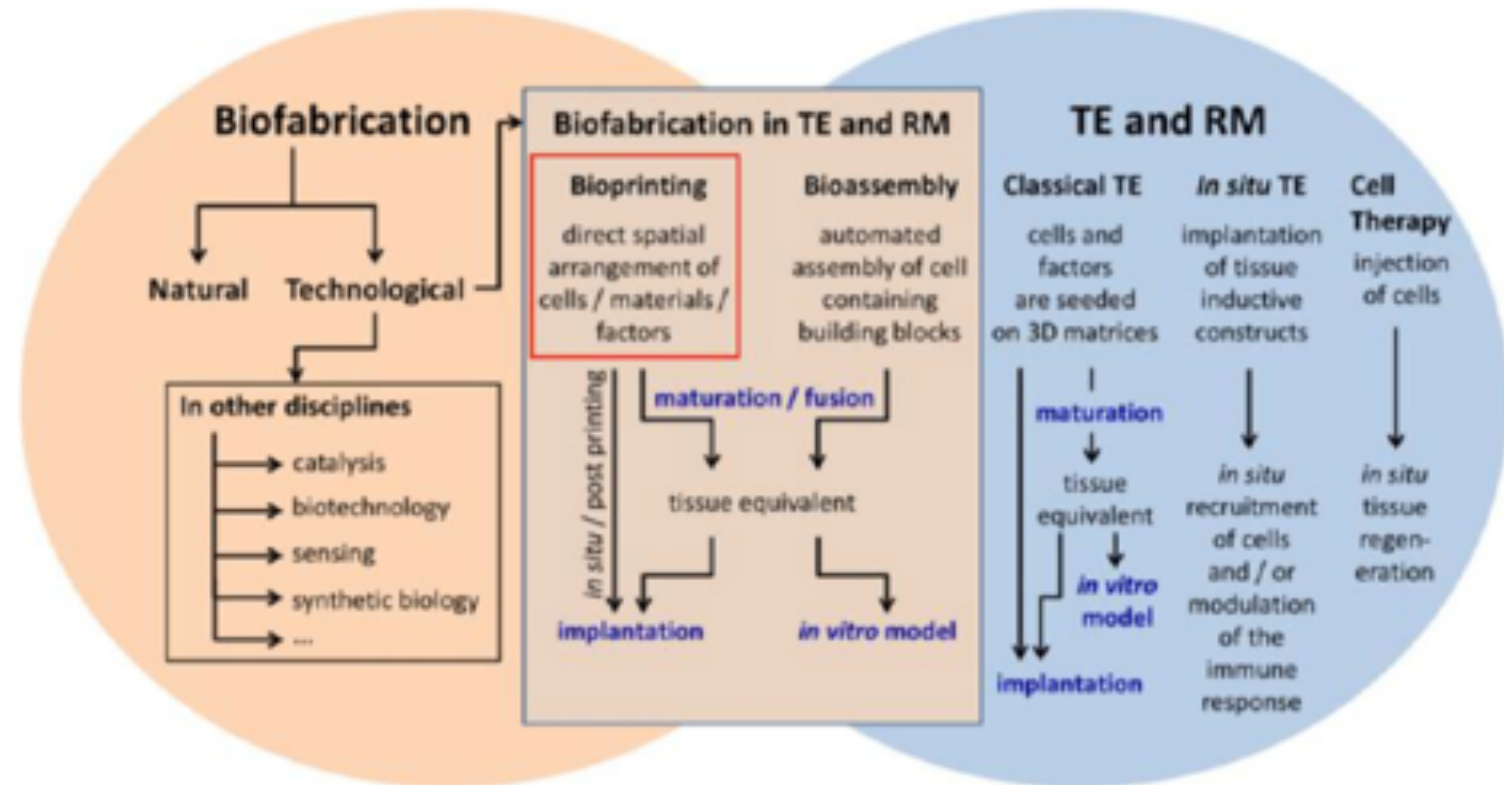


- 3D printing
- Light based techniques
- Extrusion based technique
- Electrospinning
- ....



# BIOFABRICATION

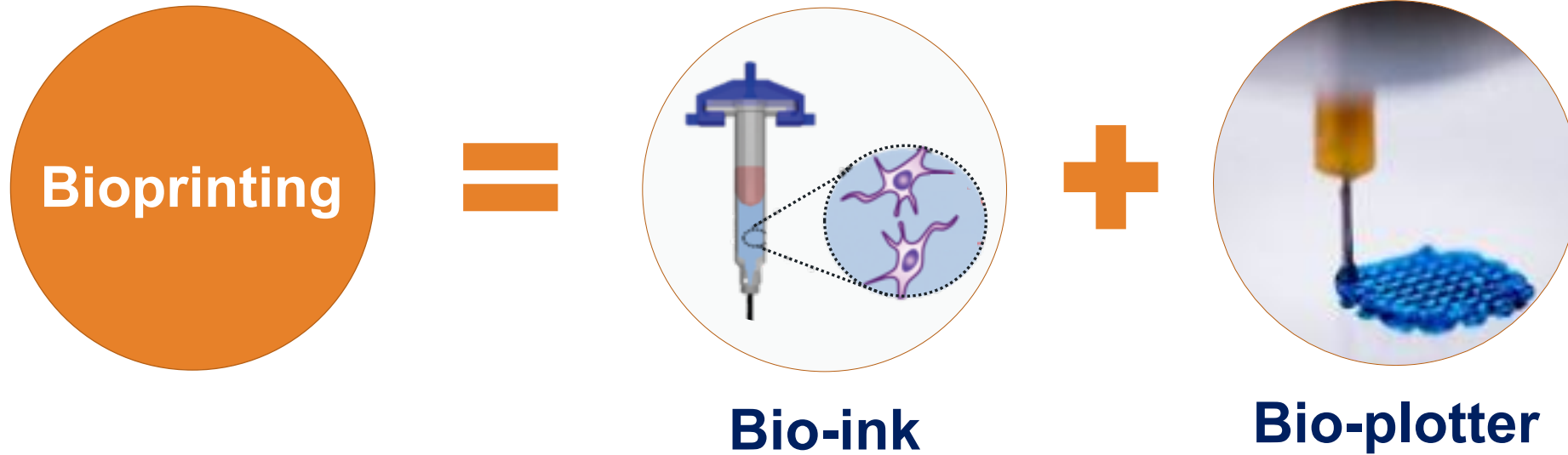
Generation of biologically functional products with structural organization from living cells, micro-tissues or hybrid tissue constructs, bioactive molecules or biomaterials either through top-down (**Bioprinting**) or bottom-up (**Bioassembly**) strategies and subsequent tissue maturation processes



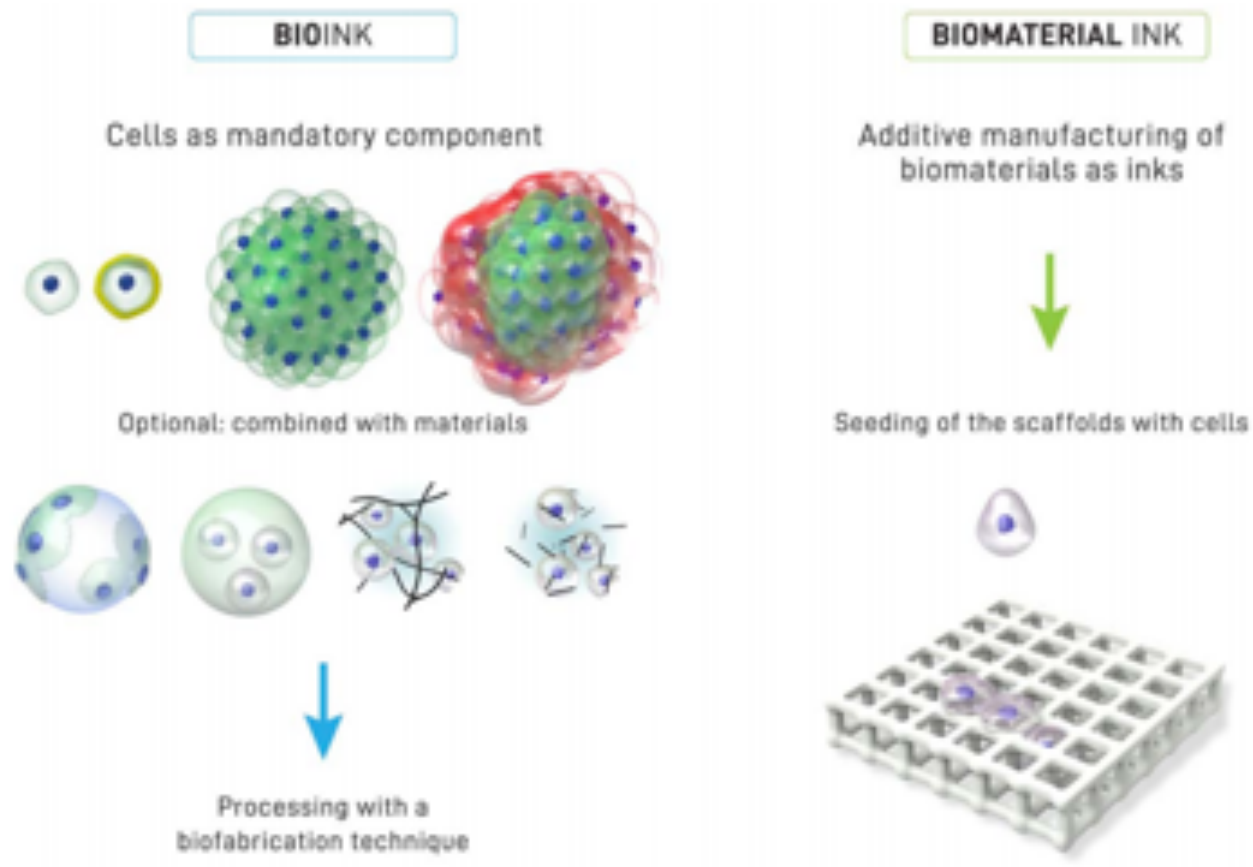
Groll J., et al. Biofabrication, 2016

Moroni L et al., Biofabrication: A Guide to Technology and Terminology. Trends Biotechnol. 2017 Nov 11. pii: S0167-7799(17)30279-2

# BioP: key elements

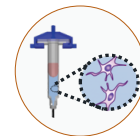
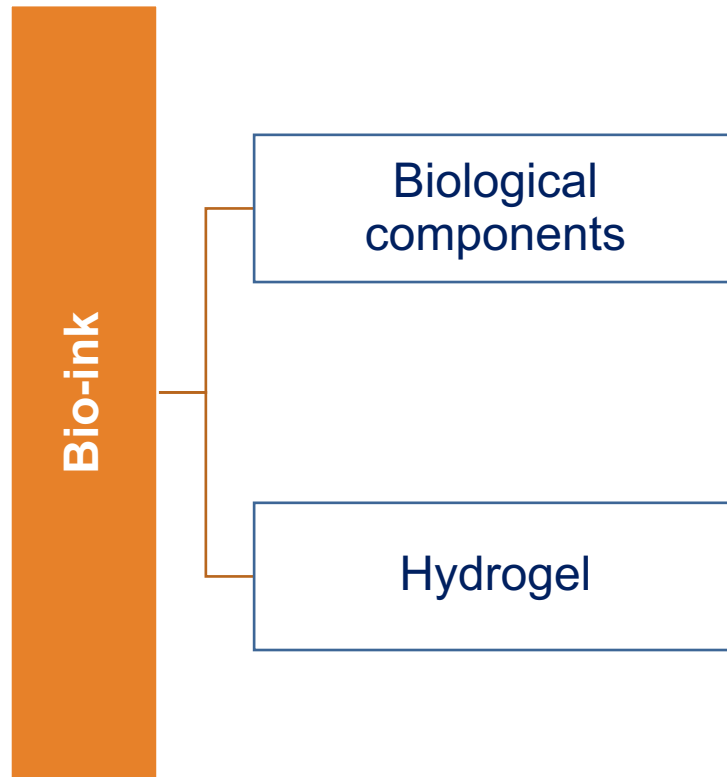


# Bioink vs Biomaterial ink



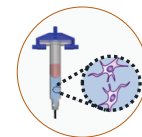
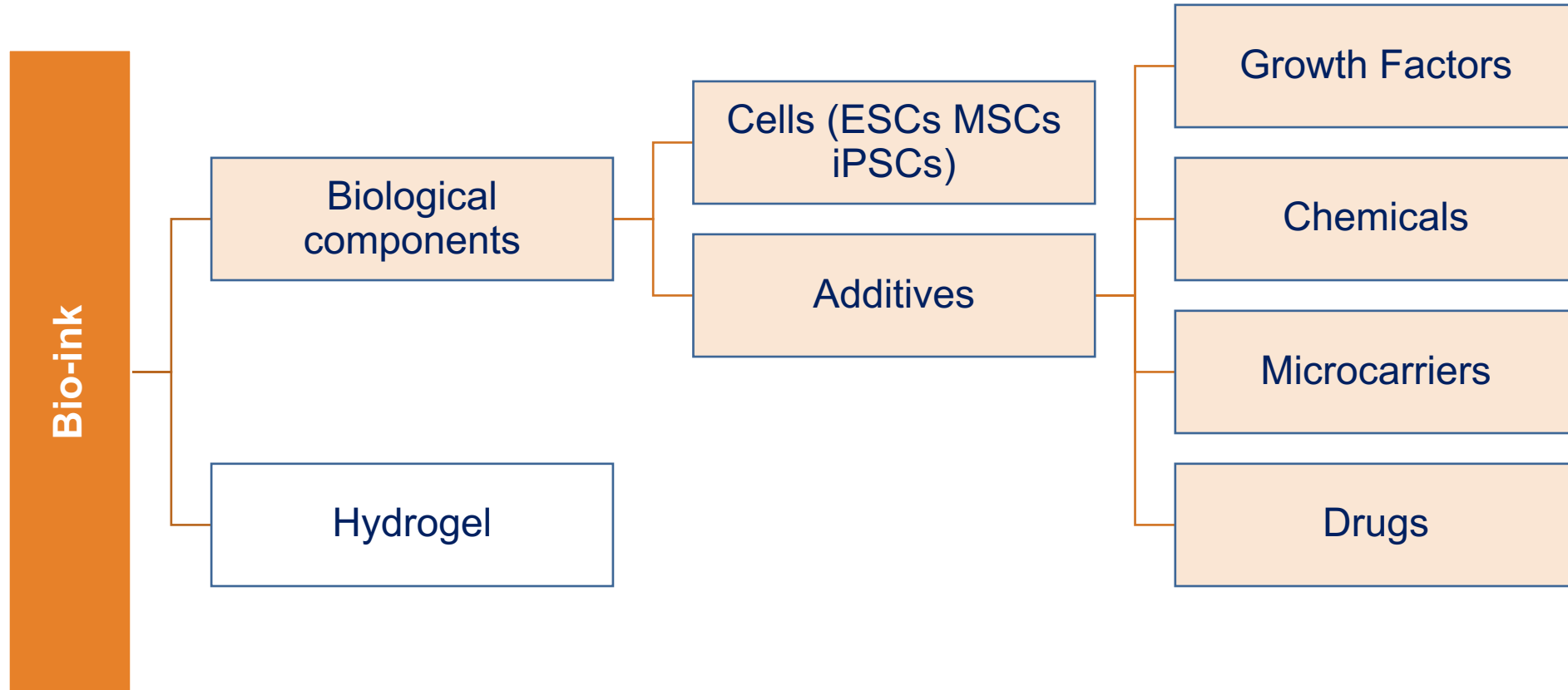
Groll, J., et al. "A definition of bioinks and their distinction from biomaterial inks." Biofabrication 11.1 (2018): 013001.

