



**SAPIENZA**  
UNIVERSITÀ DI ROMA

**Nano** Rome, 15-18 September  
**2020 Innovation**  
**Conference & Exhibition**

**Bioactive Molecules from Plants:**  
*Extraction, Nanoencapsulation and Applications*

**Dr. Daniela De Vita**

Department of Environmental Biology

Sapienza, University of Rome

daniela.devita@uniroma1.it

# PLANTS AS SOURCE OF BIOACTIVE MOLECULES

*Plant-derived products have dominated the human pharmacopoeia for thousands of years .....until the synthesis of aspirin ushered in an era dominated by the pharmaceutical industry*

## The Renaissance of Natural Products as Drug Candidates

Ian Paterson and Edward A. Anderson

**A**round half of the drugs currently in clinical use are of natural product origin (1, 2). Despite this statistic, pharmaceutical companies have embraced the era of combinatorial chemistry, neglecting the development of natural products as potential drug candidates in favor of high-throughput synthesis of large compound libraries (3). Perhaps it is time to reassess this prevailing dogma for chasing quantity over quality.

Cancer chemotherapy, in particular, presents an ideal opportunity for natural product-inspired drug discovery and development. Unfortunately, many of the most

promising natural lead compounds are available only in extremely small quantities, especially those from marine organisms such as sponges. The reluctance of industry to pursue such bioactive natural products as potential drugs lies primarily in the perceived supply problem. This leaves organic synthesis as a key option for sourcing these important drug candidates for pre-clinical and clinical studies. However, the academic-style approach to "hot target molecules" usually results in lengthy synthetic routes owing to their often exquisitely complicated architectures, with long development times, low overall yields, and impracticality of scale-up and provision of diverse structural analogs.

An alternative approach to drug discovery, which has been embraced by the phar-

The authors are in the Department of Chemistry, University of Cambridge, Lensfield Road, Cambridge CB2 1EW, UK. E-mail: ip100@cam.ac.uk

sciencemag.org SCIENCE VOL 310 21 OCTOBER 2005

Published by AAAS

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### The history of drugs

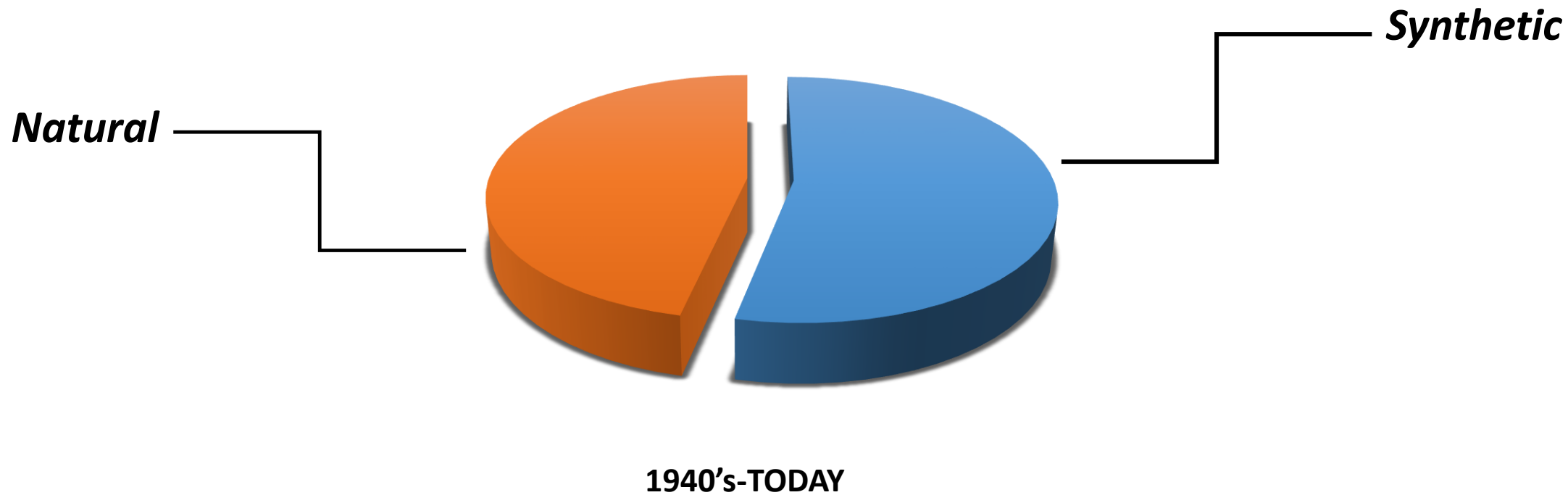
60,000 years ago



1897



**towards the scientific validation of medicinal plants from all over the world and the isolation of bioactive molecules from natural sources**

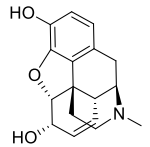


# CURRENT CATEGORIES OF BOTANICAL PRODUCTS

✓ **Nutraceuticals:** dietary components that are intended to supplement the diet