# BioP: bio-ink

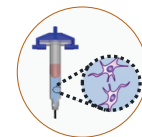
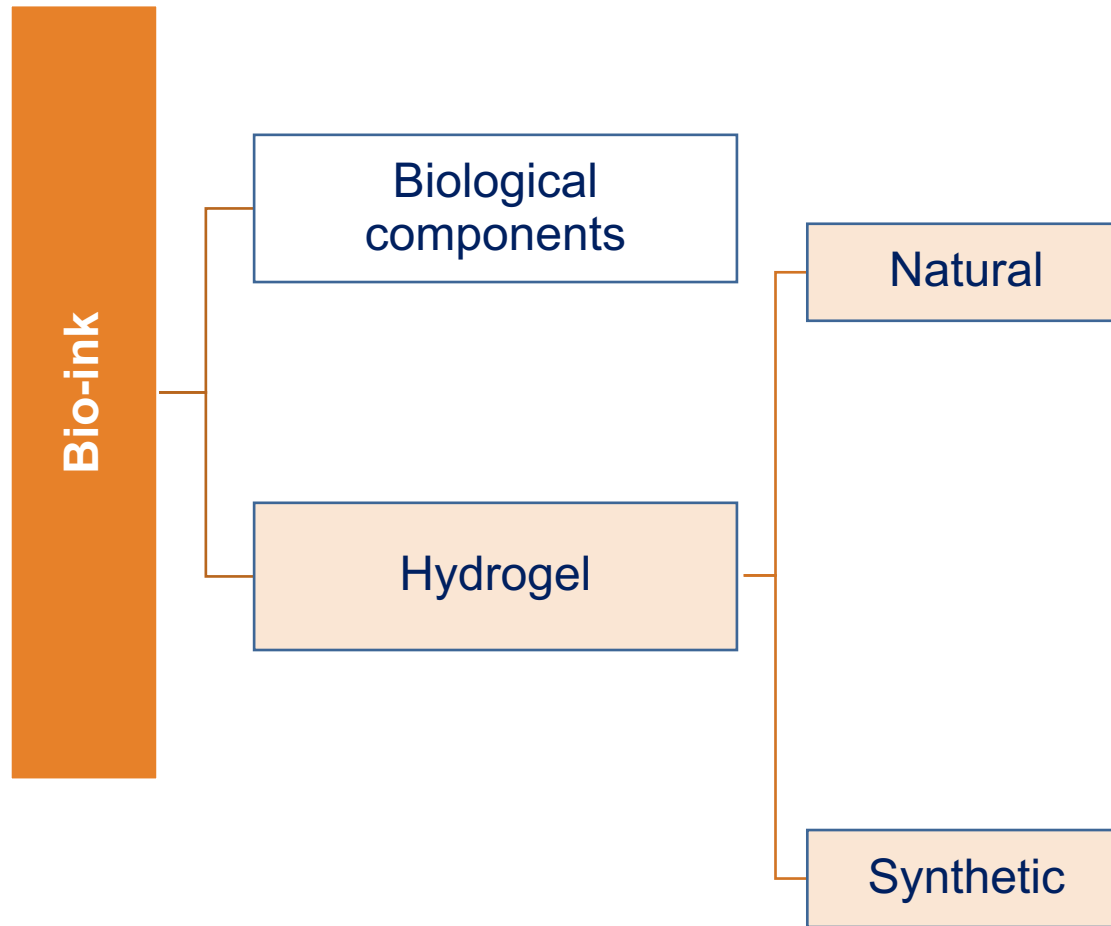


**BioP: bio-ink**

**BioP: bio-ink**

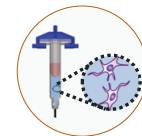
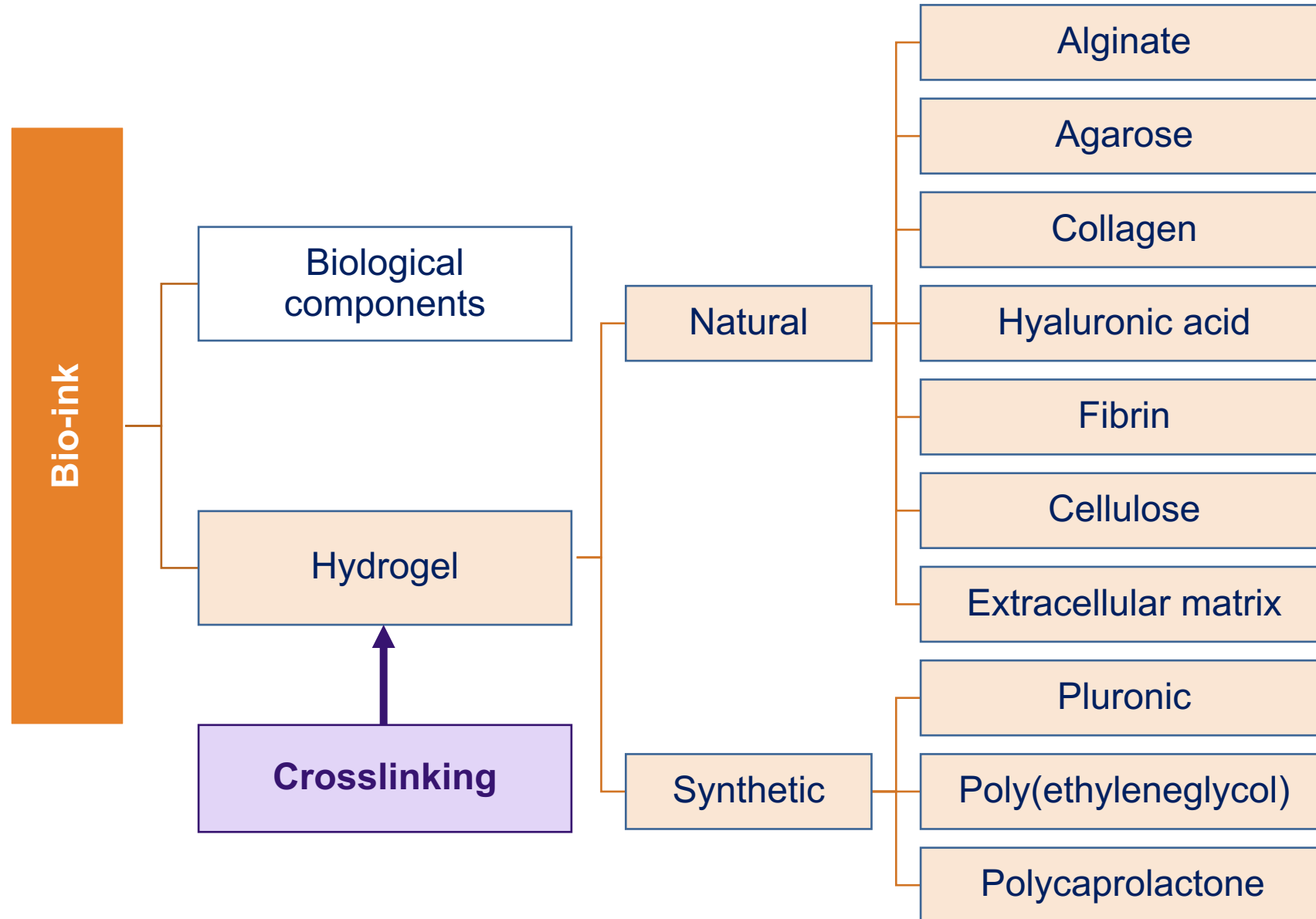


# BioP: bio-ink





# BioP: bio-ink



# Hydrogel crosslinking

**Polymer**



**+ Crosslinker**

Ionic or covalent crosslinking  
Photo crosslinking  
Thermic

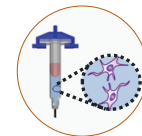
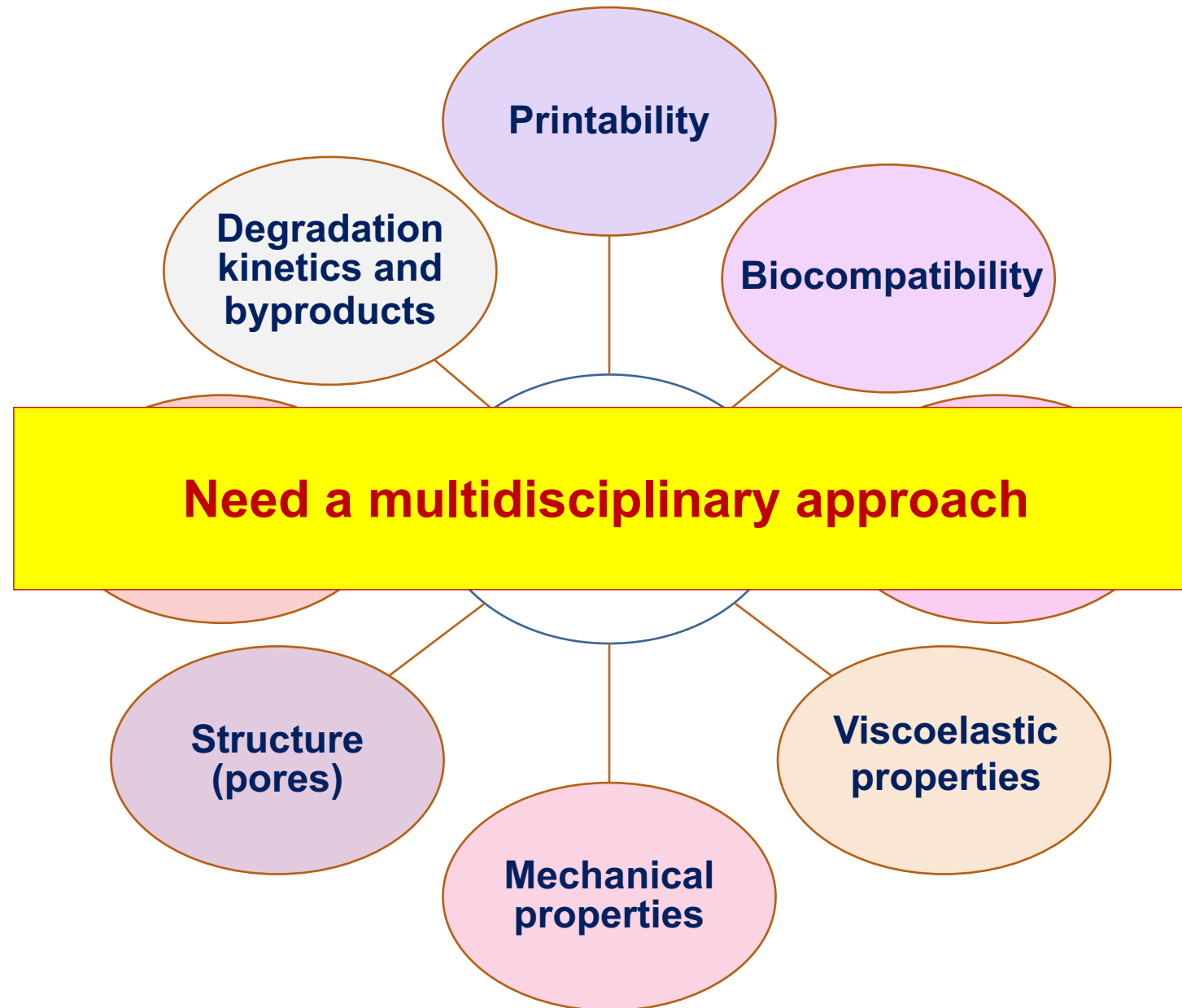
**Hydrogel**



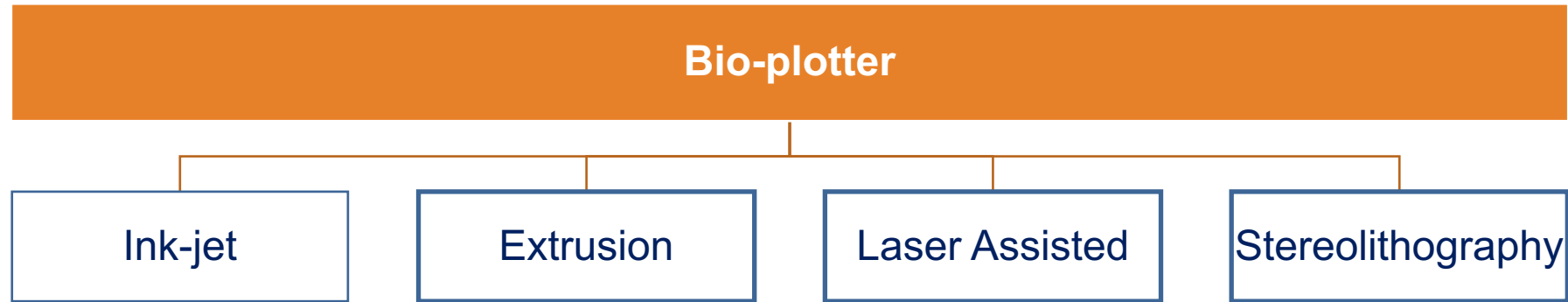
# BioP: bio-ink

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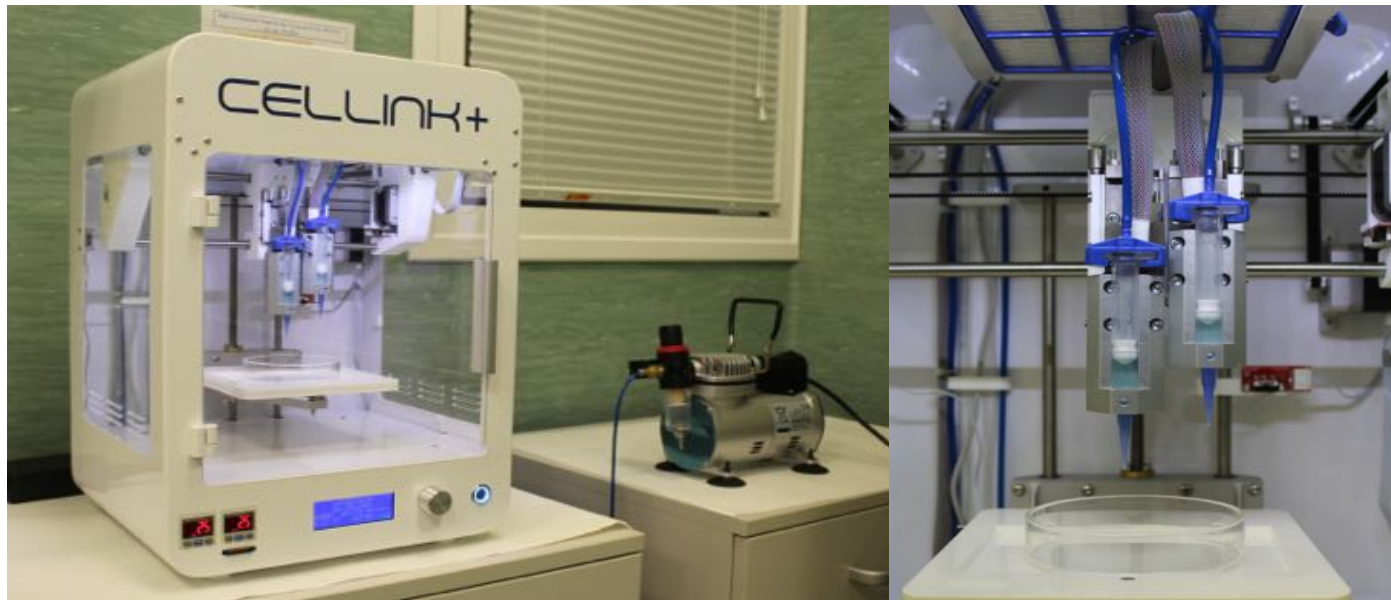
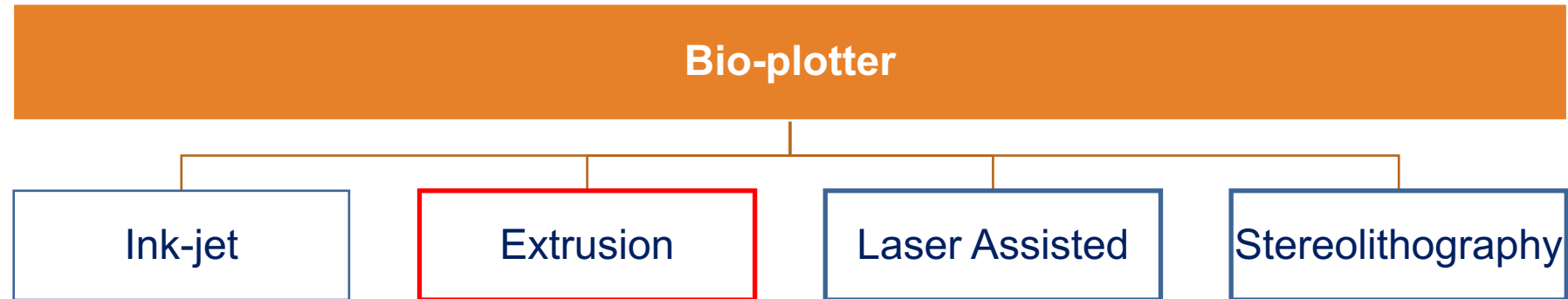
# Bio-ink features for 3D BioP



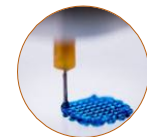
# BioP: bio-plotter



# BioP: our bio-plotter

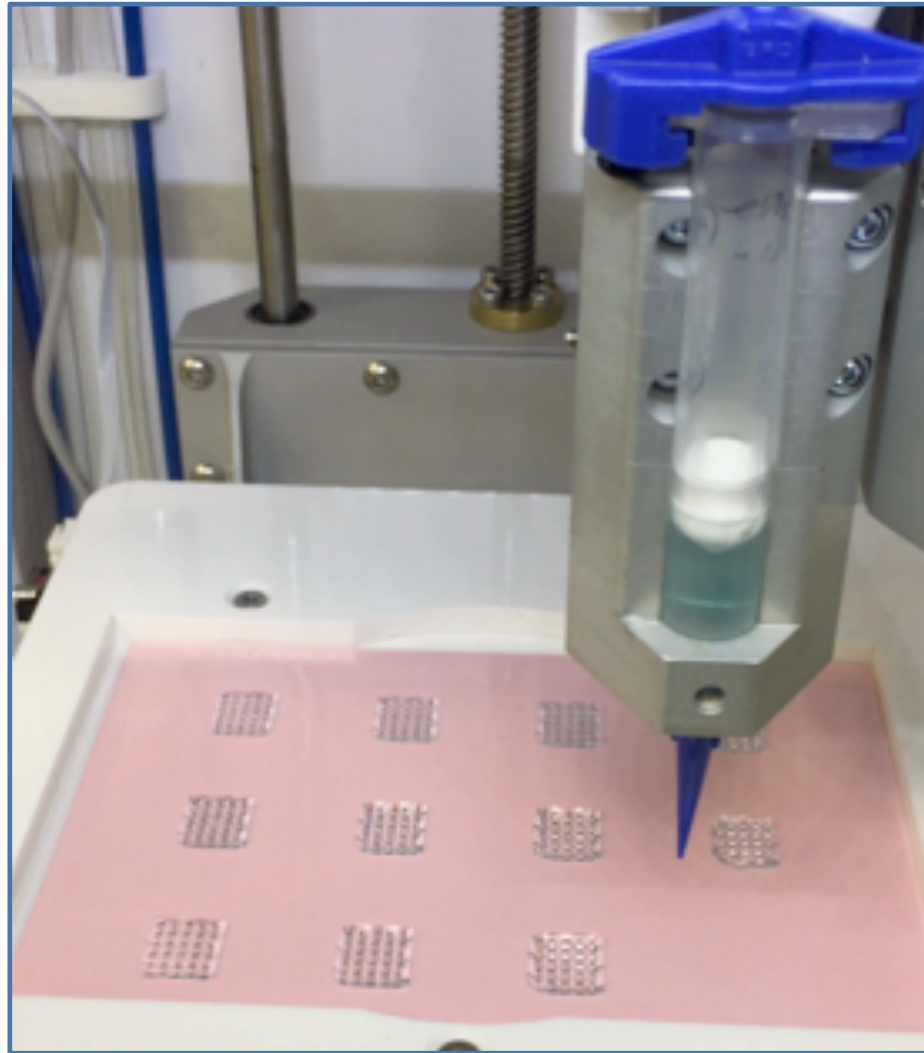


Cellink INKREDIBLE+ (Cellink AB)  
**Our pneumatic extrusion-based 3D bio-plotter**





# BioP process



1

Bio-ink

2

Bio-plotter

3

Bioprinting

4

Crosslinking

5

Cell Culture at 37 °C

6

Bioprinted  
construct

Hydrogel

+

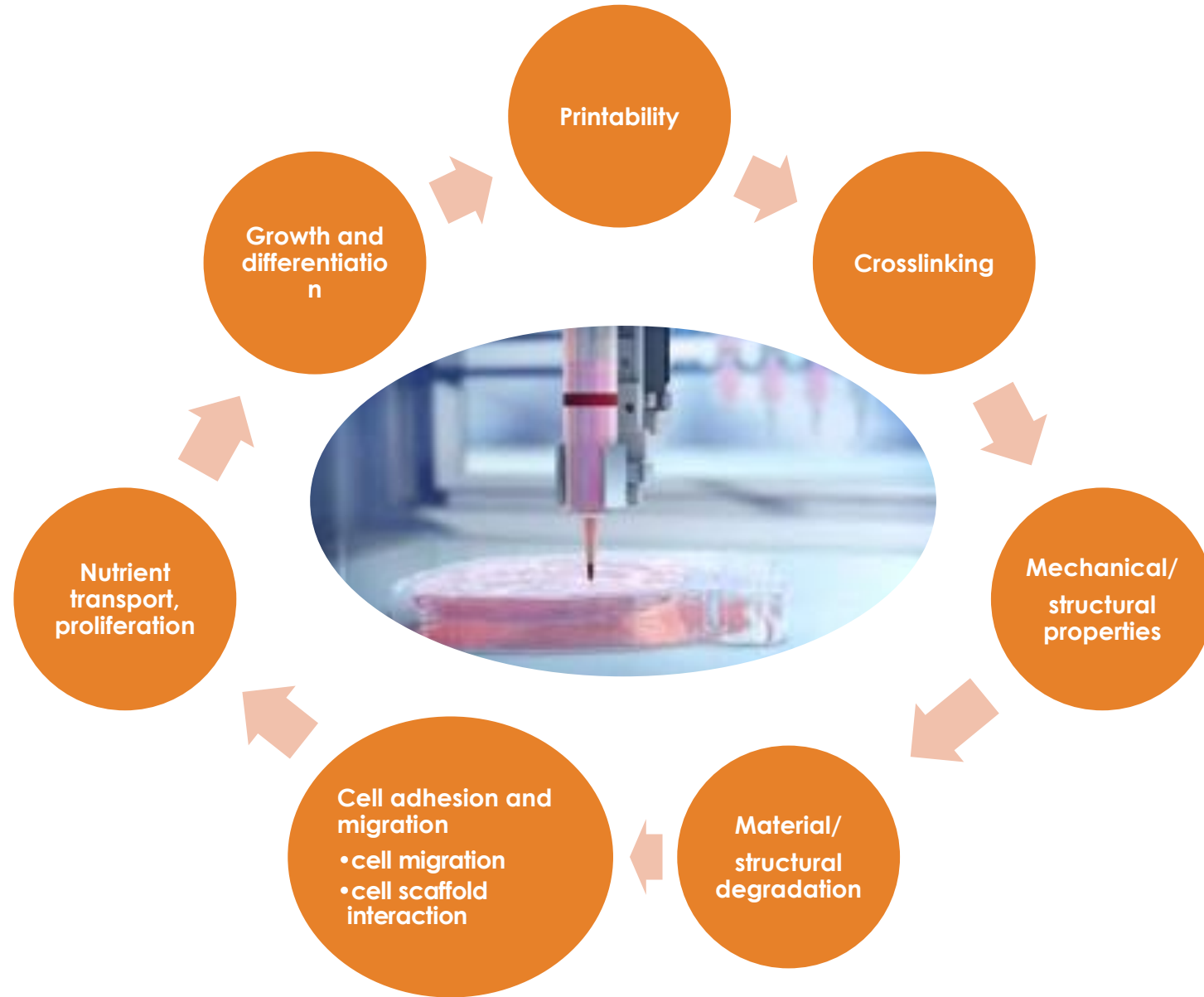
Biological  
components, Drugs

Transplantation

Drug Discovery

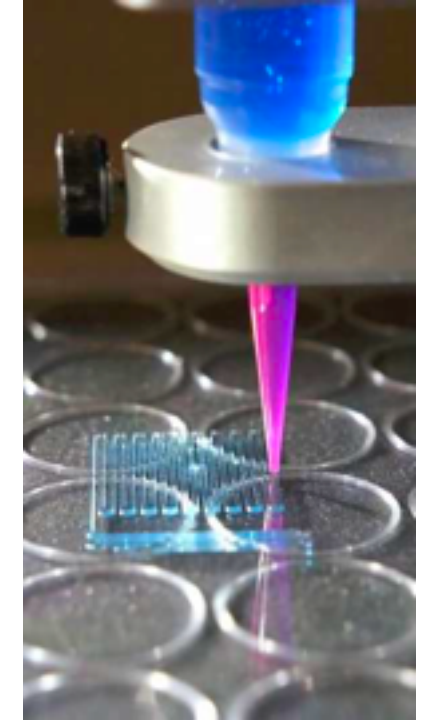
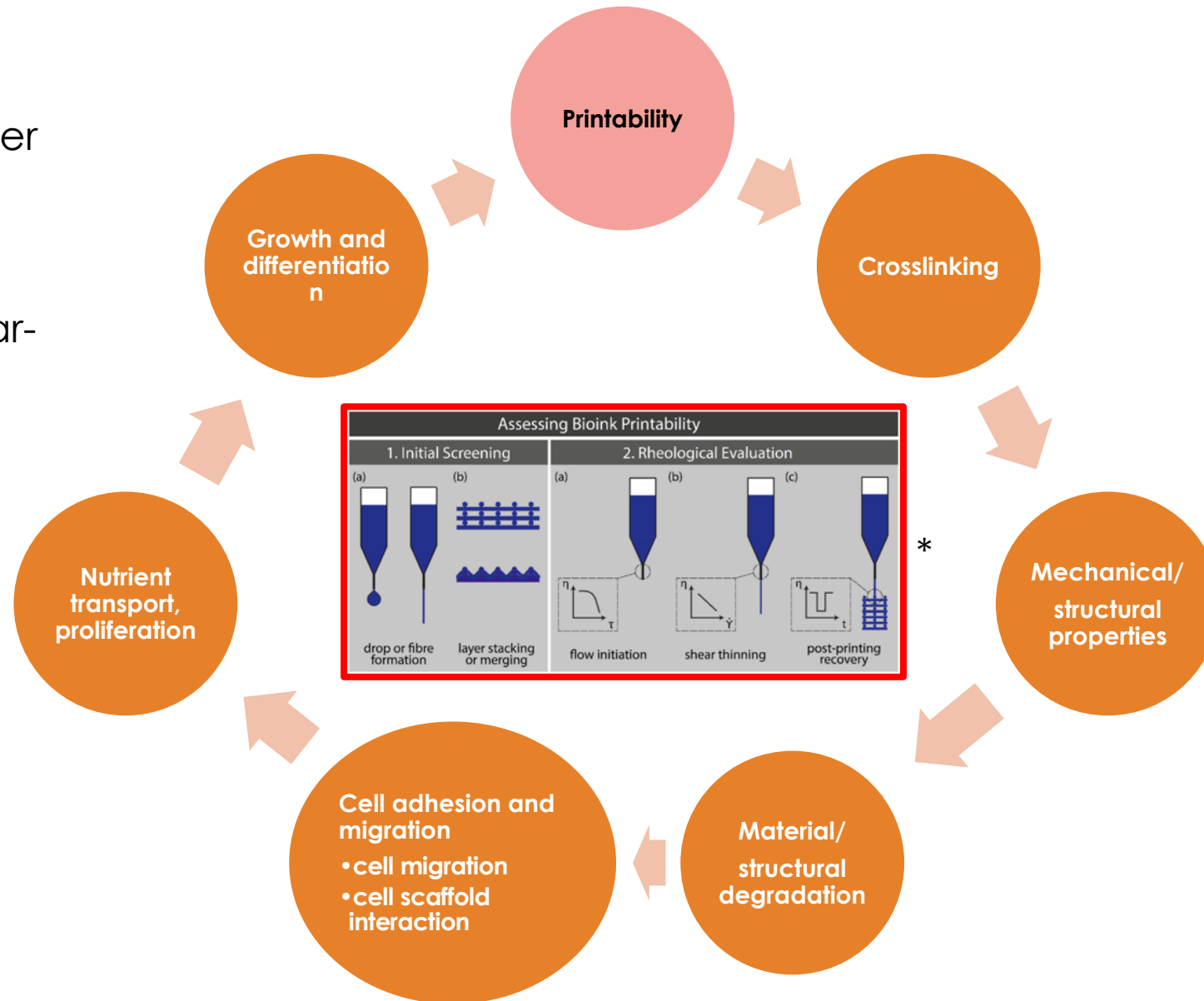
*In-vitro* biological study