✓ **Drugs:** pure compounds isolated from plants and subjected to the same rigors as synthetic pharmaceuticals



✓ **Botanical Drugs:** complex extracts from a plant to be used for the treatment of disease



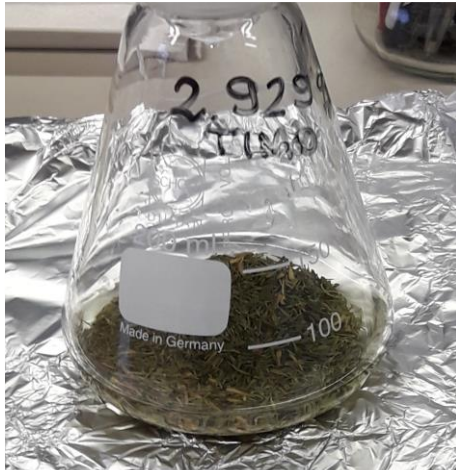
# EXTRACTION OF BIOACTIVE COMPOUNDS FROM PLANTS

**MAJOR ISSUE: LOW AMOUNTS OF METABOLITES IN PLANTS**



- ✓ lab-intensive procedures
- ✓ time-consuming procedures

**Conventional methods: solvent extraction, distillation method, pressing and sublimation**



- 👎 Time
- 👎 Efficiency
- 👍 Stability

## - Solvent extraction methods -

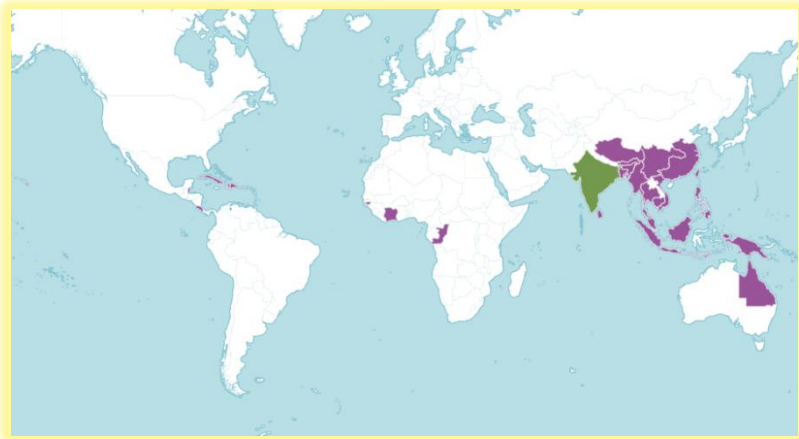
- Easiest and simple methods



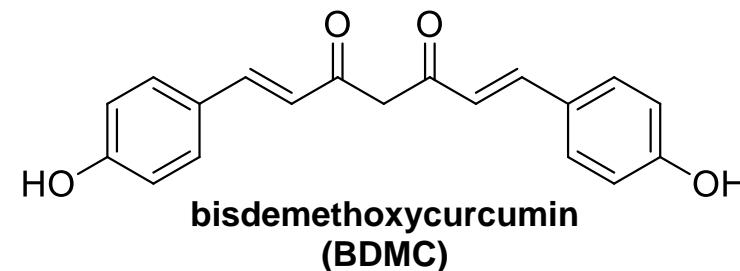
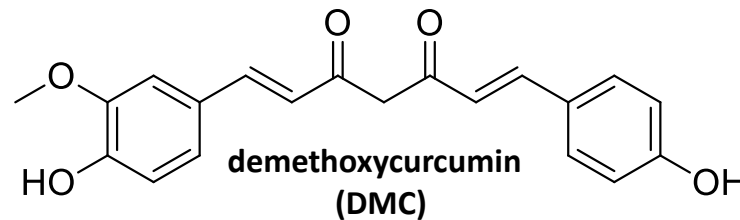
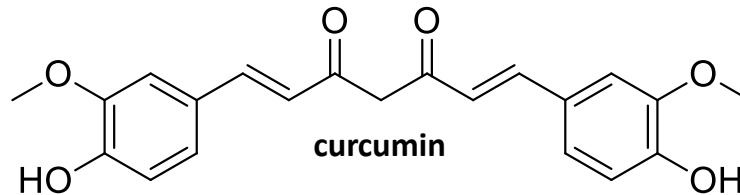
- **Large volume of solvents**
- Lower extraction efficiency
- Decomposition of thermolabile components

# EXTRACTION OF BIOACTIVE COMPOUNDS FROM PLANTS

## *The case of Curcuma longa L.*



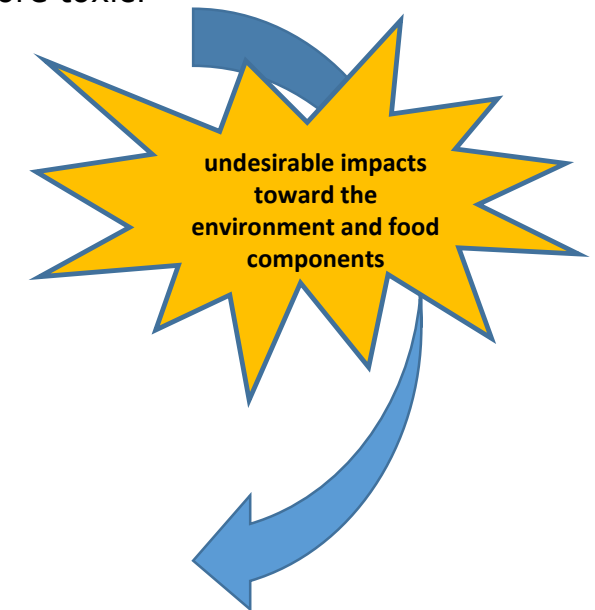
**Rhizome contents:** curcuminoids (2–6%), volatile oil (3–7%), fiber (2–7%), mineral matter (3–7%), protein (6–8%), fat (5–10%), moisture (6–13%), and carbohydrate (60–70%)



### FROM CONVENTIONAL METHODS.....

**Ethanol:** highest yield of extract, very low content in curcuminoids

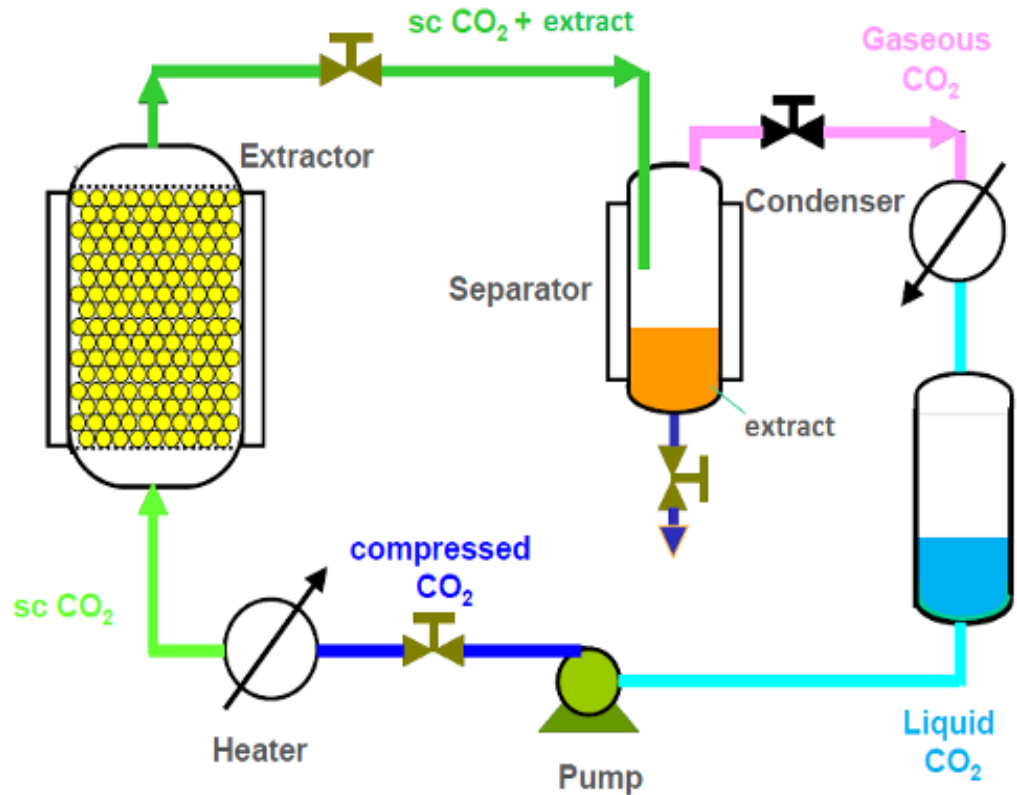
**Acetone/ethyl acetate:** more appropriate, but more toxic!



### .....TO THE INNONATIVE ONES

- Microwaves assisted-extraction (**MAE**)
- Ultrasound assisted-extraction (**UAE**)
- Pulsed electric field (**PEF**) extraction
- **Ionic liquid-assisted extraction (ILAE)**
- **Supercritical fluid extraction (SFE)**