## Bioprinting: one word for a complex process

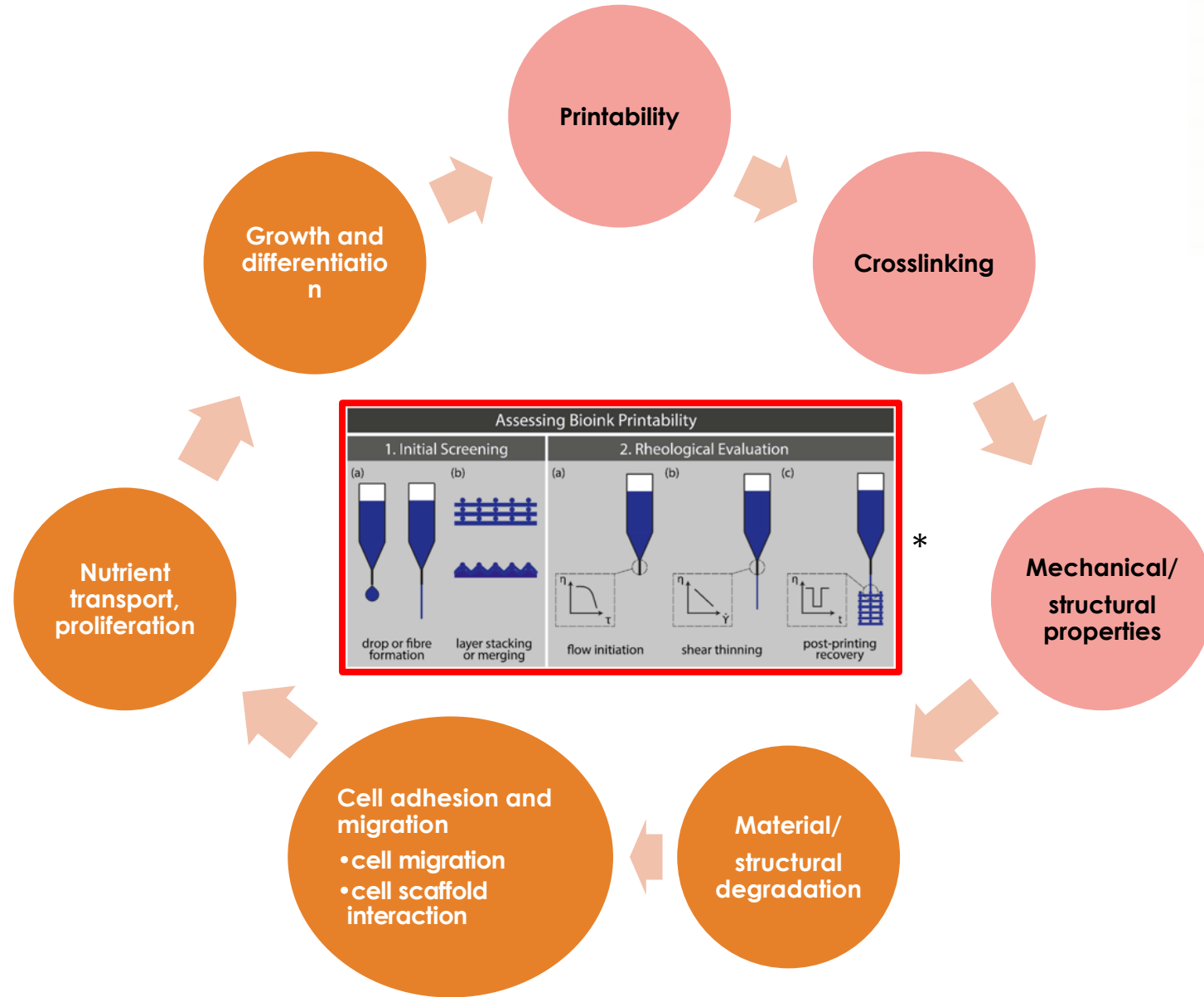


# Bioprinting: one word for a complex process

- Printing resolution
  - nozzle diameter
  - speed head
  - Z-distance
  - pressure
  - Viscosity (shear-thinning)



# Bioprinting: one word for a complex process



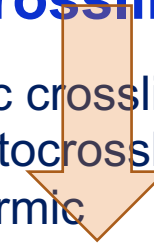
- Crosslinker concentration
- Model size
- Exposure time
- Primary and secondary

**Polymer**



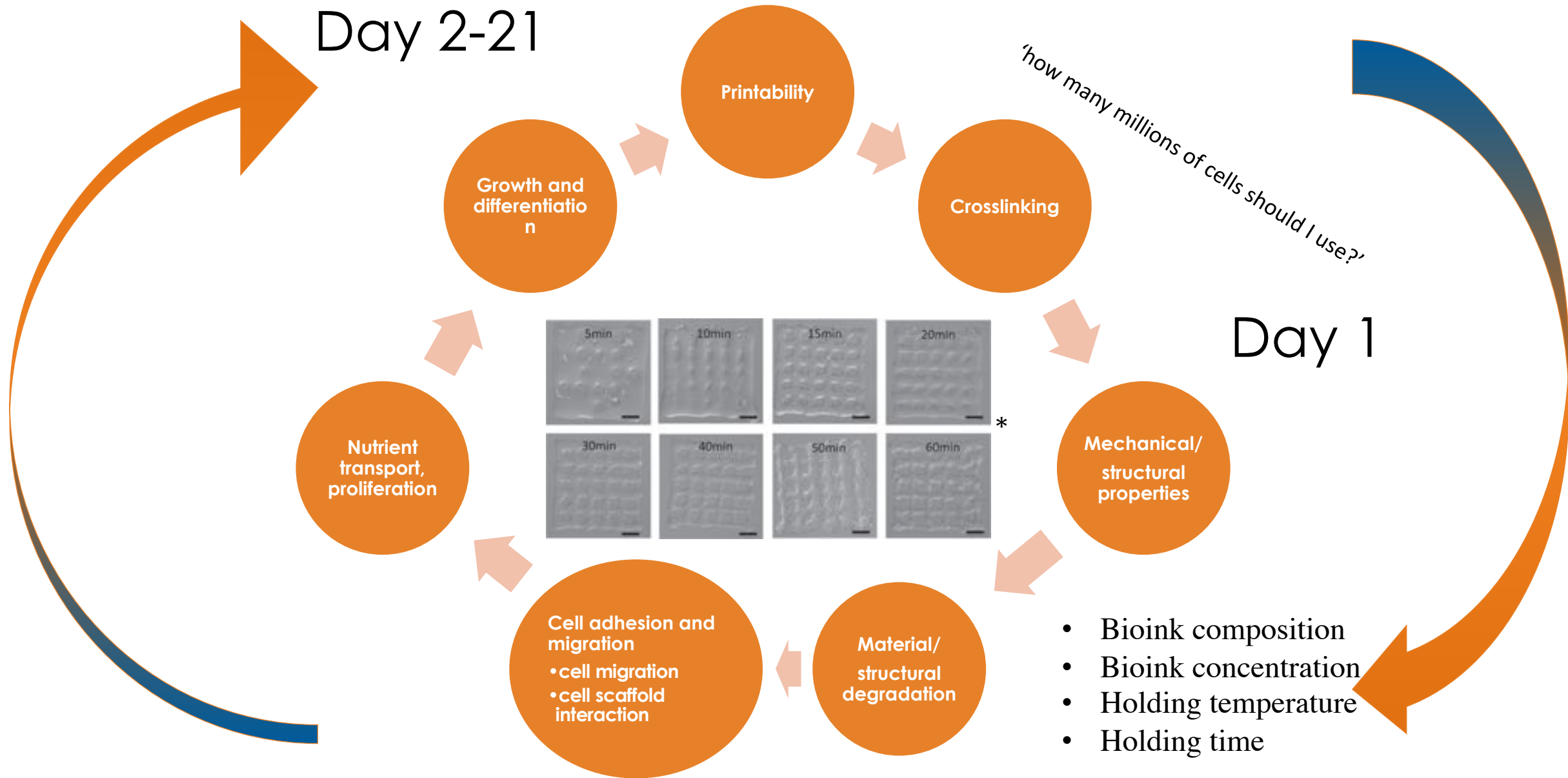
**+ Crosslinker**

- Ionic crosslinking
- Photocrosslinking
- Thermic

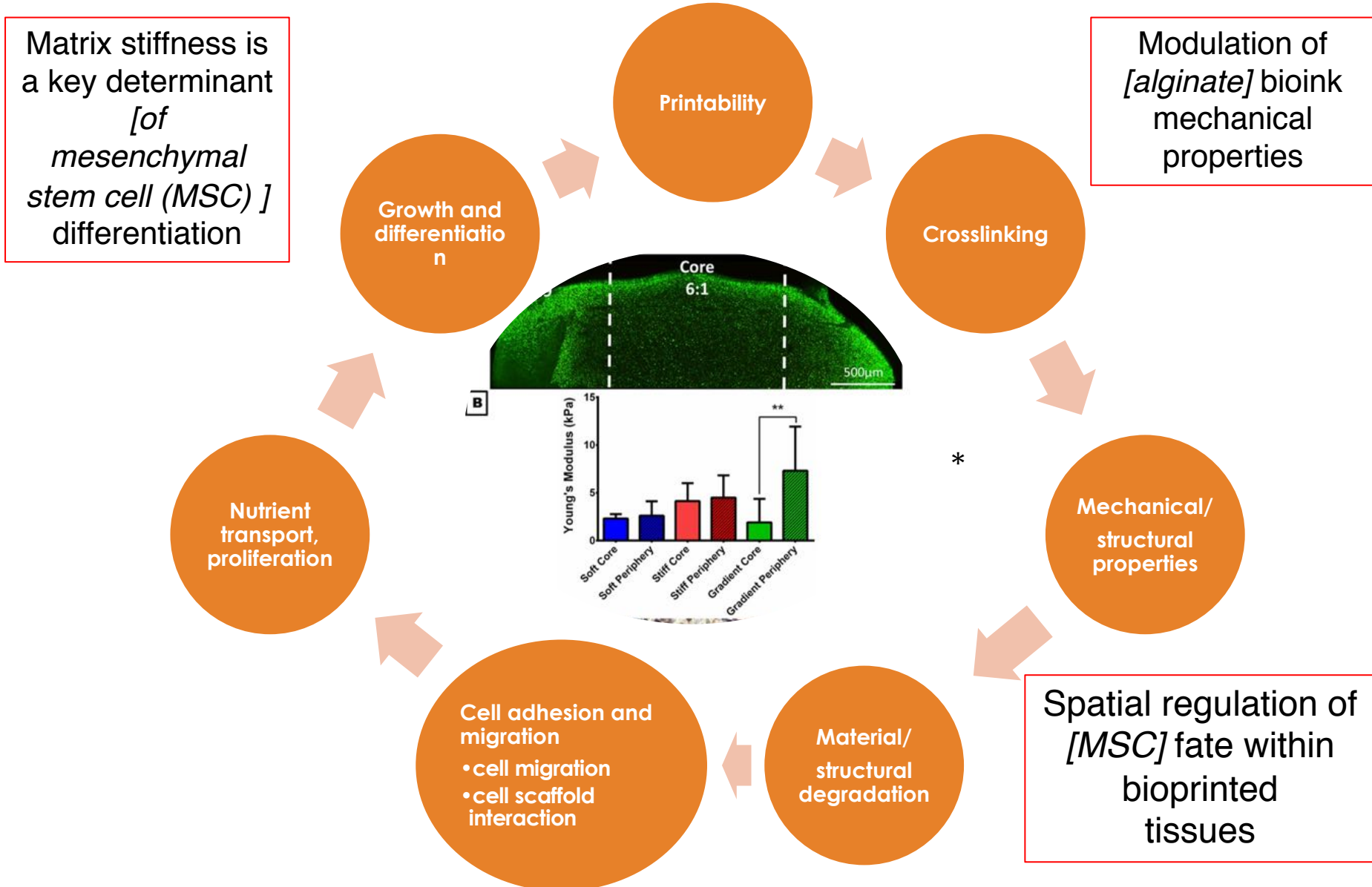


**Hydrogel network**

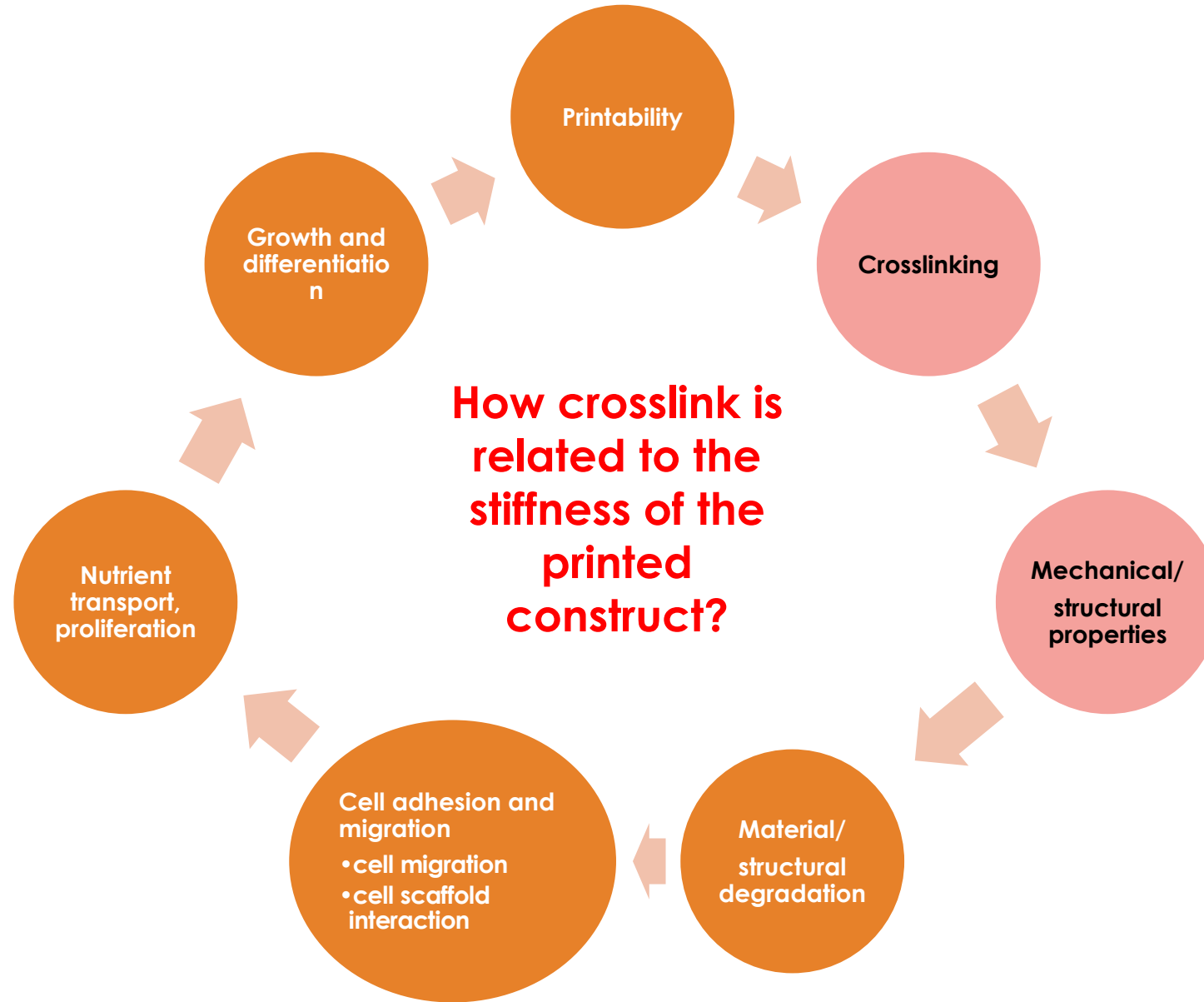
## Bioprinting: one word for a complex process