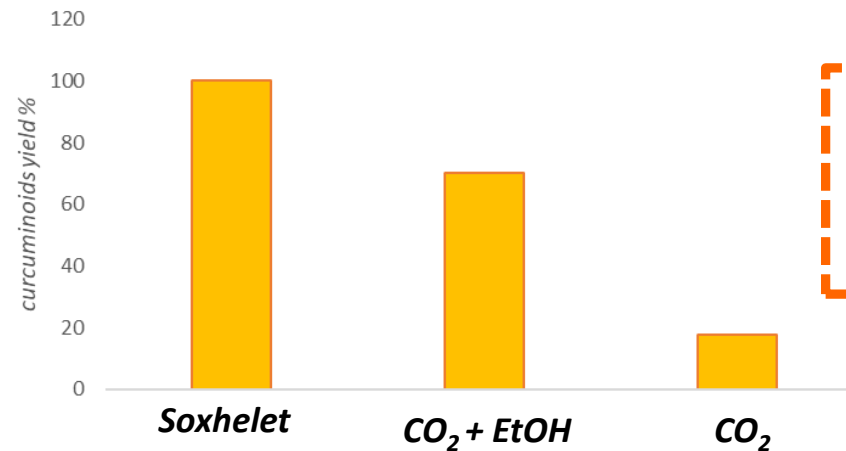
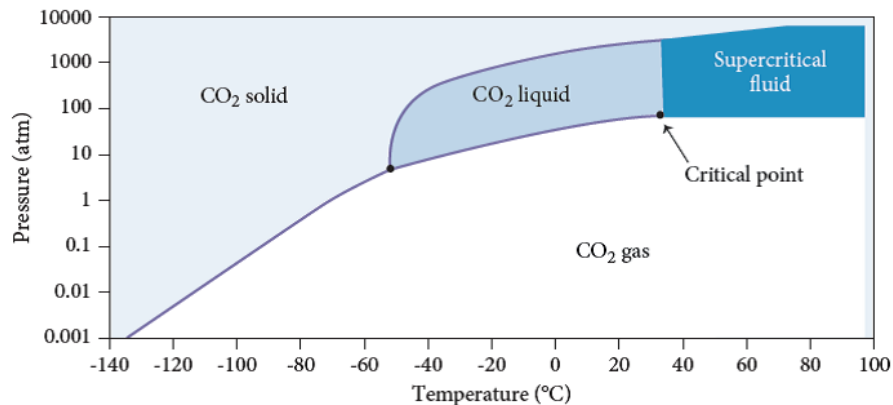
# Supercritical fluid extraction (SFE) of *C. longa* L.



- ✓ inexpensive, environmentally friendly and generally recognized as safe
- ✓ easily tunable solvent strength
- ✓ gaseous at room temperature and pressure, which makes extract recovery very simple and **provides solvent-free extracts.**

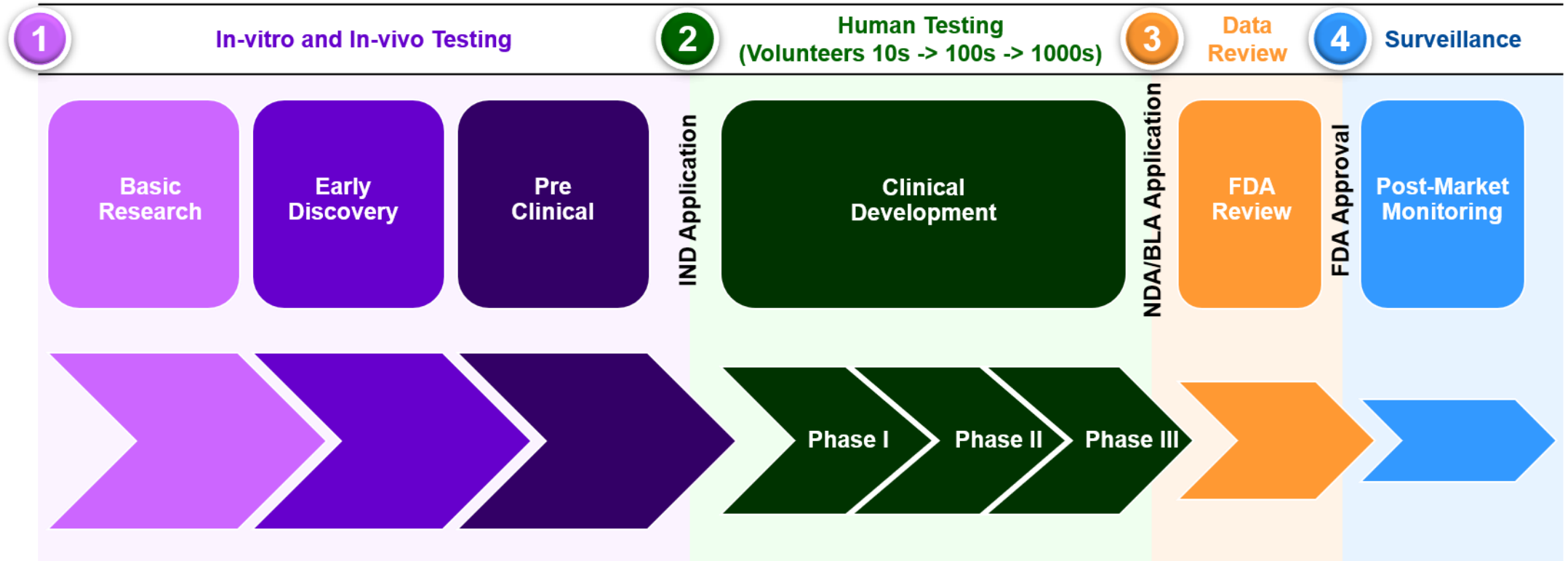


SFE-CO<sub>2</sub>  
350 bar  
65°C



scCO<sub>2</sub> + 30% EtOH is sufficient to achieve convincing amount of curcumin yield