# Bioprinting: one word for a complex process



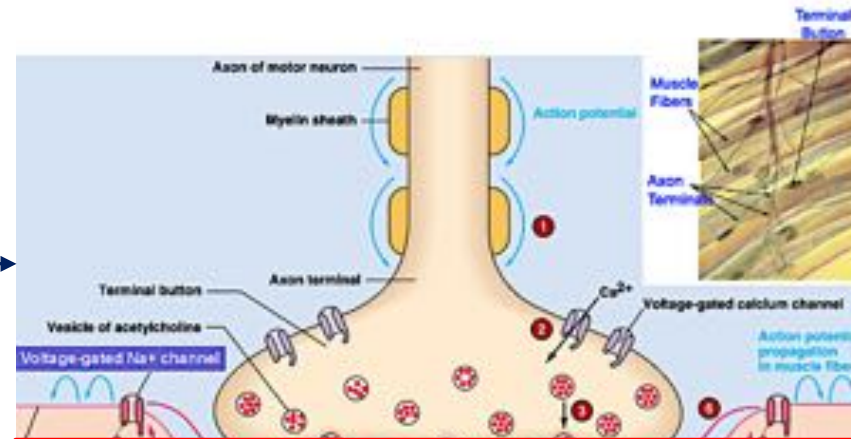
## Bioprinting: one word for a complex process



# Overall Goal

## 3D printing of NeuroMuscular Junction (NMJ)

The Neuromuscular Junction



To create a model for the analysis of neurodegenerative disease

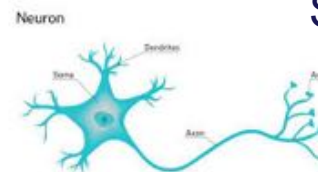
### 3D printing of muscle cells for tissue engineering applications

Collaboration with: G. Cusella, G. Ceccarelli, F. Ronzoni, M. Sampaolesi - Human Anatomy Unit, Dept. of PHEMF UniPV



### 3D printing of neurons

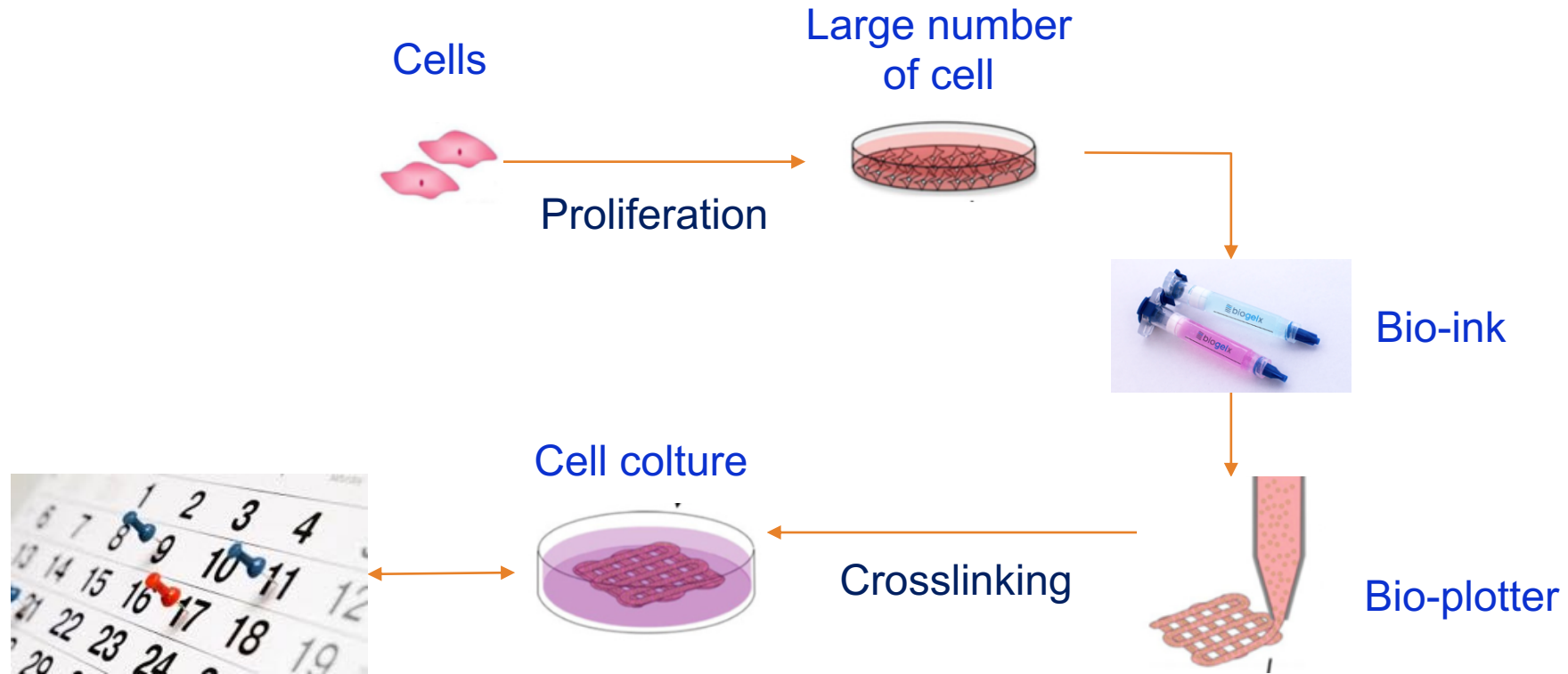
Collaboration with: C. Cereda, M. Bordoni, V. Fantini, Laboratorio di Neurobiologia Sperimentale, Inst. C. Mondino, PV



Fantini, V., Bordoni, M., Scocozza, F., Conti, M., Scarian, E., Carelli, S., ... & Cereda, C. (2019). Bioink composition and printing parameters for 3D modeling neural tissue. *Cells*, 8(8), 830.

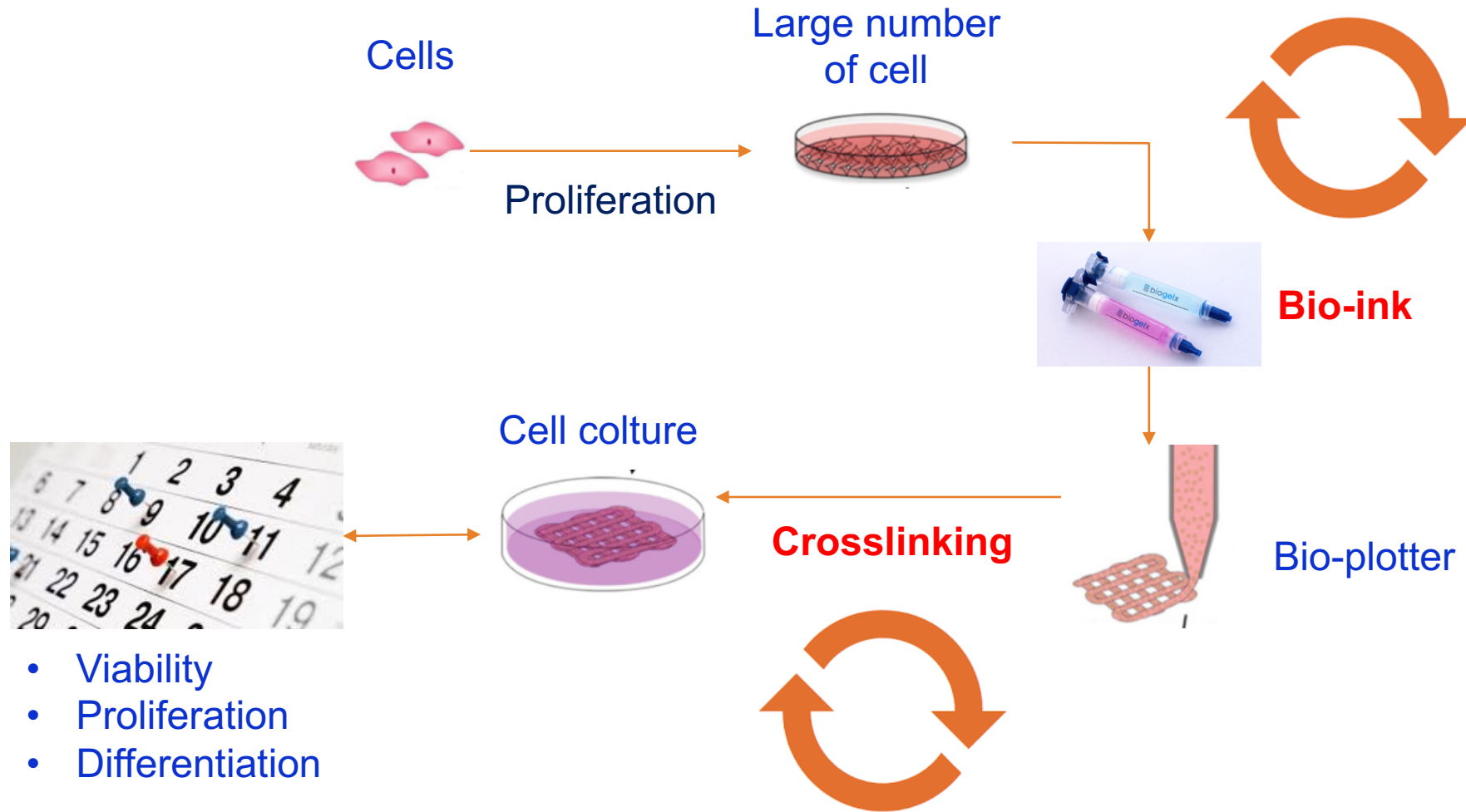


# BioP process

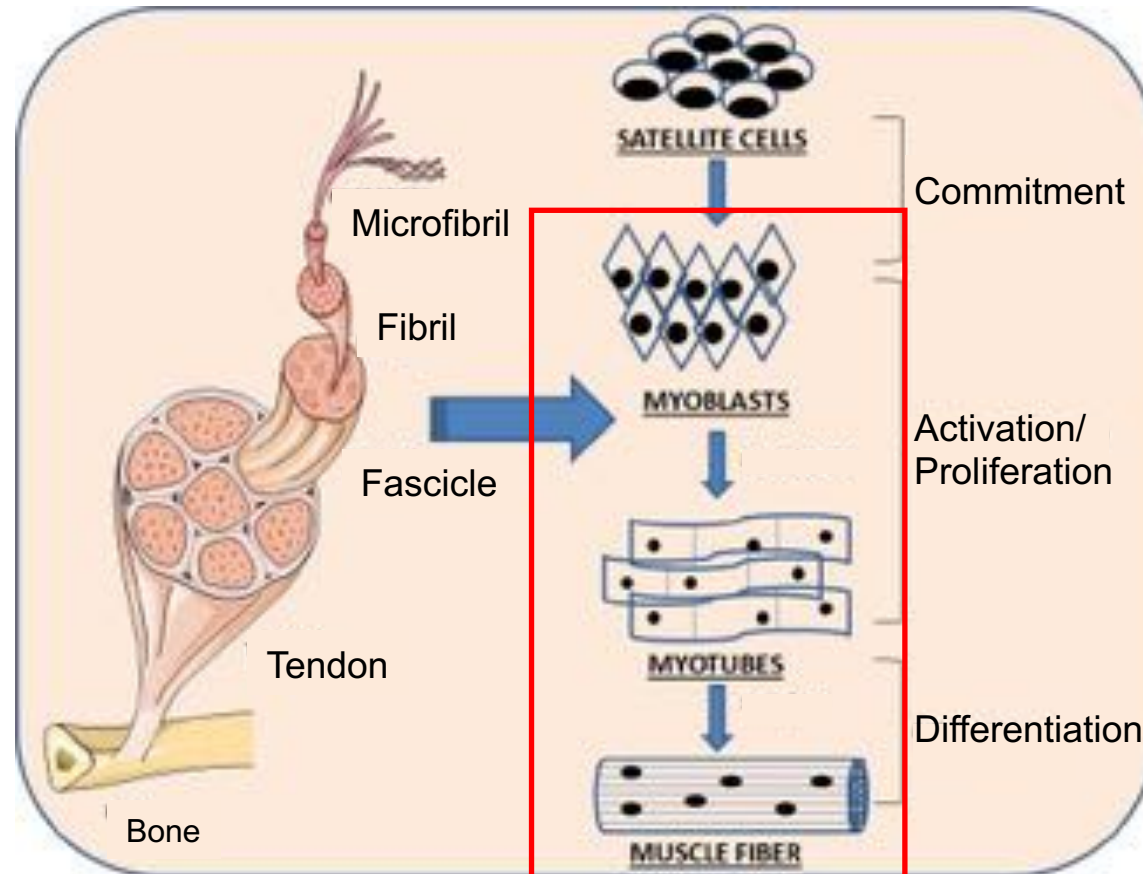


- Viability
- Proliferation
- Differentiation

# BioP process



## 3DP of muscle cells for tissue engineering applications



**Study goal**  
3D bioprinting mouse  
myoblast cell line (C2C12)  
to study cells  
differentiation into bio-ink  
and 3D modelling muscle  
fiber physiology



## 3DP of muscle cells for tissue engineering applications

	Material	Crosslinking	3D BioP	# of Cell	Biological tests
1	Sodium Alginate and Gelatin	CaCl <sub>2</sub>	Cube	10x10 <sup>6</sup> cells/ml	Proliferation Differentiation Morphological analysis Gene expression analysis
2	FIBRIN Bio-ink (Cellink AB)	Thrombin/ CaCl <sub>2</sub>	Line	25x10 <sup>6</sup> cells/ml	
3	GelMa Bio-ink (Cellink AB)	UV (406 nm)	Line		
4	GelXA (Cellink AB)	CaCl <sub>2</sub> + UV (406 nm)	Line		

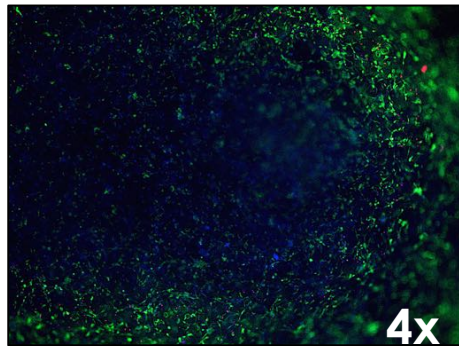
**C2C12 cell line (immortal line of mouse skeletal myoblasts)**



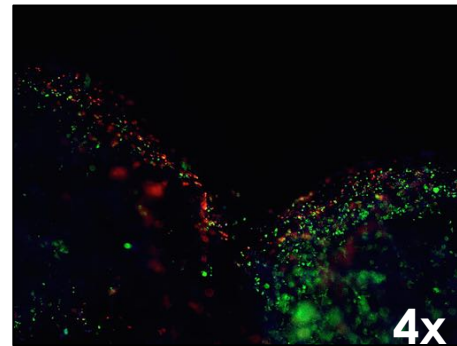
# Proliferation test results

LIVE/DEAD

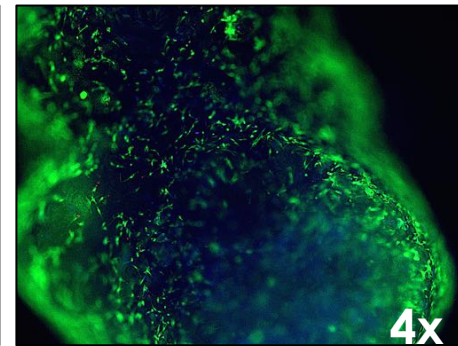
24 Hours



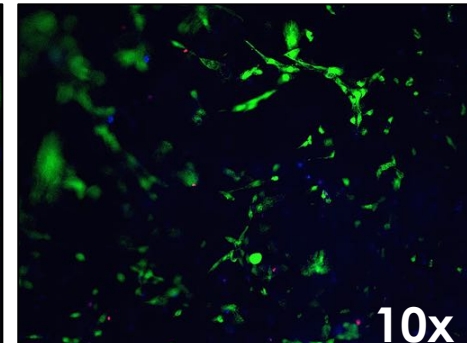
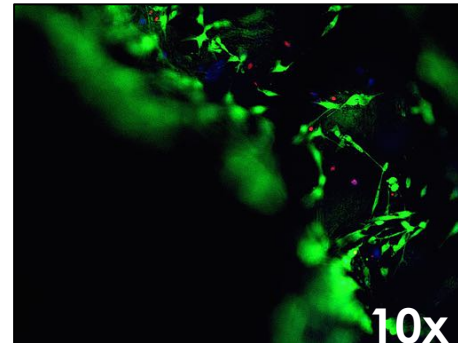
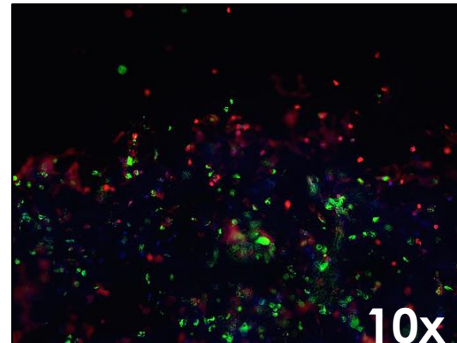
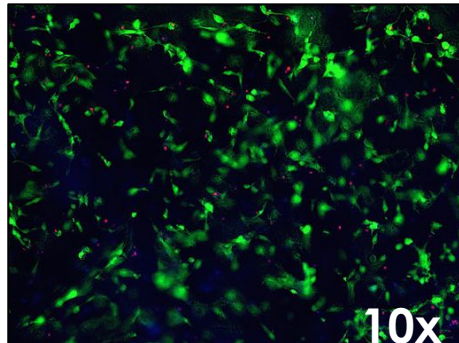
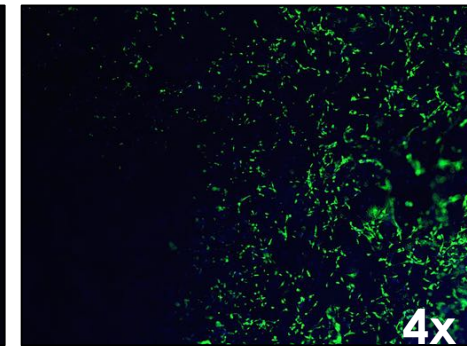
Day 4



Day 7



Day 14



- Good cell distribution and viability at 24 Hours
- At day 4 increases cell death, keeping round shape – not differentiated as in 2D
- At day 7 and day 14 cell differentiation is limited



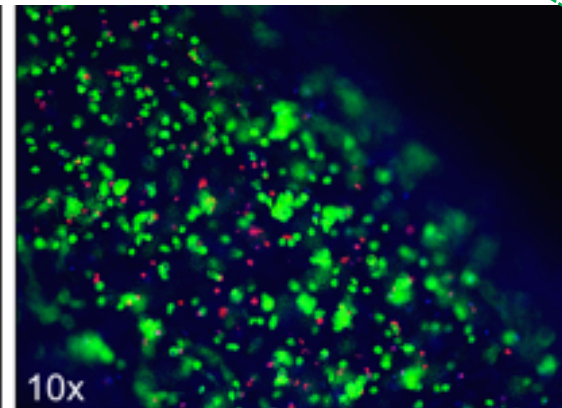
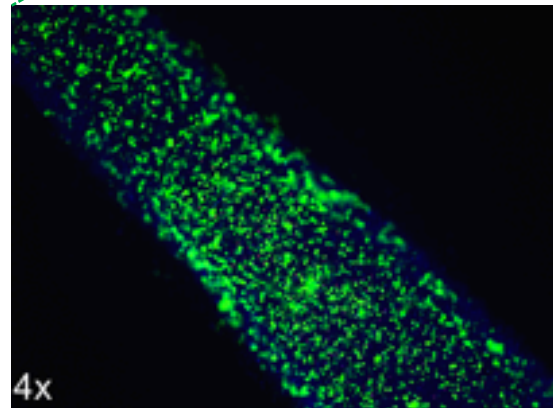
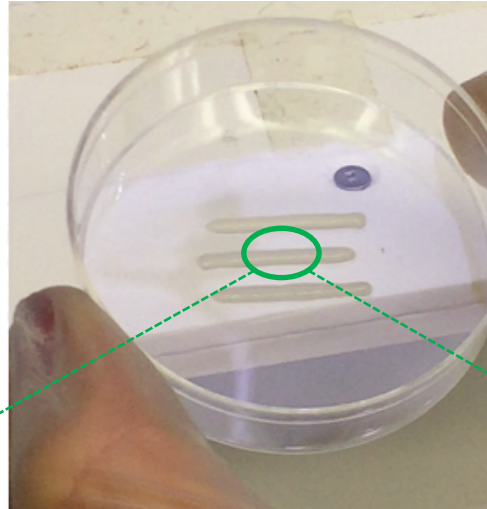
## 3DP of muscle cells for tissue engineering applications

	Material	Crosslinking	3D BioP	# of Cell	Biological tests
✗	Sodium Alginate and Gelatin	CaCl <sub>2</sub>	Cube	10x10 <sup>6</sup> cells/ml	Proliferation Differentiation Morphological analysis Gene expression analysis
2	FIBRIN Bio-ink (Cellink AB)	Thrombin/ CaCl <sub>2</sub>	Line	25x10 <sup>6</sup> cells/ml	
3	GelMa Bio-ink (Cellink AB)	UV (406 nm)	Line		
4	GelXA (Cellink AB)	CaCl <sub>2</sub> + UV (406 nm)	Line		

**C2C12 cell line (immortal line of mouse skeletal myoblasts)**



# Proliferation test results



LIVE/DEAD - 24 Hours

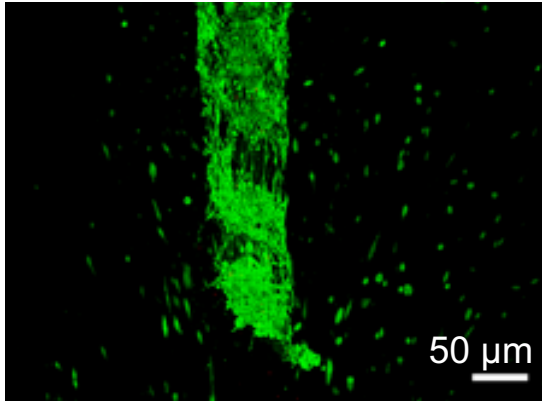




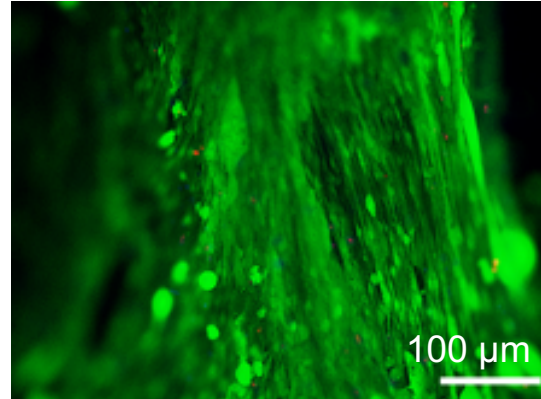
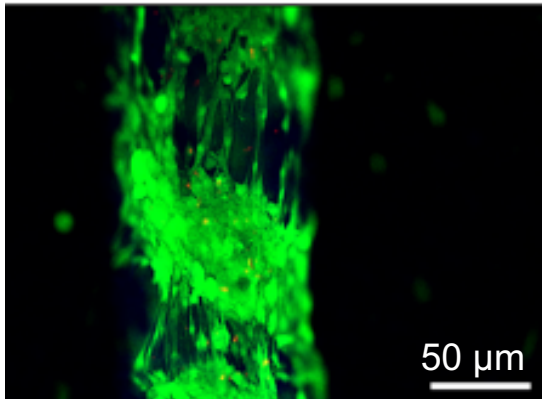
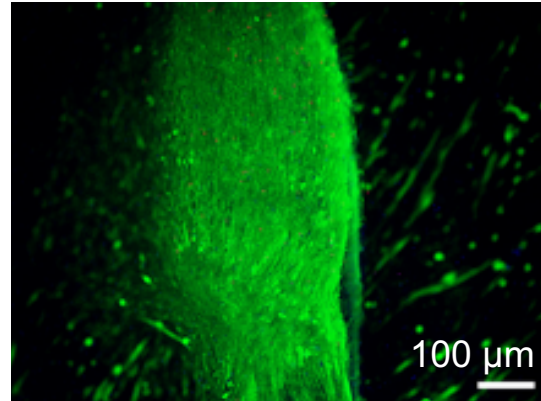
# Differentiation test results

## LIVE/DEAD

Day 14



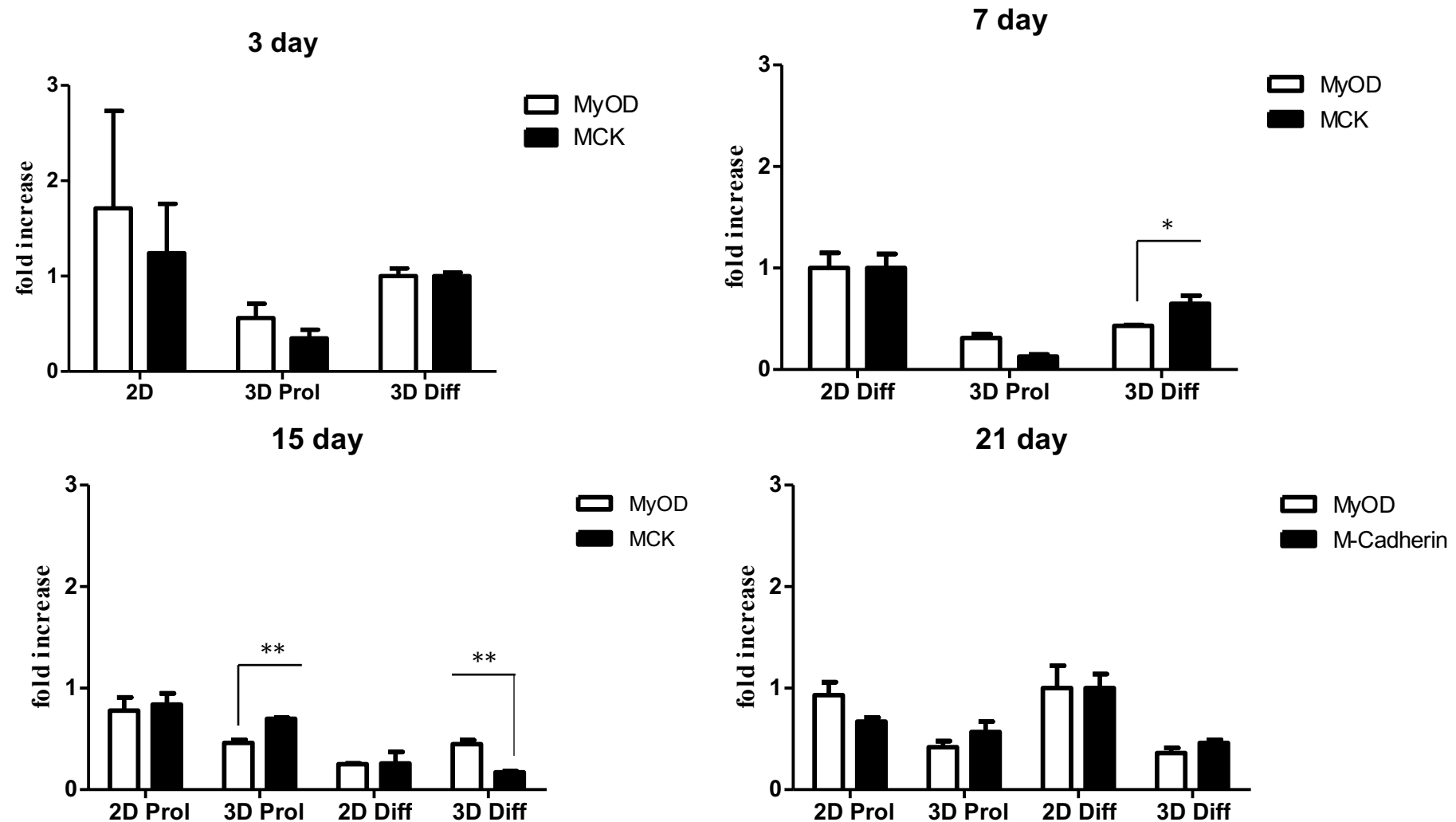
Day 28



- Uniform cell distribution,
- Optimal printability and good cell viability, even in long term
- Better cell differentiation on crosslinked edges
- Live/Dead Assay shows myotubes formation



# Gene expression

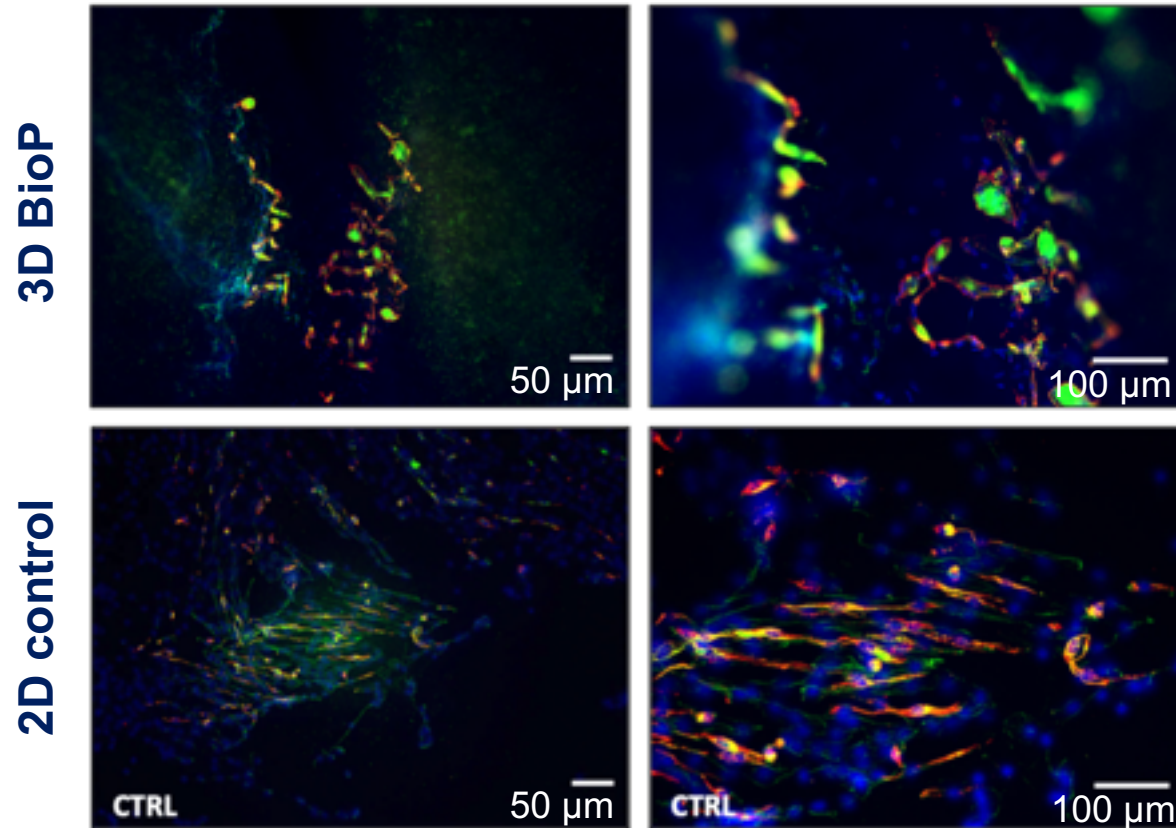


- Expression of two important master genes related to muscle differentiation (MyOD – late diff. and MCK – early diff.) highlight a positive effect of the 3D construct on the differentiation process