# DRUG DISCOVERY PROCESS



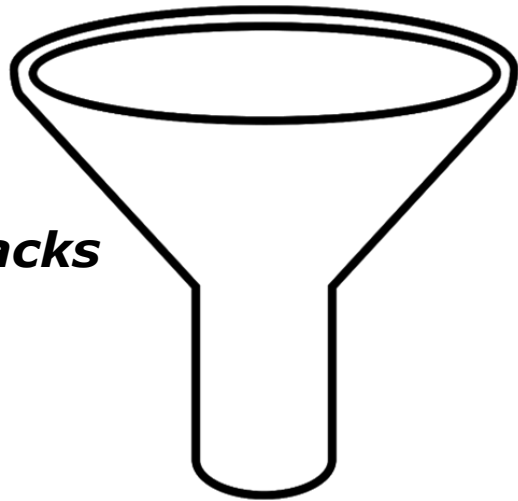
AFTER ISOLATION OF METABOLITES FROM PLANTS, THE EVALUATION OF THE BIOLOGICAL ACTIVITY CAN BE PERFORMED

**From basic research to the market?**

**Some natural compounds failed at the preclinical phase**

# DRUG DISCOVERY AND NATURAL PRODUCTS

## What challenges



### **Major drawbacks**

- ✓ Solubility
- ✓ Stability
- ✓ Selectivity



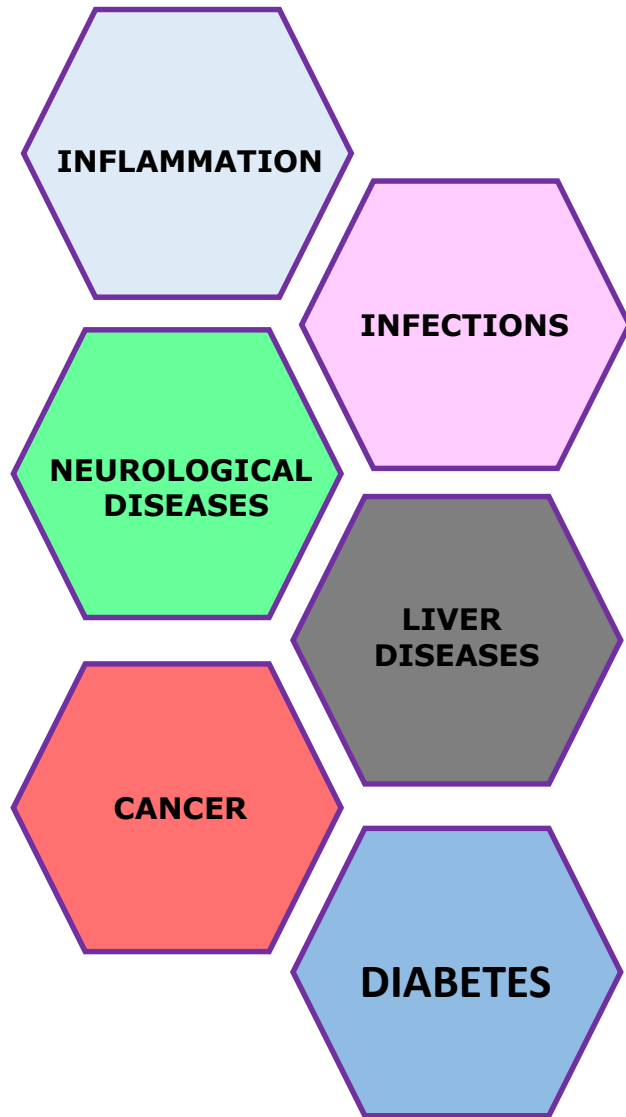
### **NANOTECHONOLOGY CAN HELP IN**

- Improving **solubility**
- Improving **stability**
- Improving the **bioavailability** and effects of NP
- Reducing the toxicity by loading them into different types of delivery systems

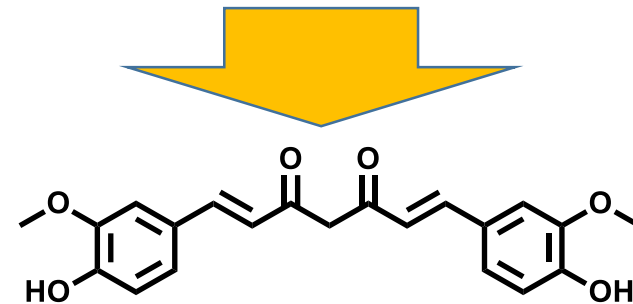
## LOW BIOAVAILABILITY CAUSED PROBLEMS IN CLINICAL TRIALS

Curcumin orally required doses of 3.6 g/day to obtain serum levels of 11.1 nmol/L