# Immunofluorescence results

## Phalloidin/MHC – Day 28 differentiation condition



- Analysis revealed myotubes laden into CELLINK FIBRIN bioink

<https://www.cellink.com/technology/collaborator-data/university-of-pavia-collaboration/>

\* Phalloidin: actin filament. MHC: myosin filaments



## 3DP of muscle cells for tissue engineering applications

	Material	Crosslinking	3D BioP	# of Cell	Biological tests
✗	Sodium Alginate and Gelatin	CaCl <sub>2</sub>	Cube	10x10 <sup>6</sup> cells/ml	Proliferation Differentiation Morphological analysis Gene expression analysis
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3	GelMa Bio-ink (Cellink AB)	UV (406 nm)	Line		
4	GelXA (Cellink AB)	CaCl <sub>2</sub> + UV (406 nm)	Line		

**Goal. Use UV to get an uniform crosslinking in the core in order to achieve also a differentiation in this region**

## 3DP of muscle cells for tissue engineering applications

	Material	Crosslinking	3D BioP	# of Cell	Biological tests
✗	Sodium Alginate and Gelatin	CaCl <sub>2</sub>	Cube	10x10 <sup>6</sup> cells/ml	Proliferation Differentiation Morphological analysis Gene expression analysis
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4	GelXA (Cellink AB)	CaCl <sub>2</sub> + UV (406 nm)	Line		

3D printing process extremely cumbersome – limited repeatability

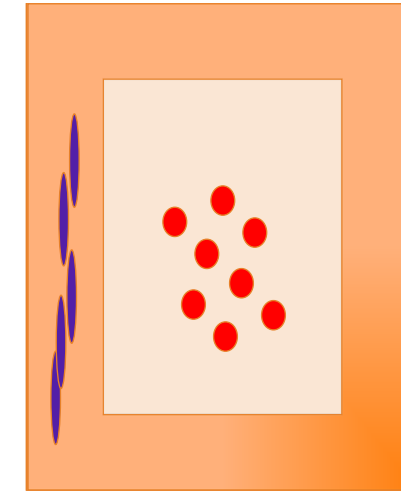
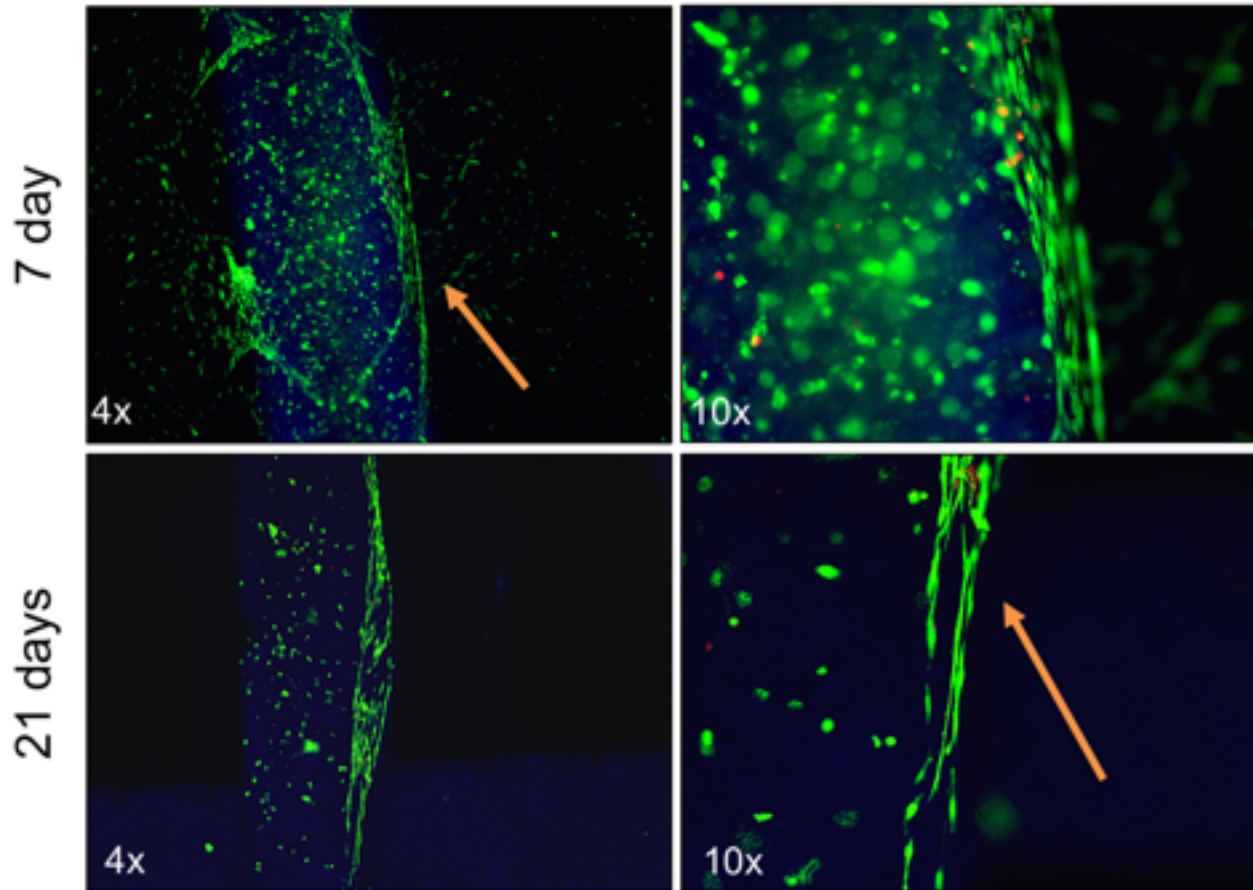
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✗	GelXA (Cellink AB)	CaCl <sub>2</sub> + UV (406 nm)	Line		

There is still not uniform differentiation inside the strand core

# 3DP of muscle cells for tissue engineering applications

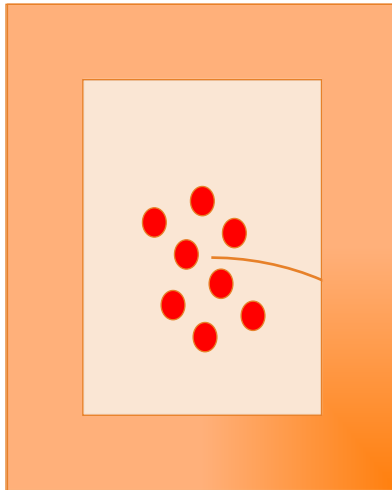
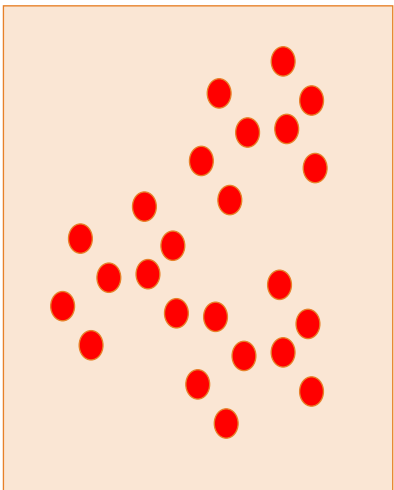
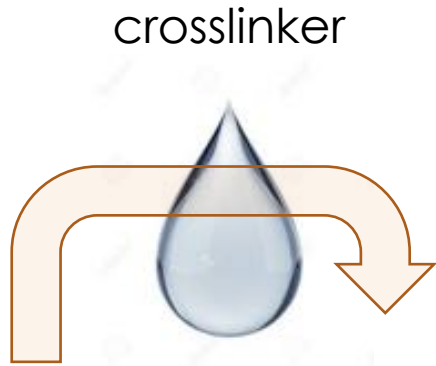
CELLINK *Fibrin* differentiation: **LIVE/DEAD**



- NOT differentiated
- differentiated



# Bioink. Crosslinking, stiffness, and biology



Crosslinked  
(with a  
gradient)

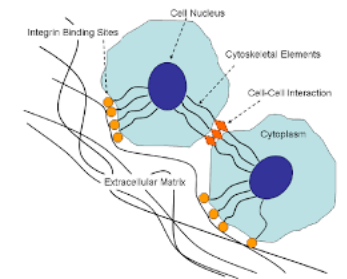
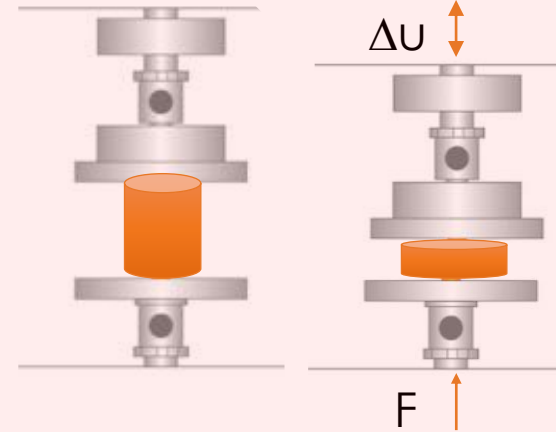
Stiffer

Not  
Crosslinked

Softer

● NOT differentiated

▮ differentiated

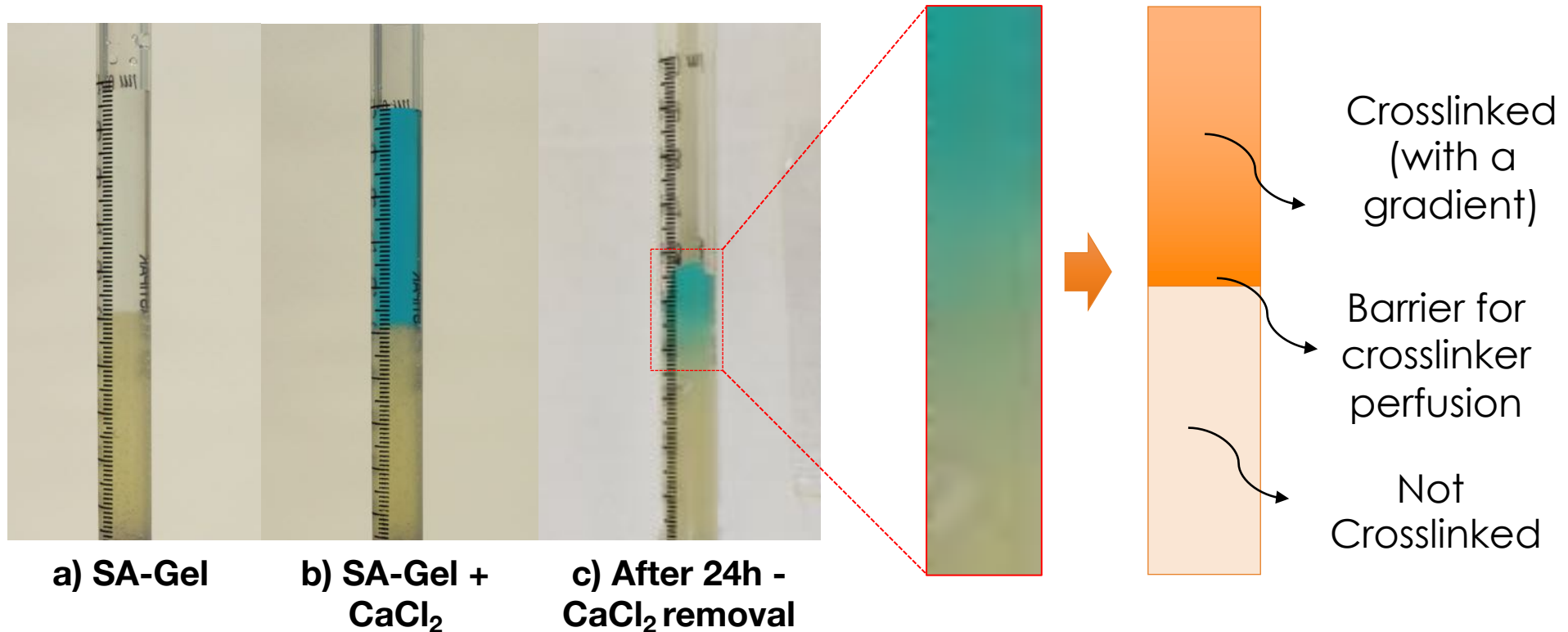


**Study hypothesis:** increasing GelMa concentration (and photocrosslinker concentration) increases 3D construct stiffness

# Modeling bioprinting process

## Study goal

Computational modeling of crosslinked sodium alginate and gelatin hydrogel used for bioprinting applications



Measure of CaCl<sub>2</sub> absorbed by SA-Gel was performed at 2, 5, 10, 15, 20 minutes, 2, 24 and 48 hours. Test was repeated for 3 times.

\* SA: Sodium Alginate; Gel: Gelatin; CaCl<sub>2</sub>: Calcium Chloride

\* SA: Sodium Alginate; Gel: Gelatin; CaCl<sub>2</sub>: Calcium Chloride; CL: Crosslinked

# Modeling bioprinting process

## Experimental characterization and computational modeling of hydrogel cross-linking for bioprinting applications

Aidin Hajikhani<sup>1</sup>, Franca Scocozza<sup>2</sup>, Michele Conti<sup>2</sup>, Michele Marino<sup>1</sup>, Ferdinando Auricchio<sup>2</sup>, Peter Wriggers<sup>1</sup>

Journal Title  
XX(X):1-8  
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DOI: 10.1177/ToBeAssigned  
www.sagepub.com/  
SAGE

Modeling reactive-diffusive processes in sodium alginate hydrogels stabilized by  $\text{CaCl}_2$  and accounting for the effects of cross-linking on the diffusion of gelation agents

- $\alpha = \frac{n_{cl}}{n_{tot}} \in [0, 1]$
1. gelation degree  $\alpha = \alpha(x, t) \in [0, 1]$ ;
  2. calcium concentration  $c = c(x, t)$ .