One animal study found that when 1 g/kg of curcumin was orally administered, 75% of the compound was excreted through the feces

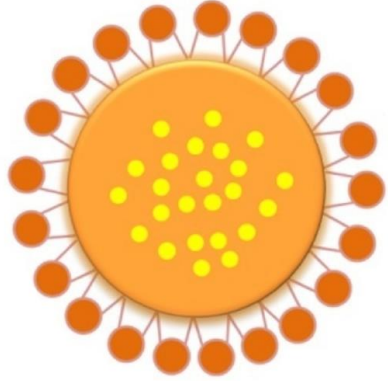


WIDE RANGE OF IN VITRO  
BIOLOGICAL ACTIVITY

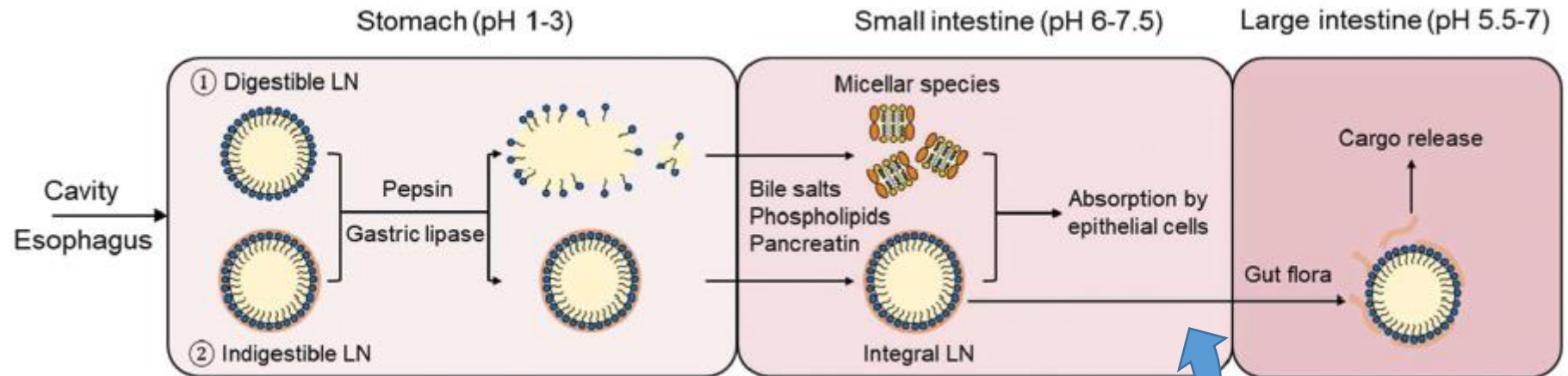


**\*\*poor absorption (→ low solubility) and high rate of metabolism\*\***

# SOLID LIPID NANOPARTICLES TO ENHANCE THE ORAL BIOAVAILABILITY OF CURCUMIN

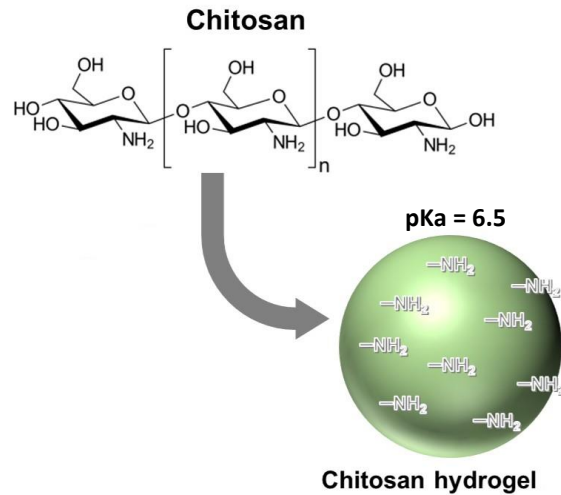
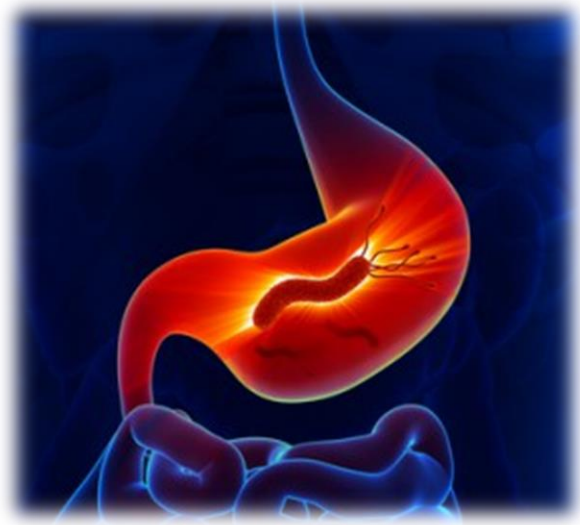


- **Lipid:** Tristearin
- **Emulsifier:** Polyethylene glycol (PEG)ylated
- **Entrapment efficiency** > 91%
- **>12.0-fold increase in bioavailability** compared to curcumin solution in a rat model



*During the digestion of SLNs in the small intestine, curcumin in mixed micelles was immediately accessible to pass through the gut epithelium*

# NANOCELLULOSE REINFORCED CHITOSAN HYDROGELS



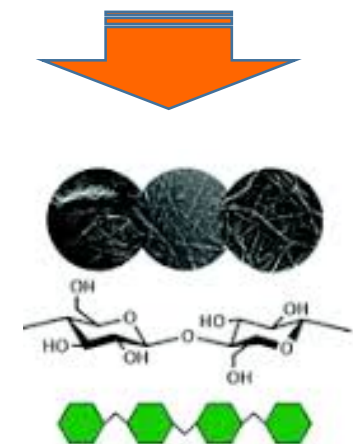
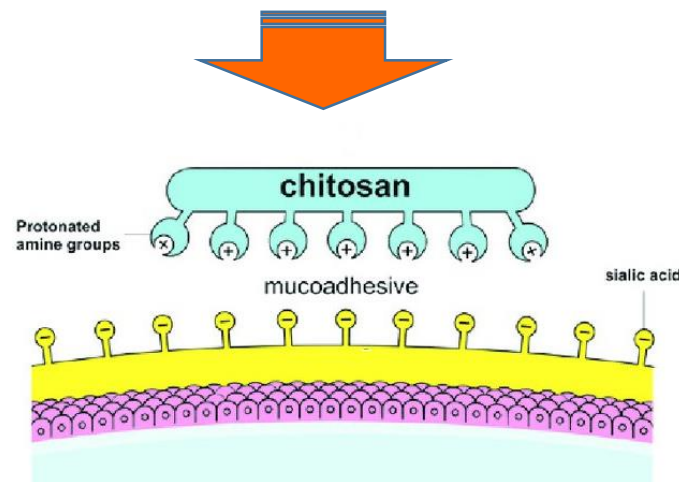
Hydrogel: highly swollen, hydrophilic, 3D polymeric networks capable of absorbing large amounts of water

Chitosan: highly swellable, pH responsive and biocompatible polymer

**curcumin** can block ethanol, indomethacin, stress-induced gastric ulcer and **can prevent pylorus-ligation-induced acid secretion**

**How improve the gastric residence time?**

**How improve mechanical strength and stability of hydrogels?**



# CONCLUSIONS

Bioactive compounds of plant origin possess desired health/wellness benefit effects in humans

Continuously growing interest in natural compounds has led to the development of innovative extraction techniques, more sustainable and **eco-friendly** allowing **higher yields in a shorter time**, significant reduction in solvent consumption and energy consumption

To **overcome phytochemical drawbacks** (instability, low solubility and poor absorption) **nanoencapsulation**, using biodegradable and biocompatible material, is a way to formulate them in order to enhance the therapeutic efficacy



**THANK YOU**

**FOR YOUR ATTENTION**



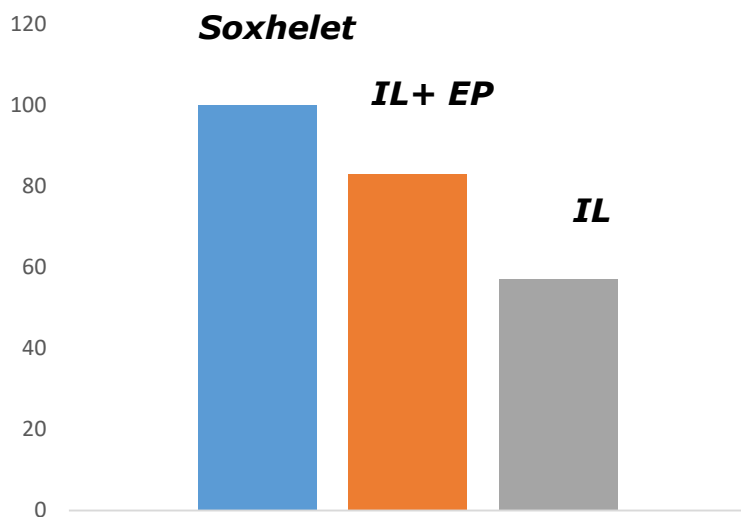
# Ionic liquid-assisted extraction (ILAE) of *C. longa* L.