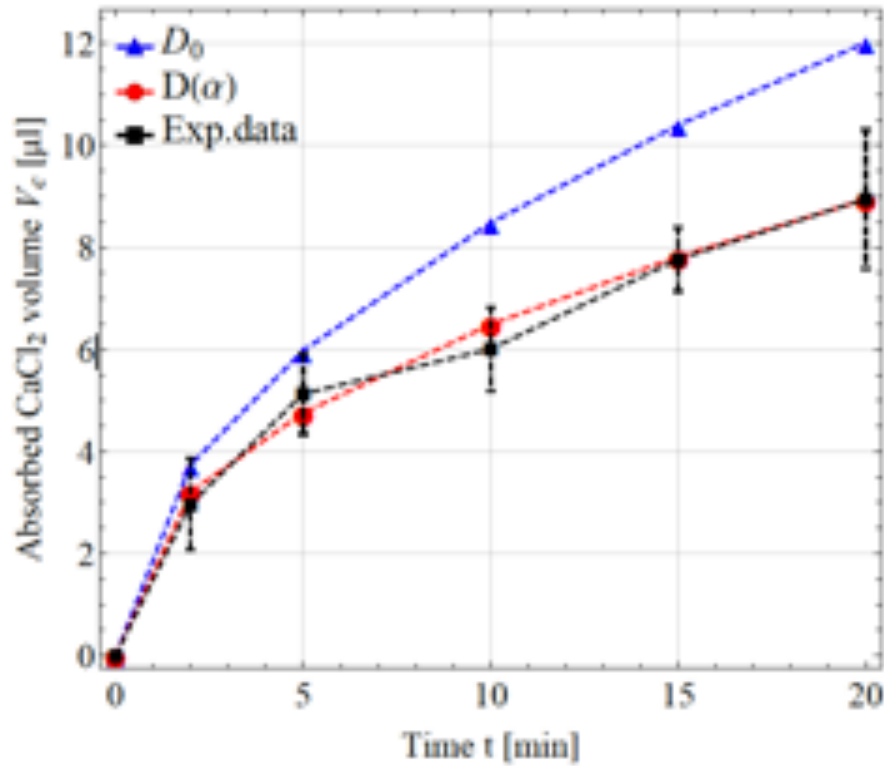
$$\frac{\partial c}{\partial t} - \frac{\partial}{\partial x} \left( D \frac{\partial c}{\partial x} \right) = r,$$

$$\frac{\partial \alpha}{\partial t} = K c (1 - \alpha)$$

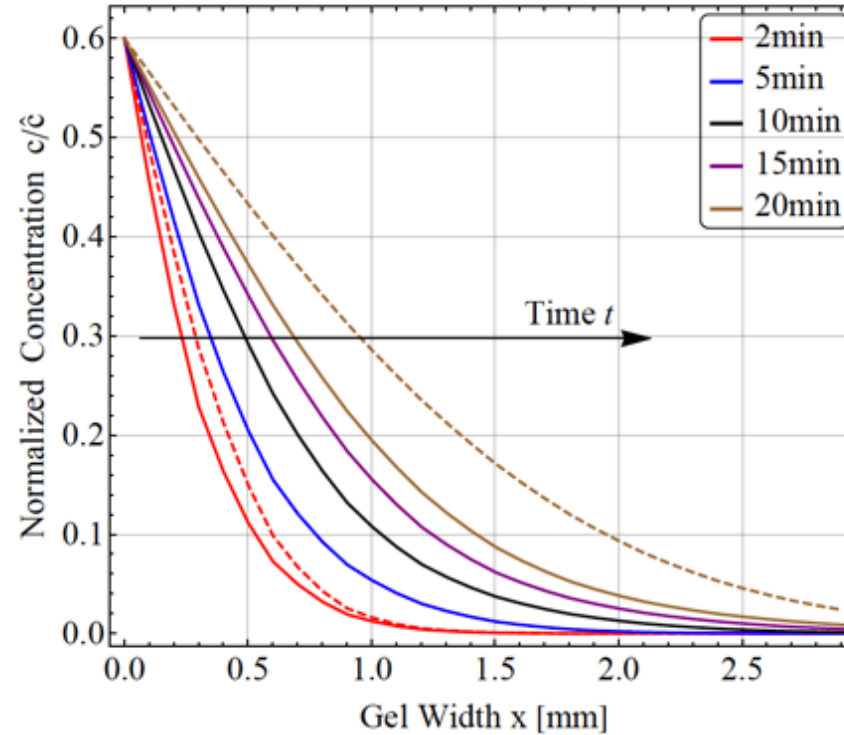
$$D(\alpha) = D_0 + (D_1 - D_0) \frac{\exp(-\alpha/\alpha_{\text{gel}}) - 1}{\exp(-1/\alpha_{\text{gel}}) - 1}.$$

Solved in a 3D domain  
by Finite element  
scheme  
(1D problem)

## Modeling bioprinting process



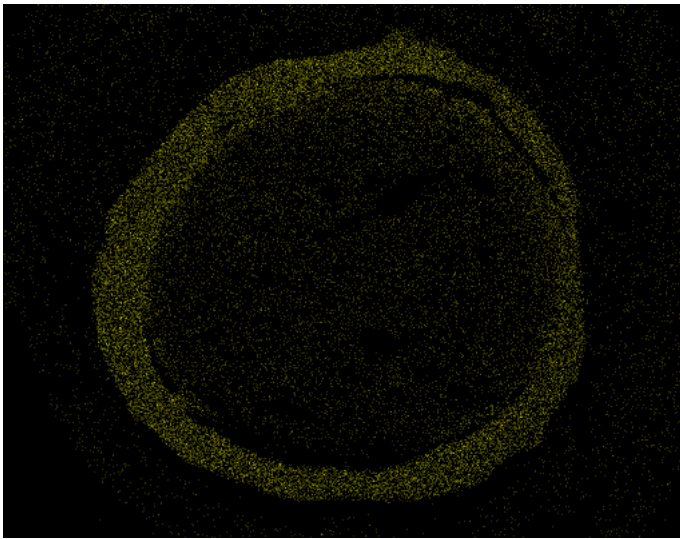
Inclusion of a diffusion coefficient as function of gelation allows to get experimental data



Crosslinker distribution is not uniform in space and does not diffuse linearly in time

## Modeling bioprinting process

SEM of crosslinked hydrogel

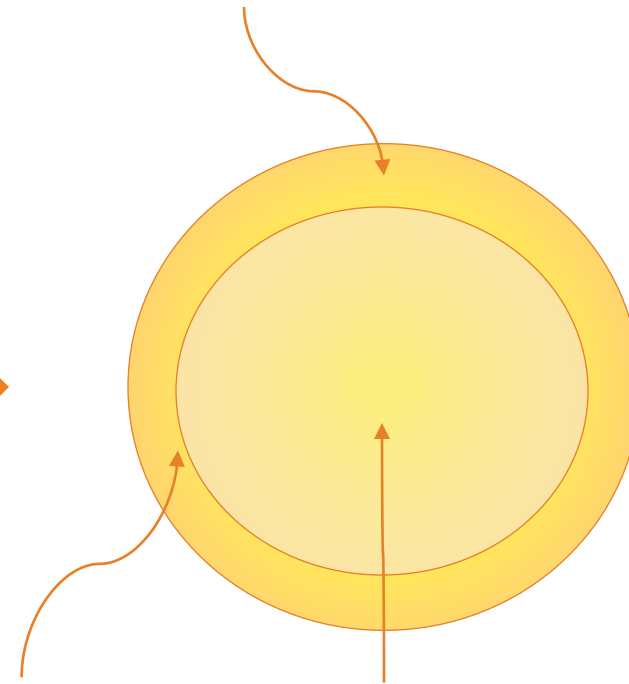


Counts of Ca atoms



Fully crosslinked  
region

Boundary layer  
Partially crosslinked  
region



In collaboration with Dr. Michele Marino (UniTov) and Ilenia Tredici (UniPV)

# Measuring percentage of hydrogel crosslinking - Experimental set-up

## Materials

Hydrogel: 8% Sodium alginate (SA) and 4% Gelatin (Gel)

Crosslinking: 2% and 5% Calcium Chloride ( $\text{CaCl}_2$ )

## Methods

- We 3D printed a cylinder (d: 8 mm, h: 2.1 mm) using Cellink INKREDIBLE+
- Crosslinking
  - We added 0,5 ml of  $\text{CaCl}_2$  for **crosslinking 3D printed construct edges** (construct top face was not immersed)
  - We crosslinked construct for 2 and 5 minutes
- For each case we printed 5 samples ( $n_{\text{tot}}=20$ )
- Samples were dried for 24 h before microanalysis

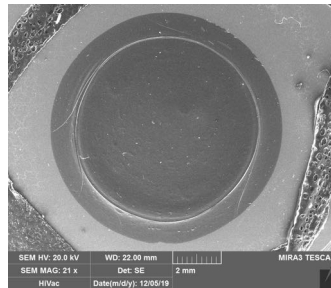
# Measuring percentage of hydrogel crosslinking - Experimental set-up

- First, we analyzed constructs with stereomicroscope and then we choose the best 2 samples for SEM and microanalysis (n\_tot=8)

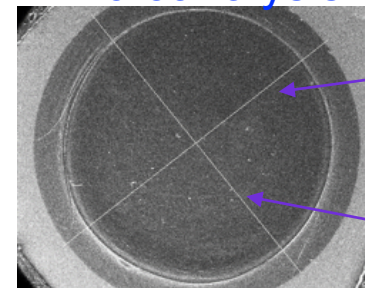
	2% CaCl <sub>2</sub>	5% CaCl <sub>2</sub>
5 min	A1, A2	C1,C2
10 min	B1, B2	D1,D2

- For each sample, we run microanalysis along two diameters (n\_tot=16) of the same sample to extract chemical elements that make up the constructs (e.g. Ca, Cl, S, O, C, etc.)

SEM



Microanalysis



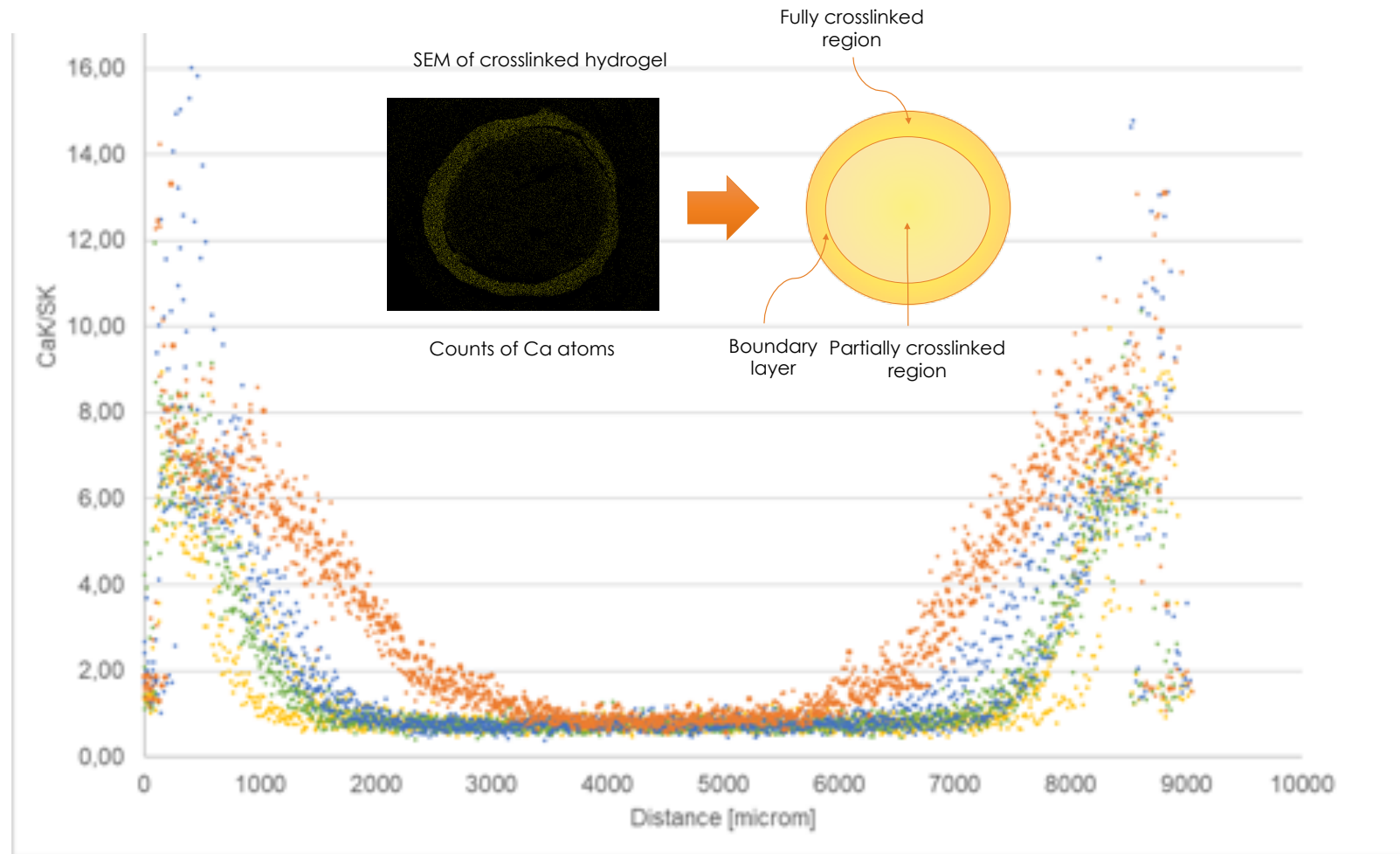
Diameter-1

Diameter-2

- Calcium (Ca) were normalized with Sulfur (S) for avoiding shadow areas



# Measuring percentage of hydrogel crosslinking - Experimental set-up



● 2% CaCl<sub>2</sub> – 5 min

● 2% CaCl<sub>2</sub> – 10 min

● 5% CaCl<sub>2</sub> – 5 min

● 5% CaCl<sub>2</sub> – 10 min

# Take home messages

3D printing is **NOT** (yet) a **ONE-CLICK** technology



There is **NOT ONE** a 3D printing technology **FOR ALL** the applications  
But there are a number of technologies and materials that can give you a solution



3DP is an **ENABLING** technology

**CHANGE YOUR WAY OF DESIGNING**

**PERSONALIZATION**



**IV WORKSHOP BIOPRINTING:  
DAL SET-UP DELLA STAMPA ALLE ANALISI IN LABORATORIO**

**29 Settembre 2020 – dalle 09:00 alle 13:00**

***Modalità TELEMATICA: iscrizioni tramite il seguente link***

<https://forms.gle/JMu2R1cQtYNe1qFJ9>

Facoltà di Ingegneria Università degli Studi di Pavia,  
Via Ferrata 3, Pavia



Thanks for your attention

# **Bioprinting. From technical set- up to biological applications**

MICHELE CONTI - UNIPV

[michele.conti@unipv.it](mailto:michele.conti@unipv.it)

**NanoInnovation  
2020  
Rome**