- Liquid at RT
- Negligible volatility
- Thermal stability

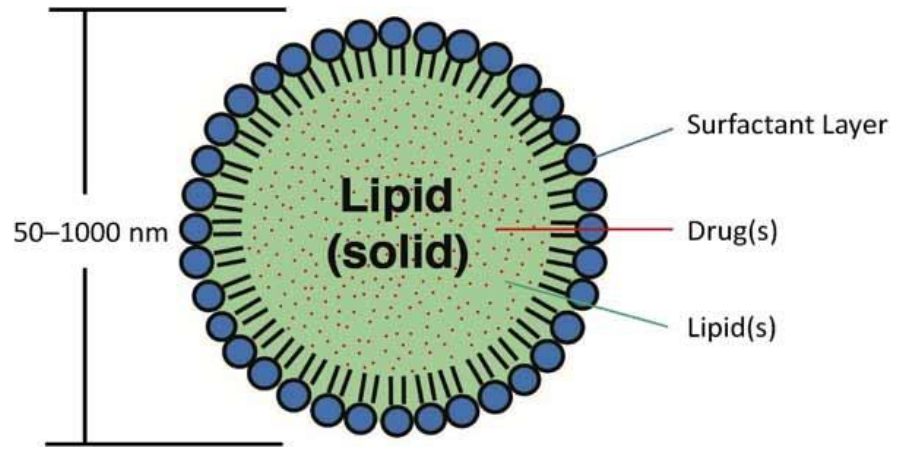
Turmeric (g)	IL (g)	oleoresin/turmeric (%)	curcumin/turmeric (%)
1	10	4.22	2.44
1	20	5.34	3.21
<b>1</b>	<b>30</b>	<b>5.81</b>	<b>3.48</b>
1	40	6.11	3.48
1	50	6.28	3.49

T (°C)	Time (h)	oleoresin/turmeric (%)	curcumin/turmeric (%)
15	1	4.06	2.47
25	1	4.72	2.77
35	1	3.97	2.16
45	1	3.86	1.98
15	2	4.87	3.17
<b>25</b>	<b>2</b>	<b>5.68</b>	<b>3.58</b>
35	2	4.70	2.92
45	2	4.01	2.11
15	4	5.70	3.67
25	4	5.79	3.72
25	12	6.21	3.93
25	24	6.24	3.95

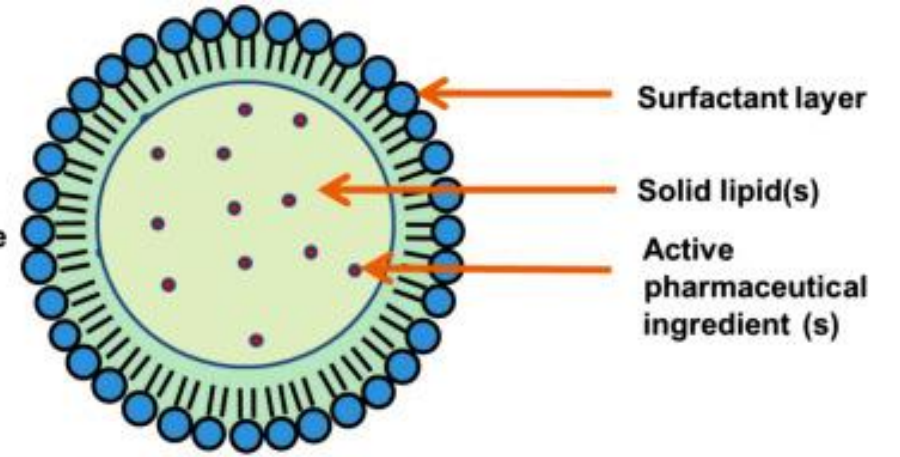


Constant yield  
Waste of solvents

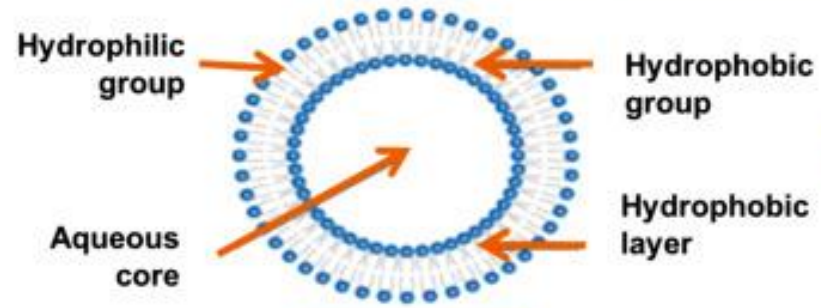
2 h extraction time at RT is sufficient to achieve convincing amount of curcumin yield



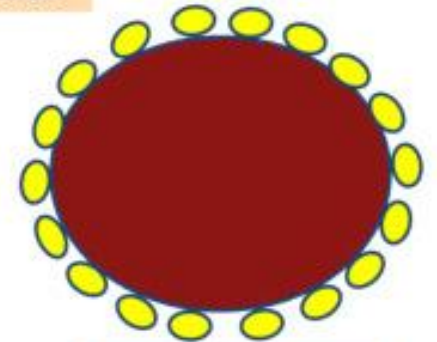
- ✓ Controlled drug release
- ✓ Drug targeting
- ✓ Longer stability
- ✓ High drug loading
- ✓ Biocompatible/biodegradable
- ✓ Nontoxic
- ✓ Ease of scale-up
- ✓ Efficient gene delivery



**Solid lipid nanoparticles**



**Liposome**



**Lipid emulsion**